

ESSLXC Newplace Park

19-Dec-21

Position	Runner no	Time	Runner name	Club	Club Code	Team	Category	PTS	T CAT	T PTS
1	784	0:29:45	Bradley Burke	Horsham Blue Stars	NS	NS	SM	NS	NS	
2	621	0:29:51	Patrick Marsden	Polegate Plodders	POLE	PSS	SM	300	SM1	1
3	307	0:29:54	Sam Dowler	Central Park Athletics	CPA	CPA	SM	299	SM1	2
4	544	0:29:55	Toby Meanwell	Lewes AC	LEW	LEW	M40	298	M401	3
5	469	0:30:21	Will Withecombe	Hastings Runners	HR	HR	SM	297	SM1	4
6	760	0:30:41	William Carey	HY Runners	HYR	HYR	SM	296	SM1	5
7	552	0:30:54	Ben Pepler	Lewes AC	LEW	LEW	SM	295	SM1	6
8	759	0:31:04	Oliver Carey	HY Runners	HYR	HYR	SM	294	SM2	7
9	369	0:31:41	Colin Tricker	Crowborough Runners	CROW	CROW	M40	293	M401	8
10	388	0:31:43	Stuart Pelling	Eastbourne Rovers	EAST	EAST/BDY	SM	292	SM1	9
11	782	0:31:59	James Cox	Heathfield Road Runners	HEAT	HTH/UCK	M50	291	M501	10
12	546	0:32:13	Will Monnington	Lewes AC	LEW	LEW	SM	290	SM2	11
13	89	0:32:19	Ollie Sprague	Seaford Striders	SEAF	PSS	SM	289	SM2	12
14	53	0:32:23	Luke Tomsett	Run Wednesdays	RUNW	RUNW	SM	288	SM1	13
15	424	0:32:32	Grace Baker	Hastings AC	HAC	HAC	SF	200	SF1	14
16	772	0:32:34	Nickolaj Kennett	Hastings AC	HAC	HAC	SM	287	SM1	15
17	380	0:32:35	Stewart Gregory	Portslade Hedge Hoppers	NS	NS	M55	NS	NS	NS
18	744	0:32:35	Richard Davis	Eastbourne Rovers	EAST	EAST/BDY	SM	286	SM2	16
19	374	0:32:43	Peter Woodward	Crowborough Runners	CROW	CROW	SM	285	SM1	17
20	368	0:33:15	Dean Taylor	Crowborough Runners	CROW	CROW	M45	284	M402	18
21	216	0:33:21	Mat Dowle	Bodyworks	BDY	EAST/BDY	M40	283	M401	19
22	248	0:33:41	Ian McLaren	Brighton Tri Club	BTNTRI	BTNTRI	M45	282	M401	20
23	144	0:33:45	Jamie Kingdon	Uckfield Runners	UCK	HTH/UCK	SM	281	SM1	21
24	540	0:33:48	Vesa Lindberg	Lewes AC	LEW	LEW	M40	280	M402	22
25	433	0:33:51	Dave Turner	Hastings AC	HAC	HAC	M45	279	M401	23
26	75	0:33:55	James Marron	Seaford Striders	SEAF	PSS	M50	278	M501	24
27	774	0:33:57	Maciej Ozimkiewicz	Brighton Tri Club	BTNTRI	BTNTRI	SM	277	SM1	25
28	755	0:34:04	George Wood	Athletics, Warwick	NS	NS	SM	NS	NS	NS
29	737	0:34:11	Simon Coppard	Seaford Striders	SEAF	PSS	M50	276	M502	26
30	304	0:34:15	Steve Caller	Central Park Athletics	CPA	CPA	SM	275	SM2	27
31	576	0:34:16	James Roberts	Meads Runners	MEAD	MEAD	M40	274	M401	28
32	372	0:34:25	Ollie Welch	Crowborough Runners	CROW	CROW	SM	273	SM2	29
33	101	0:34:25	Jeff Young	Seaford Striders	SEAF	PSS	M45	272	M401	30
34	283	0:34:27	Dan Marshman	Bexhill Run Tri	BEX	BEX	M45	271	M401	31
35	778	0:34:30	Troy Southall	-	NS	NS	SM	NS	NS	NS
36	308	0:34:31	Tony Durey	Central Park Athletics	CPA	CPA	M55	270	M501	32
37	767	0:34:32	Richard Carter	Tunbridge Wells Harriers	NS	NS	M40	NS	NS	NS
38	780	0:34:39	Richard Docwra	Lewes AC	LEW	LEW	M45	269	M403	33
39	458	0:34:39	Martin Noakes	Hastings Runners	HR	HR	M55	268	M501	34
40	295	0:34:53	Mark Thomas	Bexhill Run Tri	BEX	BEX	M55	267	M501	35
41	428	0:34:55	Adam Osman	Hastings AC	HAC	HAC	SM	266	SM2	36
42	70	0:35:00	Nick Farley	Seaford Striders	SEAF	PSS	M40	265	M402	37
43	396	0:35:09	Martin Bell	Hailsham Harriers	HAIL	HAIL	M50	264	M501	38
44	334	0:35:09	Gordon Berry	Crowborough Runners	CROW	CROW	M45	263	M403	39
45	68	0:35:11	Dave Dunstall	Seaford Striders	SEAF	PSS	M60	262	M601	40
46	383	0:35:17	Sue Fry	Eastbourne Rovers	EAST	EAST/BDY	F45	199	F401	41
47	498	0:35:17	David Woollard	Heathfield Road Runners	HEAT	HTH/UCK	M40	261	M401	42
48	179	0:35:21	Leigh Harris	Wadhurst Runners	WAD	WAD	M45	260	M401	43
49	287	0:35:30	Tom North	Bexhill Run Tri	BEX	BEX	SM	259	SM1	44
50	58	0:35:38	Phil Wood	Run Wednesdays	RUNW	RUNW	M50	258	M501	45
51	41	0:35:39	Stephen Offord	Run Wednesdays	RUNW	RUNW	M40	257	M401	46
52	387	0:35:40	Liz Lumber	Eastbourne Rovers	EAST	EAST/BDY	F55	198	F501	47
53	97	0:35:41	Austin Warren	Seaford Striders	SEAF	PSS	M55	256	M503	48
54	355	0:35:43	Ben Morris	Crowborough Runners	CROW	CROW	M40	255	SM3	49
55	360	0:35:44	Chris Russell	Crowborough Runners	CROW	CROW	M60	254	M601	50
56	398	0:35:45	Alicia Ellis	Hailsham Harriers	HAIL	HAIL	F40	197	F401	51
57	762	0:35:51	Richard Vercoe	Run Wednesdays	RUNW	RUNW	M40	253	M402	52
58	739	0:36:07	Arnold Weston	N/A	NS	NS	SM	NS	NS	NS
59	327	0:36:17	Mark Smith	Central Park Athletics	CPA	CPA	M40	252	M401	53
60	128	0:36:24	Jason Dilworth	Uckfield Runners	UCK	HTH/UCK	SM	251	SM2	54
61	219	0:36:27	Lindsay Ibbott	Bodyworks	BDY	EAST/BDY	SF	196	SF1	55
62	558	0:36:30	Andrea Sansottera	Lewes AC	LEW	LEW	SM	250	SM3	56
63	425	0:36:35	Chris Brandt	Hastings AC	HAC	HAC	M55	249	M501	57
64	776	0:36:40	Dwaine Ford	-	NS	NS	M40	NS	NS	NS
65	251	0:36:44	Tom Sanderson	Brighton Tri Club	BTNTRI	BTNTRI	M45	248	M402	58
66	734	0:36:50	Sarah Lawrence	Run Wednesdays	RUNW	RUNW	SF	195	SF1	59
67	572	0:36:51	Ed Wheeler	Lewes AC	LEW	LEW	SM	247	SM4	60
68	215	0:36:52	Johanna Dowle	Bodyworks	BDY	EAST/BDY	F40	194	F402	61
69	300	0:36:52	David Bell	Central Park Athletics	CPA	CPA	M45	246	M402	62
70	471	0:36:55	Guy Blackden	Heathfield Road Runners	HEAT	HTH/UCK	M50	245	M502	63
71	313	0:36:57	Anoushka Johnson	Central Park Athletics	CPA	CPA	F45	193	F401	64
72	47	0:37:01	Shane Smith	Run Wednesdays	RUNW	RUNW	SM	244	SM2	65
73	359	0:37:04	Chris Price	Crowborough Runners	CROW	CROW	SM	243	SM4	66
74	361	0:37:15	Kirsty Sandiford	Crowborough Runners	CROW	CROW	SF	192	SF1	67

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75	625	0:37:16	Ian Weston	Polegate Plodders	POLE	PSS	M55	242	M403	68
76	250	0:37:17	Angus Peters	Brighton Tri Club	BTNTRI	BTNTRI	SM	241	SM2	69
77	45	0:37:18	Magdalena Schoerner	Run Wednesdays	RUNW	RUNW	SF	191	SF2	70
78	441	0:37:20	Paul Burchett	Hastings Runners	HR	HR	M45	240	M401	71
79	601	0:37:22	Mark Poulton	Meads Runners	MEAD	MEAD	M40	239	M402	72
80	490	0:37:24	Sarah Morris	Heathfield Road Runners	HEAT	HTH/UCK	F60	190	F601	73
81	109	0:37:29	Nathan Hunter	Tri Tempo	TRIT	TRIT	M50	238	M501	74
82	427	0:37:36	Jenna Levett	Hastings AC	HAC	HAC	SF	189	SF2	75
83	666	0:37:38	Mark Roydan	Brighton Tri Club	BTNTRI	BTNTRI	M60	237	M601	76
84	211	0:37:39	Caroline Wood	Arena 80 AC	A80	A80	F55	188	F501	77
85	748	0:37:40	Roger Watts	Crowborough Runners	CROW	CROW	M50	236	M501	78
86	578	0:37:42	Nick Campbell	Meads Runners	MEAD	MEAD	M45	235	M403	79
87	80	0:37:45	Josh Nisbett	Seaford Striders	SEAF	PSS	SM	234	SM3	80
88	382	0:37:57	Richard Fox	Eastbourne Rovers	EAST	EAST/BDY	M50	233	M501	81
89	437	0:38:01	Kevin Blowers	Hastings Runners	HR	HR	M55	232	M502	82
90	335	0:38:07	Steve Bolton	Crowborough Runners	CROW	CROW	M60	231	M602	83
91	766	0:38:13	David Salmons	Wadhurst Runners	WAD	WAD	M50	230	M501	84
92	584	0:38:21	Sarah Eddie	Meads Runners	MEAD	MEAD	SF	187	SF1	85
93	302	0:38:23	Elizabeth Brookes	Central Park Athletics	CPA	CPA	F40	186	F402	86
94	102	0:38:25	Darren Broderick	Tri Tempo	TRIT	TRIT	M50	229	M502	87
95	779	0:38:25	Robeert Winter	Tunbridge Wells Harriers	NS	NS	M40	NS	NS	NS
96	564	0:38:28	Rob Stanway	Lewes AC	LEW	LEW	M50	228	M501	88
97	417	0:38:30	Andy Ruffell	Hailsham Harriers	HAIL	HAIL	M50	227	M502	89
98	351	0:38:34	Tony Lavender	Crowborough Runners	CROW	CROW	M45	226	NSM1	90
99	112	0:38:38	Dan Laurent	Tri Tempo	TRIT	TRIT	M45	225	M401	91
100	769	0:38:42	Damian Partridge	Seaford Striders	SEAF	PSS	M40	224	SM4	92
101	409	0:38:42	Helen O'Sullivan	Hailsham Harriers	HAIL	HAIL	F45	185	F402	93
102	479	0:38:43	Andy Diplock	Heathfield Road Runners	HEAT	HTH/UCK	M45	223	M402	94
103	466	0:38:49	Claire Thomas	Hastings Runners	HR	HR	SF	184	SF1	95
104	132	0:38:53	Richard Goulder	Uckfield Runners	UCK	HTH/UCK	M50	222	M503	96
105	549	0:38:55	Dominic Osman-Allu	Lewes AC	LEW	LEW	M55	221	M502	97
106	750	0:38:56	Steve Hutchison	Eastbourne Rovers	EAST	EAST/BDY	M45	220	M402	98
107	198	0:39:09	Andy Clark	Arena 80 AC	A80	A80	M50	219	M501	99
108	347	0:39:29	Georgina Frowde	Crowborough Runners	CROW	CROW	F40	183	F401	100
109	533	0:39:30	Ian Hilder	Lewes AC	LEW	LEW	M60	218	M601	101
110	765	0:39:31	Andrew Joad	Tunbridge Wells Harriers	NS	NS	M55	NS	NS	NS
111	587	0:39:36	Dean Fox	Meads Runners	MEAD	MEAD	M40	217	SM1	102
112	740	0:39:39	Paul Baxter	HY Runners	HYR	HYR	M55	216	M501	103
113	151	0:39:42	Paul Radloff	Uckfield Runners	UCK	HTH/UCK	M50	215	M403	104
114	242	0:39:48	Kevin Hancock	Brighton Tri Club	BTNTRI	BTNTRI	M55	214	M501	105
115	452	0:39:50	Jamie Kennedy	Hastings Runners	HR	HR	M40	213	M402	106
116	61	0:39:51	Christopher Yeomanson	Run Wednesdays	RUNW	RUNW	M50	212	M502	107
117	777	0:39:52	Nicky Deacy	Meads Runners	MEAD	MEAD	F45	182	F401	108
118	414	0:39:54	Graham Purdye	Hailsham Harriers	HAIL	HAIL	M60	211	M601	109
119	773	0:40:00	Andrew Bowmer	Brighton Tri Club	BTNTRI	BTNTRI	M55	210	M502	110
120	752	0:40:02	William Blandford	Heathfield Road Runners	HEAT	HTH/UCK	M60	209	M601	111
121	783	0:40:07	Rob Derkin	Arena 80 AC	A80	A80	M55	208	M502	112
122	189	0:40:08	Annabel Preston	Wadhurst Runners	WAD	WAD	F50	181	F501	113
123	175	0:40:09	Clive De Vulder	Wadhurst Runners	WAD	WAD	M55	207	M502	114
124	265	0:40:11	Simon Carey	Bexhill Run Tri	BEX	BEX	M50	206	M502	115
125	22	0:40:11	James Griffiths	Run Wednesdays	RUNW	RUNW	M45	205	M403	116
126	325	0:40:30	Chris Reid	Central Park Athletics	CPA	CPA	SM	204	SM3	117
127	303	0:40:32	Jamie Bushnell	Central Park Athletics	CPA	CPA	SM	203	SM4	118
128	749	0:40:34	Laura Seaman	Eastbourne Rovers	EAST	EAST/BDY	SF	180	SF2	119
129	514	0:40:40	Nigel Copp	Lewes AC	LEW	LEW	M50	202	M503	120
130	386	0:40:42	Heather Jenner	Eastbourne Rovers	EAST	EAST/BDY	SF	179	NSF1	121
131	138	0:40:43	Tara Johnson	Uckfield Runners	UCK	HTH/UCK	F40	178	F401	122
132	273	0:40:45	Grant Docksey	Bexhill Run Tri	BEX	BEX	M50	201	M503	123
133	202	0:40:46	Jenny Hughes	Arena 80 AC	A80	A80	F60	177	F601	124
134	741	0:40:47	Steve Davey	Tri Tempo	TRIT	TRIT	M60	200	M601	125
135	492	0:40:49	Maria Smith	Heathfield Road Runners	HEAT	HTH/UCK	F45	176	F402	126
136	305	0:41:00	Alan Clisby	Central Park Athletics	CPA	CPA	M50	199	M502	127
137	336	0:41:06	Ashley Box	Crowborough Runners	CROW	CROW	M50	198	M502	128
138	249	0:41:08	Scott Muir	Brighton Tri Club	BTNTRI	BTNTRI	M55	197	M503	129
139	770	0:41:09	Simon Trevena	Hastings Runners	HR	HR	M50	196	M503	130
140	455	0:41:09	Amanda Link	Hastings Runners	HR	HR	F45	175	F401	131
141	364	0:41:17	Heather Stevens	Crowborough Runners	CROW	CROW	SF	174	SF2	132
142	764	0:41:20	Russell Hewlett	Polegate Plodders	POLE	PSS	M45	195	NSM1	133
143	231	0:41:23	Chris Roberts	Bodyworks	BDY	EAST/BDY	M50	194	M502	134
144	210	0:41:24	Patrycja Wollnik	Arena 80 AC	A80	A80	F40	173	F401	135
145	60	0:41:25	Jamie Yates	Run Wednesdays	RUNW	RUNW	SM	193	SM3	136
146	506	0:41:27	Helen Bowman	Lewes AC	LEW	LEW	F50	172	F501	137
147	418	0:41:30	Gary Smith	Hailsham Harriers	HAIL	HAIL	M50	192	M503	138
148	403	0:41:33	Evgenia (Jenny) Katson	Hailsham Harriers	HAIL	HAIL	SF	171	SF1	139

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149	373	0:41:36	Vicki Whitehorn	Crowborough Runners	CROW	CROW	F40	170	F402	140
150	104	0:41:37	Lee Dunstall	Tri Tempo	TRIT	TRIT	M40	191	M402	141
151	391	0:41:38	Mike Thompson	Eastbourne Rovers	EAST	EAST/BDY	M60	190	M601	142
152	367	0:41:49	Bryan Tapsell	Crowborough Runners	CROW	CROW	M65	189	M503	143
153	785	0:41:59	Amy Rodway	Hastings AC	HAC	HAC	F40	169	F401	144
154	270	0:42:11	Carole Crathern	Bexhill Run Tri	BEX	BEX	F55	168	F501	145
155	275	0:42:12	Alistair Marshman	Bexhill Run Tri	BEX	BEX	M45	188	M402	146
156	511	0:42:13	Andrew Chitty	Lewes AC	LEW	LEW	M65	187	M602	147
157	569	0:42:15	Carole Walters	Lewes AC	LEW	LEW	F60	167	F601	148
158	244	0:42:16	Rob Jessop	Brighton Tri Club	BTNTRI	BTNTRI	SM	186	SM3	149
159	720	0:42:17	Mike Stokes	Bexhill Run Tri	BEX	BEX	M70	185	M601	150
160	262	0:42:19	John Brooker	Bexhill Run Tri	BEX	BEX	M60	184	M602	151
161	473	0:42:21	Richard Blott	Heathfield Road Runners	HEAT	HTH/UCK	M50	183	SM3	152
162	150	0:42:24	Dionne Radloff	Uckfield Runners	UCK	HTH/UCK	F50	166	F501	153
163	139	0:42:30	Julia Jones	Uckfield Runners	UCK	HTH/UCK	F45	165	SF1	154
164	596	0:42:41	James Martin	Meads Runners	MEAD	MEAD	M45	182	SM2	155
165	206	0:42:42	Bob Page	Arena 80 AC	A80	A80	M60	181	M601	156
166	431	0:42:44	Mary Sanderson	Hastings AC	HAC	HAC	F50	164	F501	157
167	205	0:42:48	Chris Naylor	Arena 80 AC	A80	A80	F65	163	F602	158
168	264	0:42:58	Frances Burnham	Bexhill Run Tri	BEX	BEX	F60	162	F601	159
169	17	0:42:58	Hannah Edleston	Run Wednesdays	RUNW	RUNW	F45	161	F401	160
170	98	0:43:23	Robin Warwick	Seaford Striders	SEAF	PSS	M40	180	NSM2	161
171	588	0:43:23	Ashley Gosling	Meads Runners	MEAD	MEAD	SM	179	SM3	162
172	553	0:43:24	Andy Perris	Lewes AC	LEW	LEW	M55	178	NSM1	163
173	323	0:43:26	Robert O'Halloran	Central Park Athletics	CPA	CPA	M45	177	M403	164
174	758	0:43:30	Sean Dexter	Heathfield Road Runners	HEAT	HTH/UCK	M60	176	M602	165
175	126	0:43:35	Gary Chown	Uckfield Runners	UCK	HTH/UCK	M55	175	SM4	166
176	269	0:43:35	Tim Cox	Bexhill Run Tri	BEX	BEX	M50	174	M403	167
177	117	0:43:42	Scott O'Rourke	Tri Tempo	TRIT	TRIT	M45	173	M403	168
178	39	0:43:44	Kevin Moulding	Run Wednesdays	RUNW	RUNW	M45	172	SM4	169
179	286	0:43:44	Jonathan Molton	Bexhill Run Tri	BEX	BEX	M50	171	SM2	170
180	196	0:43:45	Terry Avey	Arena 80 AC	A80	A80	M70	170	M602	171
181	526	0:43:48	David Foster	Lewes AC	LEW	LEW	M55	169	NSM2	172
182	613	0:43:49	Kevin Burton	Polegate Plodders	POLE	PSS	M65	168	M602	173
183	340	0:43:52	Reuben Coppard	Crowborough Runners	CROW	CROW	SM	167	NSM2	174
184	356	0:43:53	Sue Newman	Crowborough Runners	CROW	CROW	F50	160	F501	175
185	342	0:43:55	Mary Down	Crowborough Runners	CROW	CROW	F50	159	F502	176
186	729	0:43:56	Gillian Miles	Wadhurst Runners	WAD	WAD	F55	158	F502	177
187	208	0:43:57	Mark Stephenson	Arena 80 AC	A80	A80	M60	166	M503	178
188	371	0:44:16	Eileen Welch	Crowborough Runners	CROW	CROW	F40	157	NSF1	179
189	199	0:44:17	Juliet Fine	Arena 80 AC	A80	A80	F50	156	F502	180
190	296	0:44:21	Geoff Tondeur	Bexhill Run Tri	BEX	BEX	M50	165	SM3	181
191	598	0:44:25	David Mason	Meads Runners	MEAD	MEAD	M40	164	SM4	182
192	18	0:44:29	Danny Garbett	Run Wednesdays	RUNW	RUNW	M55	163	M503	183
193	156	0:44:33	Kathleen Southall	Uckfield Runners	UCK	HTH/UCK	F55	155	F502	184
194	59	0:44:35	Philip Wright	Run Wednesdays	RUNW	RUNW	M45	162	NSM1	185
195	209	0:44:37	Magdalena Wollnik	Arena 80 AC	A80	A80	F40	154	F402	186
196	235	0:44:41	Ros Addison	Brighton Tri Club	BTNTRI	BTNTRI	F60	153	F601	187
197	155	0:44:46	Kev Smith	Uckfield Runners	UCK	HTH/UCK	M50	161	NSM1	188
198	344	0:44:50	Manfred Engler	Crowborough Runners	CROW	CROW	M55	160	NSM3	189
199	781	0:45:00	Guy Mace	Tri Tempo	TRIT	TRIT	M45	159	SM1	190
200	55	0:45:01	Hannah Webb	Run Wednesdays	RUNW	RUNW	F40	152	F402	191
201	320	0:45:02	Christine Munday	Central Park Athletics	CPA	CPA	F45	151	SF1	192
202	173	0:45:02	Giles Clark	Wadhurst Runners	WAD	WAD	M60	158	M601	193
203	299	0:45:08	Lelia Banyard	Central Park Athletics	CPA	CPA	SF	150	SF2	194
204	246	0:45:20	Suzanne Langdon	Brighton Tri Club	BTNTRI	BTNTRI	F40	149	F401	195
205	562	0:45:22	Hugh St John	Lewes AC	LEW	LEW	M70	157	NSM3	196
206	614	0:45:27	Peter Cook	Polegate Plodders	POLE	PSS	M60	156	NSM3	197
207	152	0:45:51	Debbie Reed	Uckfield Runners	UCK	HTH/UCK	F55	148	SF2	198
208	447	0:45:56	Paul Hope	Hastings Runners	HR	HR	M60	155	M601	199
209	491	0:46:00	Sharon Reed	Heathfield Road Runners	HEAT	HTH/UCK	F45	147	NSF1	200
210	745	0:46:05	Kirsten McTeer	Central Park Athletics	CPA	CPA	F45	146	NSF1	201
211	56	0:46:14	Stephen Webb	Run Wednesdays	RUNW	RUNW	SM	154	NSM2	202
212	775	0:46:14	David Bailey	Brighton Tri Club	BTNTRI	BTNTRI	M55	153	M403	203
213	763	0:46:15	Rory McIntyre	Run Wednesdays	RUNW	RUNW	M50	152	NSM3	204
214	7	0:46:15	Juliet Bradley	Run Wednesdays	RUNW	RUNW	F50	145	F501	205
215	393	0:46:19	Hannah Deubert-Chap	Hailsham Harriers	HAIL	HAIL	SF	144	SF2	206
216	439	0:46:23	David Bratby	Hastings Runners	HR	HR	M65	151	M602	207
217	493	0:46:24	Louise Waghorn	Heathfield Road Runners	HEAT	HTH/UCK	F40	143	NSF2	208
218	25	0:46:35	Kate Jarman	Run Wednesdays	RUNW	RUNW	SF	142	NSF1	209
219	480	0:46:47	Edward Diplock	Heathfield Road Runners	HEAT	HTH/UCK	M50	150	NSM2	210
220	177	0:46:56	Sally Green	Wadhurst Runners	WAD	WAD	SF	141	SF1	211
221	178	0:46:56	Stuart Green	Wadhurst Runners	WAD	WAD	M40	149	M402	212
222	746	0:47:17	Damian Gibbs	Central Park Athletics	CPA	CPA	M50	148	M503	213

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Runner										
Position	no	Time	Runner name	Club	Club Code	Team	Category	PTS	T CAT	T PTS
223	397	0:47:20	Julie Chicken	Hailsham Harriers	HAIL	HAIL	F60	140	F601	214
224	465	0:47:22	Ruth Spiller	Hastings Runners	HR	HR	F55	139	F501	215
225	146	0:47:24	Chris Lugg	Uckfield Runners	UCK	HTH/UCK	M40	147	NSM3	216
226	742	0:47:36	Adrian Pope	Vegan Runners	NS	NS	M55	NS	NS	NS
227	276	0:47:43	James Graham	Bexhill Run Tri	BEX	BEX	M50	146	SM4	217
228	21	0:47:58	Evelyn Griffiths	Run Wednesdays	RUNW	RUNW	F55	138	F502	218
229	754	0:48:02	Sophie Anderson	Cool Runnings, Birmingham	NS	NS	SF	NS	NS	NS
230	623	0:48:07	Ian Pratt	Seafrost Shufflers	SHUF	PSS	M50	145	NSM4	219
231	494	0:48:07	Claire Williams	Heathfield Road Runners	HEAT	HTH/UCK	F45	137	NSF3	220
232	353	0:48:17	Sally Mccleverty	Crowborough Runners	CROW	CROW	F60	136	F601	221
233	751	0:48:35	Fleur Blandford	Heathfield Road Runners	HEAT	HTH/UCK	F55	135	NS	NS
234	485	0:48:39	Chris Golding	Heathfield Road Runners	HEAT	HTH/UCK	M65	144	NSM4	222
235	74	0:48:48	Jo Nevett	Hastings Runners	HR	HR	F45	134	F402	223
236	547	0:48:51	Tim Monson	Lewes AC	LEW	LEW	M60	143	NSM4	224
237	574	0:49:03	Yan Wu	Lewes AC	LEW	LEW	F45	133	F401	225
238	501	0:49:07	Anita Amies	Lewes AC	LEW	LEW	F65	132	F602	226
239	624	0:49:10	Julie Tremlin	Seafrost Shufflers	SHUF	PSS	F55	131	F501	227
240	545	0:49:36	Peter Miller	Lewes AC	LEW	LEW	M50	142	NS	NS
241	337	0:49:49	Ula Bronkowska	Crowborough Runners	CROW	CROW	SF	130	NSF2	228
242	581	0:49:54	Jeff Dunn	Meads Runners	MEAD	MEAD	M65	141	M601	229
243	753	0:50:01	Samantha Neame	Hailsham Harriers	HAIL	HAIL	SF	129	NSF1	230
244	280	0:50:11	Malcolm Jones	Bexhill Run Tri	BEX	BEX	M60	140	NSM1	231
245	13	0:50:17	Samantha Crompton	Run Wednesdays	RUNW	RUNW	F40	128	NSF2	232
246	137	0:50:24	John Iliffe	Uckfield Runners	UCK	HTH/UCK	M60	139	NS	NS
247	107	0:50:25	Caroline Gearing	Tri Tempo	TRIT	TRIT	F55	127	F501	233
248	329	0:50:27	Alex Valentino	Central Park Athletics	CPA	CPA	M60	138	M601	234
249	36	0:50:34	Sally Mason	Run Wednesdays	RUNW	RUNW	F50	126	NSF3	235
250	363	0:50:43	Jojo Smith	Crowborough Runners	CROW	CROW	F45	125	NSF3	236
251	481	0:50:59	Lorraine Diplock	Heathfield Road Runners	HEAT	HTH/UCK	F50	124	NS	NS
252	294	0:51:02	John Syddall	Bexhill Run Tri	BEX	BEX	M70	137	NSM2	237
253	12	0:51:06	Helen Chatterton	Run Wednesdays	RUNW	RUNW	F55	123	NS	NS
254	434	0:51:10	Trish Audis	Hastings Runners	HR	HR	F65	122	F601	238
255	626	0:51:11	Lorraine Wilkinson	Polegate Plodders	POLE	PSS	F40	121	F401	239
256	4	0:51:34	Mary Austin-Olsen	Run Wednesdays	RUNW	RUNW	F65	120	F601	240
257	181	0:51:37	Alistair Howitt	Wadhurst Runners	WAD	WAD	M65	136	M602	241
258	381	0:51:42	Susan Drake	Eastbourne Rovers	EAST	EAST/BDY	F65	119	F601	242
259	497	0:51:46	Vicki Wood	Heathfield Road Runners	HEAT	HTH/UCK	F60	118	F602	243
260	366	0:51:53	Roger Stone	Crowborough Runners	CROW	CROW	M65	135	NSM4	244
261	456	0:51:54	Sarah Marzaioli	Hastings Runners	HR	HR	F70	117	F602	245
262	87	0:52:07	Bronwyn Ryan	Seaford Striders	SEAF	PSS	SF	116	SF1	246
263	161	0:52:16	Christine Tait	Uckfield Runners	UCK	HTH/UCK	F60	115	NS	NS
264	341	0:52:43	Ron Cutbill	Crowborough Runners	CROW	CROW	M60	134	NS	NS
265	118	0:53:10	Rebecca Parker	Tri Tempo	TRIT	TRIT	F40	114	F401	247
266	1	0:53:25	Brian Winn	Polegate Plodders	POLE	PSS	M70	133	NS	NS
267	171	0:53:45	Brigid Burnam	Wadhurst Runners	WAD	WAD	F55	113	F401	248
268	756	0:53:46	Emma Bussey	Uckfield Runners	UCK	HTH/UCK	F45	112	NS	NS
269	133	0:53:46	Stephen Green	Uckfield Runners	UCK	HTH/UCK	M50	132	NS	NS
270	757	0:53:50	Sarah Cooper (CR)	Crowborough Runners	CROW	CROW	F50	111	NS	NS
271	134	0:53:50	Laura Grove	Uckfield Runners	UCK	HTH/UCK	F40	110	NS	NS
272	743	0:53:52	Rachael Stephens		NS	NS	F50	NS	NS	NS
273	266	0:54:03	Susie Casebourne	Bexhill Run Tri	BEX	BEX	F50	109	F502	249
274	192	0:54:05	Susannah Tapp	Wadhurst Runners	WAD	WAD	F55	108	F402	250
275	195	0:54:06	Antony Wilson	Wadhurst Runners	WAD	WAD	M70	131	M503	251
276	67	0:54:10	Sue Curtis	Seaford Striders	SEAF	PSS	F45	107	F402	252
277	94	0:54:11	Hazel Tarrant	Seaford Striders	SEAF	PSS	F45	106	SF2	253
278	57	0:54:23	Rosalind Wilkins	Run Wednesdays	RUNW	RUNW	F50	105	NS	NS
279	460	0:54:36	Yockie Richardson	Hastings Runners	HR	HR	F70	104	F502	254
280	771	0:54:38	Val Brockwell	Portslade Hedge Hoppers	NS	NS	F70	NS	NS	NS
281	314	0:54:44	Ann Komzolik	Central Park Athletics	CPA	CPA	F60	103	F601	255
282	747	0:54:48	Victoria Gibbs	Central Park Athletics	CPA	CPA	F45	102	NSF2	256
283	322	0:54:49	Larissa O'Halloran	Central Park Athletics	CPA	CPA	F45	101	NSF3	257
284	259	0:55:11	Carly Bate	Bexhill Run Tri	BEX	BEX	F65	100	F602	258
285	442	0:55:16	Shana Burchett	Hastings Runners	HR	HR	F45	99	SF2	259
286	111	0:55:17	Chloe Kourkoulos	Tri Tempo	TRIT	TRIT	SF	98	SF1	260
287	328	0:55:23	Peter Thomas	Central Park Athletics	CPA	CPA	M60	130	M602	261
288	130	0:55:27	Emily Gibson	Uckfield Runners	UCK	HTH/UCK	F45	97	NS	NS
289	330	0:55:43	Bob Archer	Crowborough Runners	CROW	CROW	M70	129	NS	NS
290	761	0:55:46	Debbie Plant	Seaford Striders	SEAF	PSS	F50	96	F502	262
291	120	0:55:52	Justine Ridgway	Tri Tempo	TRIT	TRIT	F45	95	F402	263
292	24	0:55:56	Chrissy Higgins	Run Wednesdays	RUNW	RUNW	F40	94	NS	NS
293	461	0:56:04	Christine Sanderson	Hastings Runners	HR	HR	F70	93	NSF1	264
294	350	0:56:23	Sarah Hilliard	Crowborough Runners	CROW	CROW	F60	92	F602	265
295	311	0:57:01	Richard Greenwood	Central Park Athletics	CPA	CPA	M50	128	NSM1	266
296	332	0:57:04	Kevin Battell	Crowborough Runners	CROW	CROW	M55	127	NS	NS

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Runner										
Position	no	Time	Runner name	Club	Club Code	Team	Category	PTS	T CAT	T PTS
297	768	0:57:21	Lucy Culpeper		- NS	NS	F45	NS	NS	NS
298	119	0:57:22	Simon Pearce	Tri Tempo	TRIT	TRIT	M40	126	SM2	267
299	297	0:57:33	Laura Ward	Bexhill Run Tri	BEX	BEX	F45	91	F401	268
300	157	0:58:22	Beryl Stewart	Uckfield Runners	UCK	HTH/UCK	F65	90	NS	NS
301	34	0:58:36	Tracey Marsden	Run Wednesdays	RUNW	RUNW	F55	89	NS	NS
302	274	0:59:56	John Gately	Bexhill Run Tri	BEX	BEX	M70	125	NSM3	269
303	738	1:00:10	Carol Fitzgerald	Heathfield Road Runners	HEAT	HTH/UCK	F55	88	NS	NS
304	281	1:01:50	Jackie Knight	Bexhill Run Tri	BEX	BEX	F55	87	F402	270
305	284	1:01:50	Pam Matthews	Bexhill Run Tri	BEX	BEX	F50	86	SF1	271
306	197	1:02:41	Richard Bates	Arena 80 AC	A80	A80	M70	124	M401	272
307	114	1:03:23	Debbie Mcdermott	Tri Tempo	TRIT	TRIT	F55	85	F502	273
308	268	1:07:44	Lorna Cotter	Bexhill Run Tri	BEX	BEX	F55	84	SF2	274