

# ESSLXC Blackcap: 16-October-2022

Race 1 of 6

ALL CLUBS: 18 TEAMS (note awards are based on table excluding non East Sussex Clubs)

| CAT    | A80   | BEX   | FRONTR | BTNTRI | CPA   | CROW  | EAST/BDY | HAIL  | HR/HAC | HTH/UCK | HYR   | LEW   | MEAD  | PSS   | HEDGE | RUNW  | TRIT  | WAD   |
|--------|-------|-------|--------|--------|-------|-------|----------|-------|--------|---------|-------|-------|-------|-------|-------|-------|-------|-------|
| SM1    | 6     | 87    | 124    | 42     | 16    | 3     | 12       | 47    | 7      | 10      | 18    | 11    | 184   | 2     | 338   | 140   | 352   | 301   |
| SM2    | 212   | 218   | 152    | 352    | 295   | 20    | 23       | 100   | 35     | 25      | 352   | 13    | 198   | 90    | 352   | 153   | 352   | 335   |
| SM3    | 221   | 352   | 158    | 352    | 342   | 28    | 44       | 107   | 53     | 101     | 352   | 21    | 352   | 119   | 352   | 157   | 352   | 352   |
| SM4    | 344   | 352   | 352    | 352    | 352   | 39    | 70       | 125   | 55     | 130     | 352   | 22    | 352   | 244   | 352   | 162   | 352   | 352   |
| M401   | 40    | 135   | 4      | 19     | 76    | 5     | 49       | 45    | 27     | 14      | 67    | 1     | 43    | 29    | 205   | 50    | 58    | 9     |
| M402   | 120   | 208   | 31     | 41     | 132   | 32    | 92       | 352   | 64     | 34      | 352   | 78    | 127   | 163   | 209   | 65    | 281   | 272   |
| M403   | 175   | 216   | 352    | 191    | 249   | 33    | 97       | 352   | 117    | 48      | 352   | 102   | 217   | 172   | 255   | 98    | 352   | 296   |
| M501   | 17    | 37    | 352    | 151    | 114   | 89    | 69       | 26    | 30     | 8       | 352   | 24    | 56    | 112   | 15    | 115   | 109   | 110   |
| M502   | 57    | 179   | 352    | 352    | 176   | 104   | 80       | 159   | 46     | 60      | 352   | 106   | 129   | 174   | 81    | 133   | 352   | 143   |
| M503   | 86    | 193   | 352    | 352    | 289   | 111   | 280      | 352   | 51     | 62      | 352   | 126   | 352   | 207   | 239   | 134   | 352   | 243   |
| M601   | 122   | 305   | 352    | 352    | 312   | 59    | 180      | 352   | 105    | 154     | 214   | 84    | 352   | 215   | 73    | 99    | 352   | 232   |
| M602   | 171   | 351   | 352    | 352    | 323   | 93    | 336      | 352   | 201    | 276     | 352   | 147   | 352   | 240   | 173   | 279   | 352   | 236   |
| SF1    | 321   | 91    | 71     | 190    | 282   | 61    | 38       | 128   | 79     | 227     | 286   | 189   | 103   | 181   | 123   | 165   | 352   | 262   |
| SF2    | 352   | 318   | 352    | 352    | 329   | 229   | 88       | 161   | 121    | 264     | 345   | 226   | 194   | 224   | 352   | 186   | 352   | 271   |
| F401   | 185   | 96    | 352    | 85     | 113   | 68    | 66       | 77    | 145    | 146     | 170   | 195   | 149   | 333   | 304   | 139   | 352   | 339   |
| F402   | 316   | 300   | 352    | 169    | 257   | 178   | 94       | 144   | 256    | 188     | 326   | 263   | 242   | 343   | 352   | 196   | 352   | 352   |
| F501   | 267   | 187   | 352    | 352    | 118   | 223   | 54       | 293   | 220    | 252     | 352   | 116   | 352   | 254   | 72    | 177   | 283   | 309   |
| F502   | 298   | 340   | 352    | 352    | 225   | 230   | 75       | 337   | 311    | 268     | 352   | 200   | 352   | 331   | 248   | 241   | 348   | 313   |
| F601   | 155   | 228   | 352    | 203    | 352   | 317   | 315      | 284   | 299    | 83      | 352   | 211   | 352   | 287   | 320   | 269   | 352   | 290   |
| F602   | 222   | 350   | 352    | 352    | 352   | 352   | 352      | 352   | 308    | 332     | 352   | 292   | 352   | 314   | 334   | 352   | 352   | 303   |
| TOT    | 3,687 | 4,543 | 5,468  | 4,963  | 4,704 | 2,274 | 2,414    | 4,145 | 2,530  | 2,682   | 6,002 | 2,427 | 4,810 | 4,034 | 4,749 | 3,310 | 6,359 | 5,320 |
| POS    | 7     | 10    | 16     | 14     | 11    | 1     | 2        | 9     | 4      | 5       | 17    | 3     | 13    | 8     | 12    | 6     | 18    | 15    |
| NSM1   |       |       |        |        |       | 63    | 82       |       | 138    | 137     |       | 36    |       | 245   |       | 166   |       |       |
| NSM2   |       |       |        |        |       | 164   | 150      |       | 148    | 156     |       | 52    |       | 258   |       | 197   |       |       |
| NSM3   |       |       |        |        |       | 183   | 204      |       | 160    | 167     |       | 74    |       | 259   |       | 231   |       |       |
| NSM4   |       |       |        |        |       | 192   | 213      |       | 199    | 168     |       | 95    |       | 277   |       | 233   |       |       |
| NSM5   |       |       |        |        |       | 235   | 246      |       | 210    | 182     |       | 131   |       | 288   |       | 238   |       |       |
| NSM6   |       |       |        |        |       | 253   | 265      |       | 273    | 206     |       | 141   |       | 306   |       | 251   |       |       |
| NSF1   |       | 328   |        |        | 330   | 247   | 108      | 250   | 219    | 270     | 346   | 275   | 266   | 319   |       | 234   |       |       |
| NSF2   |       | 341   |        |        |       | 302   | 136      | 278   | 285    | 274     |       | 307   | 310   | 327   |       | 237   |       |       |
| NSF3   |       |       |        |        |       |       | 142      | 297   | 322    | 291     |       |       |       | 347   |       | 260   |       |       |
| NSF4   |       |       |        |        |       |       | 202      | 324   | 325    | 294     |       |       |       | 349   |       | 261   |       |       |
| PREV.P | -     | -     | -      | -      | -     | -     | -        | -     | -      | -       | -     | -     | -     | -     | -     | -     | -     | -     |
| TOTAL  | 7     | 10    | 16     | 14     | 11    | 1     | 2        | 9     | 4      | 5       | 17    | 3     | 13    | 8     | 12    | 6     | 18    | 15    |
| F.POS  | 7     | 10    | 16     | 14     | 11    | 1     | 2        | 9     | 4      | 5       | 17    | 3     | 13    | 8     | 12    | 6     | 18    | 15    |

| A80 | BEX | FRONTR | BTNTRI | CPA | CROW | EAST/BDY | HAIL | HR/HAC | HTH/UCK | HYR | LEW | MEAD | PSS | HEDGE | RUNW | TRIT | WAD |
|-----|-----|--------|--------|-----|------|----------|------|--------|---------|-----|-----|------|-----|-------|------|------|-----|
|-----|-----|--------|--------|-----|------|----------|------|--------|---------|-----|-----|------|-----|-------|------|------|-----|

- Key**
- A80** Arena 80 AC
  - BEX** Bexhill Run Tri
  - FRONTR** Brighton and Hove Frontrunners
  - BTNTRI** Brighton Tri Club
  - CPA** Central Park Athletics
  - CROW** Crowborough Runners
  - EAST/BDY** Eastbourne Rovers and Team Bodyworks
  - HAIL** Hailsham Harriers
  - HR/HAC** Hastings Runners and Hastings AC
  - HTH/UCK** Heathfield Road Runners and Uckfield Runners
  - HYR** HY Runners
  - LEW** Lewes AC
  - MEAD** Meads Runners

|              |   |
|--------------|---|
| <b>PSS</b>   | Polegate Plodders, Seafont Shufflers and Seaford Striders |
| <b>HEDGE</b> | Portslade Hedgehoppers                                    |
| <b>RUNW</b>  | Run Wednesdays  |
| <b>TRIT</b>  | Tri Tempo   |

# ESSLXC Blackcap: 16-October-2022

Race 1 of 6

EAST SUSSEX CLUBS: 16 TEAMS (Only East Sussex Teams qualify for awards: awards are awarded as per this table)

| CAT    | A80   | BEX   | FRONTR | BTNTRI | CPA | CROW  | EAST/BDY | HAIL  | HR/HAC | HTH/UCK | HYR   | LEW   | MEAD  | PSS   | HEDGE | RUNW  | TRIT  | WAD   |
|--------|-------|-------|--------|--------|-----|-------|----------|-------|--------|---------|-------|-------|-------|-------|-------|-------|-------|-------|
| SM1    | 6     | 87    | 124    | 42     | -   | 3     | 12       | 47    | 7      | 10      | 18    | 11    | 184   | 2     | 338   | 140   | 352   | 301   |
| SM2    | 212   | 218   | 152    | 352    | -   | 20    | 23       | 100   | 35     | 25      | 352   | 13    | 198   | 90    | 352   | 153   | 352   | 335   |
| SM3    | 221   | 352   | 158    | 352    | -   | 28    | 44       | 107   | 53     | 101     | 352   | 21    | 352   | 119   | 352   | 157   | 352   | 352   |
| SM4    | 344   | 352   | 352    | 352    | -   | 39    | 70       | 125   | 55     | 130     | 352   | 22    | 352   | 244   | 352   | 162   | 352   | 352   |
| M401   | 40    | 135   | 4      | 19     | -   | 5     | 49       | 45    | 27     | 14      | 67    | 1     | 43    | 29    | 205   | 50    | 58    | 9     |
| M402   | 120   | 208   | 31     | 41     | -   | 32    | 92       | 352   | 64     | 34      | 352   | 78    | 127   | 163   | 209   | 65    | 281   | 272   |
| M403   | 175   | 216   | 352    | 191    | -   | 33    | 97       | 352   | 117    | 48      | 352   | 102   | 217   | 172   | 255   | 98    | 352   | 296   |
| M501   | 17    | 37    | 352    | 151    | -   | 89    | 69       | 26    | 30     | 8       | 352   | 24    | 56    | 112   | 15    | 115   | 109   | 110   |
| M502   | 57    | 179   | 352    | 352    | -   | 104   | 80       | 159   | 46     | 60      | 352   | 106   | 129   | 174   | 81    | 133   | 352   | 143   |
| M503   | 86    | 193   | 352    | 352    | -   | 111   | 280      | 352   | 51     | 62      | 352   | 126   | 352   | 207   | 239   | 134   | 352   | 243   |
| M601   | 122   | 305   | 352    | 352    | -   | 59    | 180      | 352   | 105    | 154     | 214   | 84    | 352   | 215   | 73    | 99    | 352   | 232   |
| M602   | 171   | 351   | 352    | 352    | -   | 93    | 336      | 352   | 201    | 276     | 352   | 147   | 352   | 240   | 173   | 279   | 352   | 236   |
| SF1    | 321   | 91    | 71     | 190    | -   | 61    | 38       | 128   | 79     | 227     | 286   | 189   | 103   | 181   | 123   | 165   | 352   | 262   |
| SF2    | 352   | 318   | 352    | 352    | -   | 229   | 88       | 161   | 121    | 264     | 345   | 226   | 194   | 224   | 352   | 186   | 352   | 271   |
| F401   | 185   | 96    | 352    | 85     | -   | 68    | 66       | 77    | 145    | 146     | 170   | 195   | 149   | 333   | 304   | 139   | 352   | 339   |
| F402   | 316   | 300   | 352    | 169    | -   | 178   | 94       | 144   | 256    | 188     | 326   | 263   | 242   | 343   | 352   | 196   | 352   | 352   |
| F501   | 267   | 187   | 352    | 352    | -   | 223   | 54       | 293   | 220    | 252     | 352   | 116   | 352   | 254   | 72    | 177   | 283   | 309   |
| F502   | 298   | 340   | 352    | 352    | -   | 230   | 75       | 337   | 311    | 268     | 352   | 200   | 352   | 331   | 248   | 241   | 348   | 313   |
| F601   | 155   | 228   | 352    | 203    | -   | 317   | 315      | 284   | 299    | 83      | 352   | 211   | 352   | 287   | 320   | 269   | 352   | 290   |
| F602   | 222   | 350   | 352    | 352    | -   | 352   | 352      | 352   | 308    | 332     | 352   | 292   | 352   | 314   | 334   | 352   | 352   | 303   |
| TOT    | 3,687 | 4,543 | 5,468  | 4,963  | -   | 2,274 | 2,414    | 4,145 | 2,530  | 2,682   | 6,002 | 2,427 | 4,810 | 4,034 | 4,749 | 3,310 | 6,359 | 5,320 |
| POS    | 7     | 10    | 15     | 13     | -   | 1     | 2        | 9     | 4      | 5       | 16    | 3     | 12    | 8     | 11    | 6     | 17    | 14    |
| NSM1   | -     | -     | -      | -      | -   | 63    | 82       | -     | 138    | 137     | -     | 36    | -     | 245   | -     | 166   | -     | -     |
| NSM2   | -     | -     | -      | -      | -   | 164   | 150      | -     | 148    | 156     | -     | 52    | -     | 258   | -     | 197   | -     | -     |
| NSM3   | -     | -     | -      | -      | -   | 183   | 204      | -     | 160    | 167     | -     | 74    | -     | 259   | -     | 231   | -     | -     |
| NSM4   | -     | -     | -      | -      | -   | 192   | 213      | -     | 199    | 168     | -     | 95    | -     | 277   | -     | 233   | -     | -     |
| NSM5   | -     | -     | -      | -      | -   | 235   | 246      | -     | 210    | 182     | -     | 131   | -     | 288   | -     | 238   | -     | -     |
| NSM6   | -     | -     | -      | -      | -   | 253   | 265      | -     | 273    | 206     | -     | 141   | -     | 306   | -     | 251   | -     | -     |
| NSF1   | -     | 328   | -      | -      | -   | 247   | 108      | 250   | 219    | 270     | 346   | 275   | 266   | 319   | -     | 234   | -     | -     |
| NSF2   | -     | 341   | -      | -      | -   | 302   | 136      | 278   | 285    | 274     | -     | 307   | 310   | 327   | -     | 237   | -     | -     |
| NSF3   | -     | -     | -      | -      | -   | -     | 142      | 297   | 322    | 291     | -     | -     | -     | 347   | -     | 260   | -     | -     |
| NSF4   | -     | -     | -      | -      | -   | -     | 202      | 324   | 325    | 294     | -     | -     | -     | 349   | -     | 261   | -     | -     |
| PREV.P | -     | -     | -      | -      | -   | -     | -        | -     | -      | -       | -     | -     | -     | -     | -     | -     | -     | -     |
| TOTAL  | 7     | 10    | 15     | 13     | -   | 1     | 2        | 9     | 4      | 5       | 16    | 3     | 12    | 8     | 11    | 6     | 17    | 14    |
| F.POS  | 7     | 10    | 15     | 13     | -   | 1     | 2        | 9     | 4      | 5       | 16    | 3     | 12    | 8     | 11    | 6     | 17    | 14    |

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|--|-----|-----|--------|--------|-----|------|----------|------|--------|---------|-----|-----|------|-----|-------|------|------|-----|
|--|-----|-----|--------|--------|-----|------|----------|------|--------|---------|-----|-----|------|-----|-------|------|------|-----|

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