



# ESSLXC 2022/23 WOMEN AFTER 3 RACES

No of scoring races

4

Total is best 4 races

POS	E Sussex only	NAME	CLUB	R1	R2	R3	R4	R5	R6	TOT	ES Eligible
29		29 Emma Cooper	EAST	149						149	Y
30		30 Jazz Dymott	SEAF	143						143	Y
31		31 Alice Weston-Smith	LEW	141						141	Y
32		32 Leah Nimz	HEDGE		135					135	Y
33		33 Sophie Hutchison	EAST		110					110	Y
34		34 Alicia Jolly	MEAD	79						79	Y
35		35 Ellie Docksey	BEX	72						72	Y
36		36 Nicola Marsden	RUNW	51						51	Y

## F35

1		1 Jenna Levett	HAC	191	199	189				579	Y
2		2 Claire Thomas	HR	179	175	183				537	Y
3		3 Heather Jenner	EAST	174	186	177				537	Y
4		4 Tamsin West	HR	147	148	143				438	Y
5		5 Samantha Neame	HAIL	129	143	130				402	Y
6		6 Joanna Cain	RUNW	122	146	131				399	Y
7		7 Laura Gill	HAC		194	192				386	Y
8		8 Anna Tolmachova	CROW	198		172				370	Y
9		9 Jenny Katsoni	HAIL	177		175				352	Y
10		10 Jemma Crawford	SEAF		163	165				328	Y
11		11 Heather Stevens	CROW	138		146				284	Y
12		12 Amanda Davis	SHUF	60	91	90				241	Y
13		13 Jenna Harmer	HYR	105	130					235	Y
14		14 Sarah Eddie	MEAD	184						184	Y
15		15 Lisa Buchanan	HYR		142					142	Y
16		16 Verity Wilde	MEAD	118						118	Y
17		17 Amy Hope	EAST	45	73					118	Y
18		18 Sally Green	WAD	113						113	Y
19		19 Katie Manley	HAIL	65						65	Y

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20	20	Kimberly Page	EAST	28						28	Y
21	21	Debbie Davis	EAST	26						26	Y

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		<b>F40</b>									
1		1 Amy Rodway	HAC	172	178	171				521	Y
2		2 Vicki Whitehorn	CROW	163	176	166				505	Y
3		3 Anne Bromley	HEAT	158	159	157				474	Y
4	NS	Elizabeth Brookes	CPA	182	187					369	N
5		4 Victoria Little	HAIL	96	131	132				359	Y
6		5 Emma Murphy	RUNW	175		174				349	Y
7	NS	Lindsey Sanders	CPA	109	121	117				347	N
8		6 Samantha Crompton	RUNW		136	139				275	Y
9		7 Michelle Pope	POLE		134	125				259	Y
10		8 Louise Waghorn	HEAT	119	137					256	Y
11		9 Emma Trenaman	RUNW	50	72	74				196	Y
12		10 Sarah Underwood	HAIL	192						192	Y
13		11 Anna Zorn	UCK			186				186	Y
14		12 Jessica Beake	RUNW		180					180	Y
15		13 Hannah Spears	EAST	176						176	Y
16		14 Emily Sims	HYR	165						165	Y
17		15 Laura Grove	UCK		82	81				163	Y
18		16 Harriet Cunningham	BTNTRI	156						156	Y
19		17 Becca Weir	LEW	154						154	Y
20		18 Lemmy Buxton	FRONTR		147					147	Y
21		19 Jade Turner	RUNW	61	78					139	Y
22		20 Kathryn Atkinson	RUNW	136						136	Y
23		21 Nicola Degl'Innocenti	RUNW			128				128	Y
24		22 Sharon Donovan	LEW	111						111	Y
25		23 Julie Reeves	EAST			77				77	Y
26		24 Hayley Foster	HYR	63						63	Y
27		25 Chrissy Higgins	RUNW	55						55	Y
28		26 Laura Dearsley	HYR	41						41	Y

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29	27	Donna Foster	HYR	36						36	Y
30	28	Jaleh Nahvi	UCK	35						35	Y

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POS	E Sussex only	NAME	CLUB	R1	R2	R3	R4	R5	R6	TOT	ES Eligible
		<b>F45</b>									
1		1 Johanna Dowle	BDY	197	197	194				588	Y
2		2 Maria Smith	HEAT	171	182	178				531	Y
3		3 Gill Wheeler	MEAD	170	179	179				528	Y
4		4 Patrycja Wollnik	A80	161	165	163				489	Y
5		5 Hannah Edleston	RUNW	153	166	158				477	Y
6		6 Sharon Reed	HEAT	140	150	134				424	Y
7		7 Nicole Henze	RUNW	135	156	123				414	Y
8 NS		Christine Munday	CPA	125	151	135				411	N
9		8 Jo Nevett	HR	126	139	144				409	Y
10		9 Alissa Ellis	CROW	196	196					392	Y
11		10 Andrea Harwood	BEX	185	185					370	Y
12		11 Helen O 'Sullivan	HAIL		177	182				359	Y
13		12 Emily Gibson	UCK	102	119	122				343	Y
14		13 Jacqueline Hunt	BTNTRI	166	169					335	Y
15		14 Eleanor Wilkes	HEAT	86	116	108				310	Y
16		15 Fiona Wallace	MEAD	132		145				277	Y
17		16 Rachel Wilson	HEAT	94	107					201	Y
18		17 Rachel Carless	BTNTRI	189						189	Y
19 NS		Sally Kyle	CPA		183					183	N
20		18 Nicky Thompsett	HEAT	31	71	76				178	Y
21		19 Emma Bussey	UCK	93	83					176	Y
22		20 Annette Feakes	HAIL	173						173	Y
23		21 Wendy Robson	HAIL	168						168	Y
24		22 Anne-Marie Linton	TRIT		153					153	Y
25 NS		Larrissa O'Halloran	CPA	57	90					147	N
26		23 Claire Shimmons	RUNW		70	73				143	Y
27 NS		Kirsten McTeer	CPA			129				129	N
28		24 Eileen Welch	CROW			127				127	Y

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E Sussex											
POS	only	NAME	CLUB	R1	R2	R3	R4	R5	R6	TOT	ES Eligible
29	25	Natasha Slow	HR	40		78				118	Y
30	26	Sarah Ballinger	HEAT	114						114	Y
31	27	Michelle Hollands	HAIL		113					113	Y
32	28	Emma Allen	UCK	112						112	Y
33	29	Rosy Clements	HAC	106						106	Y
34	30	Marie Bolton	CROW		105					105	Y
35	31	Jo Swap	BEX	90						90	Y
36	32	Joanne Birkmyre	EAST	82						82	Y
37	33	Anne Lozac'H	RUNW		80					80	Y
38	34	Wan Sze Walbridge	WAD			75				75	Y
39	35	Julie Lewis-Clements	HAIL	62						62	Y
40	36	Laura Ward	BEX	59						59	Y
41	37	Joanne Robinson	SEAF	32						32	Y

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POS	E Sussex only	NAME	CLUB	R1	R2	R3	R4	R5	R6	TOT	ES Eligible
		<b>F50</b>									
1		1 Natalie Dawson	EAST	186	184	184				554	Y
2		2 Tina Macenhill	RUNW	164	173	162				499	Y
3		3 Fran Hamilton	HEDGE	130	141	133				404	Y
4		4 Sue Fry	EAST	199		195				394	Y
5		5 Imogen Burman-Mitchell	WAD		174	167				341	Y
6		6 Felicity Williams	HAIL	99	124	113				336	Y
7		7 Tracy Erridge	RUNW		168	160				328	Y
8		8 Dionne Radloff	UCK		162	151				313	Y
9		9 Sarah Smith	UCK	85	114	104				303	Y
10		10 Louise Ellis	CROW	137	160					297	Y
11		11 Sally Mason	RUNW	97	112	88				297	Y
12		12 Juliet Bradley	RUNW		157	138				295	Y
13	NS	Sally Carr	CPA	142		152				294	N
14		13 Samantha Alvarez	SEAF	53	103	99				255	Y
15		14 Suzannah Taylor	HEAT	116	138					254	Y
16		15 Yan Wu	LEW	120		124				244	Y
17		16 Mary Down	CROW		115	112				227	Y
18		17 Swati Patel	CROW	89		109				198	Y
19		18 Dee Poole	TRIT	108		84				192	Y
20		19 Helen Sanderson	EAST		94	94				188	Y
21		20 Rachel Burgess	A80			181				181	Y
22		21 Kerry Kipling	HEDGE	87	89					176	Y
23		22 Rachael Stephens	TRIT		79	96				175	Y
24		23 Debra Richmond	UCK	70		80				150	Y



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25	24	Ros Thomson	HAIL	49		86				135	Y
26	25	Amanda Tondeur	BEX		117					117	Y
27	26	Juliet Fines	A80			116				116	Y
28	27	Jojo Smith	CROW		111					111	Y
29	NS	Victoria Gibbs	CPA		108					108	N
30	28	Emma Davey	EAST	39	66					105	Y
31	29	Lisa Herbert	CROW		104					104	Y
32	30	Teresa Mitchell	EAST	38	64					102	Y
33	31	Rosalind Wilkins	RUNW			98				98	Y
34	NS	Michaela Mc,Ilan	CPA		77					77	N
35	32	Bethan Sutch	WAD	47						47	Y
36	33	Mandie Henderson	BEX	44						44	Y
37	34	Pam Matthews	BEX	43						43	Y

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POS	E Sussex only	NAME	CLUB	R1	R2	R3	R4	R5	R6	TOT	ES Eligible
		<b>F55</b>									
1		1 Geraldine Moffat	HEDGE	194	191	191				576	Y
2		2 Helen Sida	LEW	181	188	187				556	Y
3		3 Carole Crathern	BEX	159	167	168				494	Y
4		4 Liz Lumber	EAST	193		190				383	Y
5		5 Caroline Wood	A80		189	188				377	Y
6		6 Evelyn Griffiths	RUNW	123	152	89				364	Y
7	NS	Susan Dixon	CPA	180		180				360	N
8		7 Helen Bowman	LEW	152		149				301	Y
9		8 Sue Newman	CROW	144		154				298	Y
10		9 Jane Coles	HR	146		150				296	Y
11		10 Jackie Baxter	SEAF	127	122					249	Y
12		11 Helen Chatterton	RUNW	100	125					225	Y
13		12 Sharon Saunders	HEAT	95	120					215	Y
14		13 Brioni Allcorn	EAST		100	107				207	Y
15		14 Helen Tickner	RUNW	81		95				176	Y
16	NS	Sandra Speers	CPA	58	84					142	N
17		15 Ruth Spiller	HR			136				136	Y
18		16 Fenella Maloney	RUNW	133						133	Y
19		17 Debbie Reed	UCK	128						128	Y
20		18 Penelope Weyman	EAST	48	75					123	Y
21		19 Lorraine Diplock	HEAT		106					106	Y
22		20 Alison Fox	EAST	37	67					104	Y
23		21 Jo French	HR		96					96	Y
24		22 Annabelle Holford	EAST	25	68					93	Y

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25	23	Lisa Murton	EAST	27	65					92	Y
26	24	Maureen Comben	WAD	77						77	Y
27	25	Nicole Dyson	RUNW	66						66	Y
28	26	Jo Edwards	HR	64						64	Y
29	27	Caroline Gearing	POLE	56						56	Y
30	28	Rachel Sadler	UCK	46						46	Y
31	29	Lauren Ellis	SHUF	42						42	Y
32	30	Debbie Mcdermott	TRIT	33						33	Y

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POS	E Sussex only	NAME	CLUB	R1	R2	R3	R4	R5	R6	TOT	ES Eligible
		<b>F60</b>									
1		1 Sarah Morris	HEAT	190	193	185				568	Y
2		2 Jenny Hughes	A80	169	171	161				501	Y
3		3 Karin Divall	LEW	148	145	156				449	Y
4		4 Frances Burnham	BEX	139	164	142				445	Y
5		5 Julie Tremlin	SHUF	104	126	119				349	Y
6		6 Hazel Bennington	LEW	101	118	115				334	Y
7		7 Denise Jeffrey	WAD	103	98	105				306	Y
8		8 Ros Addison	BTNTRI	150		153				303	Y
9		9 Sue Brumwell	A80	145		141				286	Y
10		10 Sarah Hilliard	CROW	73	95	93				261	Y
11		11 Brigitte Groves	A80	68	88	100				256	Y
12		12 Fleur Blanford	HEAT		128	120				248	Y
13		13 Julie Chicken	HAIL	107		121				228	Y
14		14 Gilly Nickols	HEAT	54	86	87				227	Y
15		15 Beverly Sheridan	SEAF		102	114				216	Y
16		16 Yvonne Patrick	A80	92		111				203	Y
17		17 Christine Tait	UCK		99	103				202	Y
18		18 Ann Townsend	HEAT		81	101				182	Y
19	NS	Ann Komzolik	CPA		87	82				169	N
20		19 Carol Walters	LEW			159				159	Y
21		20 Simone Button	HEDGE	52		83				135	Y
22		21 Peri Cheal	CROW		133					133	Y
23		22 Anne Miners	A80	117						117	Y
24		23 Sharon Wheeler	CROW			91				91	Y

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25	24	Brigid Burnham	WAD	88						88	Y
26	25	Anne Steinacher	SHUF	76						76	Y
27	26	Eleanor Wigram	WAD		74					74	Y
28	27	Nicole Cunningham	SHUF	34						34	Y
29	28	Chris Sage	BEX	30						30	Y

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<b>F65</b>											
1		1 Mary Austin-Olsen	RUNW	115	132	118				365	Y
2		2 Trish Audis	HR	91	109	110				310	Y
3		3 Judith Carder	HEDGE		154	140				294	Y
4		4 Deborah Absalom	A80	74		92				166	Y
5		5 Ann Eke	HEDGE		69	79				148	Y
6		6 Susan Drake	EAST	75						75	Y
7		7 Sarah Cooper	UCK			71				71	Y
<b>F70</b>											
1		1 Sarah Marzaioli	HR	83	97	102				282	Y
2		2 Val Brockwell	HEDGE	69	92	97				258	Y
3		3 Yockie Richardson	HR	67	85	85				237	Y
4		4 Sylvia Huggett	HR	78	93					171	Y
5		5 Helen Neary	WAD	80	76					156	Y
6		6 Pam Hart	SHUF	29	63					92	Y
7		7 Beryl Stewart	UCK			72				72	Y