

ESSLXC 2022/23 WOMEN AFTER 5 RACES

No of scoring races

4

Total is best 4 races

POS	E Sussex only	NAME	CLUB	R1	R2	R3	R4	R5	R6	TOT	ES Eligible
Senior Women											
1		1 Alison Moore	EAST	200	200	197	197	198		795	Y
2		2 Robyn Lumas	FRONTF	195	195	193	193	197		780	Y
3		3 Laura Seaman	EAST	183	181	176	182	179		725	Y
4		4 Anneka Redley-Cook	SEAF	162		170	179	178		689	Y
5		5 Joanna Mabbitt	HEDGE	178	172	173	151	162		685	Y
6		6 Martyna Dalecka	RUNW	167	158	164	169			658	Y
7		7 Fiona Williams	RUNW		149	147	152	156		604	Y
8		8 Grace Baker	HAC			200	200	200		600	Y
9		9 Tania Taran	CROW	131		155	155	158		599	Y
10		10 Kirsty Mcdermott	CROW		198	196		199		593	Y
11		11 Sophie Markwick	HAC		192	199	199			590	Y
12		12 Hannah Deubert-Chapman	HAIL	110	144	148	146	146		584	Y
13		13 Claire Burnham	BEX	187	190		164			541	Y
14		14 Connie Hannam	EAST	124	129	137	131	122		521	Y
15		15 Samantha Chan	RUNW	160	161			173		494	Y
16		16 Denise Kingdon	UCK	98	127	126		138		489	Y
17		17 Nicky Bignell	EAST		155		148	171		474	Y
18		18 Millie Compton	WAD	121	123		74	144		462	Y
19		19 Yolanda King	HR			198	198			396	Y
20		20 Harriet Thompson	EAST	134	140		121			395	Y
21		21 Louise Ryan	EAST	188				176		364	Y
22		22 Liv Wise	UCK			169	178			347	Y
23		23 Kat Hone	MEAD	155			159			314	Y
24		24 Laura Mitchell	EAST	151			158			309	Y
25		25 Ellie Docksey	BEX	72			73	108		253	Y
26		26 Jenny Whelan	EAST				107	137		244	Y
27		27 Sophie Hutchison	EAST		110		96			206	Y
28		28 Livvie Perris	LEW	84	101					185	Y

ESSLXC 2022/23 WOMEN AFTER 5 RACES

No of scoring races

4

Total is best 4 races

POS	E Sussex only	NAME	CLUB	R1	R2	R3	R4	R5	R6	TOT	ES Eligible
29		29 rebecca Bevan	RUNW				83	97		180	Y
30		30 Bronwyn Ryan	SEAF	71		106				177	Y
31		31 Fiona Norman-Brown	HYR		170					170	Y
32		32 Kitty Taylor	LEW	157						157	Y
33		33 Alicia Jolly	MEAD	79			76			155	Y
34		34 Emma Cooper	EAST	149						149	Y
35		35 Jazz Dymott	SEAF	143						143	Y
36		36 Alice Weston-Smith	LEW	141						141	Y
37		37 madeline Michie	CROW				136			136	Y
38		38 Leah Nimz	HEDGE		135					135	Y
39		39 lauren Murphy	EAST				100			100	Y
40		40 Nicola Marsden	RUNW	51						51	Y

F35

1		1 Jenna Levett	HAC	191	199	189	190	193		773	Y
2		2 Laura Gill	HAC		194	192	194	192		772	Y
3		3 Anna Tolmachova	CROW	198		172	192	185		747	Y
4		4 Heather Jenner	EAST	174	186	177	186	181		730	Y
5		5 Claire Thomas	HR	179	175	183	175	180		717	Y
6		6 Jenny Katsoni	HAIL	177		175	170	172		694	Y
7		7 Jemma Crawford	SEAF		163	165	166	175		669	Y
8		8 Sarah Eddie	MEAD	184			184	189		557	Y
9		9 Joanna Cain	RUNW	122	146	131	124	149		550	Y
10		10 Tamsin West	HR	147	148	143				438	Y
11		11 Samantha Neame	HAIL	129	143	130				402	Y
12		12 Verity Wilde	MEAD	118			113	128		359	Y
13		13 Sally Green	WAD	113			110	120		343	Y
14		14 Heather Stevens	CROW	138		146				284	Y
15		15 Amy Hope	EAST	45	73		64	91		273	Y

ESSLXC 2022/23 WOMEN AFTER 5 RACES

No of scoring races

4

Total is best 4 races

POS	E Sussex only	NAME	CLUB	R1	R2	R3	R4	R5	R6	TOT	ES Eligible
16		16 Amanda Davis	SHUF	60	91	90				241	Y
17		17 Jenna Harmer	HYR	105	130					235	Y
18		18 Claire Lockwood	MEAD				188			188	Y
19		19 Katie Manley	HAIL	65			87			152	Y
20		20 Lisa Buchanan	HYR		142					142	Y
21		21 Emily Murray	LEW				141			141	Y
22		22 Stacey Pollard	SEAF					136		136	Y
23		23 Samantha Yovell	RUNW					127		127	Y
24		24 Gemma Williams	FRONTR				117			117	Y
25		25 katy Reed	HAIL				90			90	Y
26		26 louise sharp	MEAD				69			69	Y
27		27 Kimberly Page	EAST	28						28	Y
28		28 Debbie Davis	EAST	26						26	Y

ESSLXC 2022/23 WOMEN AFTER 5 RACES

No of scoring races

4

Total is best 4 races

POS	E Sussex only	NAME	CLUB	R1	R2	R3	R4	R5	R6	TOT	ES Eligible
29	27	Sharon Donovan	LEW	111						111	Y
30	28	Julie Reeves	EAST			77				77	Y
31	29	Hayley Foster	HYR	63						63	Y
32	30	Chrissy Higgins	RUNW	55						55	Y
33	31	Laura Dearsley	HYR	41						41	Y
34	32	Donna Foster	HYR	36						36	Y
35	33	Jaleh Nahvi	UCK	35						35	Y

ESSLXC 2022/23 WOMEN AFTER 5 RACES

No of scoring races

4

Total is best 4 races

E Sussex											
POS	only	NAME	CLUB	R1	R2	R3	R4	R5	R6	TOT	ES Eligible
29		27 Claire Shimmons	RUNW		70	73	45			188	Y
30	NS	Sally Kyle	CPA		183					183	N
31		28 Nicky Deacy	MEAD					177		177	Y
32		29 Wendy Robson	HAIL	168						168	Y
33		30 Anne Lozac'H	RUNW		80		77			157	Y
34	NS	Larrissa O'Halloran	CPA	57	90					147	N
35		31 Claire Alleguen	FRONTR				138			138	Y
36		32 Natasha Slow	HR	40		78				118	Y
37		33 Sarah Ballinger	HEAT	114						114	Y
38		34 Emma Allen	UCK	112						112	Y
39		35 Heather Long	POLE					109		109	Y
40		36 Laura Ward	BEX	59			49			108	Y
41		37 Rosy Clements	HAC	106						106	Y
42		38 Nikki Loats	POLE				98			98	Y
43		39 Jo Swap	BEX	90						90	Y
44		40 natasha Sanderson	MEAD				86			86	Y
45		41 Joanne Birkmyre	EAST	82						82	Y
46		42 Sharon Knight	RUNW				81			81	Y
47		43 Julie Lewis-Clements	HAIL	62						62	Y
48		44 Zingy Thetho	SEAF				56			56	Y
49		45 Joanne Robinson	SEAF	32						32	Y

ESSLXC 2022/23 WOMEN AFTER 5 RACES

No of scoring races

4

Total is best 4 races

POS	E Sussex only	NAME	CLUB	R1	R2	R3	R4	R5	R6	TOT	ES Eligible
		F50									
1		1 Natalie Dawson	EAST	186	184	184	176	187		741	Y
2		2 Imogen Burman-Mitchell	WAD		174	167	161	174		676	Y
3		3 Tina Macenhill	RUNW	164	173	162	174	164		675	Y
4		4 Tracy Erridge	RUNW		168	160	167	167		662	Y
5		5 Sue Fry	EAST	199		195		196		590	Y
6		6 Fran Hamilton	HEDGE	130	141	133		140		544	Y
7		7 Mary Down	CROW		115	112	120	133		480	Y
8		8 Felicity Williams	HAIL	99	124	113	111	131		479	Y
9		9 Dionne Radloff	UCK		162	151	153			466	Y
10	NS	Sally Carr	CPA	142		152	145			439	N
11		10 Juliet Bradley	RUNW		157	138	133			428	Y
12		11 Louise Ellis	CROW	137	160		130			427	Y
13		12 Dee Poole	TRIT	108		84	108	118		418	Y
14		13 Sarah Smith	UCK	85	114	104	80			383	Y
15		14 Kerry Kipling	HEDGE	87	89		93	104		373	Y
16		15 Suzannah Taylor	HEAT	116	138		114			368	Y
17		16 Samantha Alvarez	SEAF	53	103	99		102		357	Y
18		17 Jojo Smith	CROW		111		101	124		336	Y
19		18 Yan Wu	LEW	120		124	91			335	Y
20	NS	Caroline Curtis	CPA				156	160		316	N
21		19 Sally Mason	RUNW	97	112	88				297	Y
22		20 Rachael Stephens	TRIT		79	96	70			245	Y
23		21 Lisa Herbert	CROW		104			103		207	Y
24		22 Swati Patel	CROW	89		109				198	Y

ESSLXC 2022/23 WOMEN AFTER 5 RACES

No of scoring races

4

Total is best 4 races

POS	E Sussex only	NAME	CLUB	R1	R2	R3	R4	R5	R6	TOT	ES Eligible
25	23	Teresa Mitchell	EAST	38	64			86		188	Y
26	24	Helen Sanderson	EAST		94	94				188	Y
27	25	Rachel Burgess	A80			181				181	Y
28 NS		Victoria Gibbs	CPA		108		63			171	N
29	26	Belinda Holme	MEAD					153		153	Y
30	27	Debra Richmond	UCK	70		80				150	Y
31	28	Ceri Cook	CROW					143		143	Y
32	29	Ros Thomson	HAIL	49		86				135	Y
33	30	Amanda Tondeur	BEX		117					117	Y
34	31	Juliet Fines	A80			116				116	Y
35	32	Emma Davey	EAST	39	66					105	Y
36	33	Rosalind Wilkins	RUNW			98				98	Y
37	34	Mandie Henderson	BEX	44			51			95	Y
38	35	Pam Matthews	BEX	43			50			93	Y
39	36	Fay Stevensova	POLE					90		90	Y
40 NS		Michaela McIllan	CPA		77					77	N
41	37	Clair Viney	TRIT				61			61	Y
42	38	Bethan Sutch	WAD	47						47	Y

ESSLXC 2022/23 WOMEN AFTER 5 RACES

No of scoring races

4

Total is best 4 races

POS	E Sussex only	NAME	CLUB	R1	R2	R3	R4	R5	R6	TOT	ES Eligible
25	23	Penelope Weyman	EAST	48	75					123	Y
26	24	Caroline Gearing	POLE	56			55			111	Y
27	25	Jo French	HR		96					96	Y
28	26	Annabelle Holford	EAST	25	68					93	Y
29	27	Lisa Murton	EAST	27	65					92	Y
30	28	Maureen Comben	WAD	77						77	Y
31	29	Debbie Mcdermott	TRIT	33			42			75	Y
32	30	Nicole Dyson	RUNW	66						66	Y
33	31	Jo Edwards	HR	64						64	Y
34	32	Rachel Sadler	UCK	46						46	Y
35	33	Jacky White	RUNW				43			43	Y
36	34	Lauren Ellis	SHUF	42						42	Y

ESSLXC 2022/23 WOMEN AFTER 5 RACES

No of scoring races

4

Total is best 4 races

POS	E Sussex only	NAME	CLUB	R1	R2	R3	R4	R5	R6	TOT	ES Eligible
		F60									
1		1 Sarah Morris	HEAT	190	193	185	187			755	Y
2		2 Jenny Hughes	A80	169	171	161	147	166		667	Y
3		3 Karin Divall	LEW	148	145	156	154	154		612	Y
4		4 Frances Burnham	BEX	139	164	142	137	147		592	Y
5		5 Sue Brumwell	A80	145		141	132	152		570	Y
6		6 Julie Tremlin	SHUF	104	126	119	109	139		493	Y
7		7 Julie Chicken	HAIL	107		121	115	135		478	Y
8		8 Hazel Bennington	LEW	101	118	115	89	116		450	Y
9		9 Ros Addison	BTNTRI	150		153	144			447	Y
10		10 Yvonne Patrick	A80	92		111	104	123		430	Y
11		11 Denise Jeffrey	WAD	103	98	105	78	113		419	Y
12		12 Beverly Sheridan	SEAF		102	114	82	107		405	Y
13		13 Peri Cheal	CROW		133		112	125		370	Y
14		14 Christine Tait	UCK		99	103	67	100		369	Y
15		15 Sarah Hilliard	CROW	73	95	93	65	93		354	Y
16		16 Fleur Blanford	HEAT		128	120	103			351	Y
17		17 Brigitte Groves	A80	68	88	100	66			322	Y
18		18 Ann Townsend	HEAT		81	101		95		277	Y
19		19 Carol Walters	LEW			159	118			277	Y
20		20 Gilly Nickols	HEAT	54	86	87	48			275	Y
21		21 Brigid Burnham	WAD	88			75	105		268	Y
22 NS		Ann Komzolik	CPA		87	82		88		257	N
23		22 Simone Button	HEDGE	52		83				135	Y
24		23 Kathleen Southall	UCK					132		132	Y

ESSLXC 2022/23 WOMEN AFTER 5 RACES

No of scoring races

4

Total is best 4 races

POS	E Sussex only	NAME	CLUB	R1	R2	R3	R4	R5	R6	TOT	ES Eligible
25	24	Anne Miners	A80	117						117	Y
26	25	Sharon Wheeler	CROW			91				91	Y
27	26	Nicole Cunningham	SHUF	34			44			78	Y
28	27	Anne Steinacher	SHUF	76						76	Y
29	28	Eleanor Wigram	WAD		74					74	Y
30	29	Carol Cousins	SHUF				54			54	Y
31	30	Angela Geoghegan	SHUF				53			53	Y
32	31	Chris Sage	BEX	30						30	Y

ESSLXC 2022/23 WOMEN AFTER 5 RACES

No of scoring races

4

Total is best 4 races

POS	E Sussex only	NAME	CLUB	R1	R2	R3	R4	R5	R6	TOT	ES Eligible
F65											
1		1 Judith Carder	HEDGE		154	140	128	157		579	Y
2		2 Mary Austin-Olsen	RUNW	115	132	118		134		499	Y
3		3 Trish Audis	HR	91	109	110		112		422	Y
4		4 Deborah Absalom	A80	74		92	71			237	Y
5		5 Ann Eke	HEDGE		69	79		85		233	Y
6		6 Sarah Cooper	UCK			71	41	82		194	Y
7		7 Susan Drake	EAST	75						75	Y
F70											
1		1 Sarah Marzaioli	HR	83	97	102	68	106		388	Y
2		2 Val Brockwell	HEDGE	69	92	97		101		359	Y
3		3 Sylvia Huggett	HR	78	93		60	96		327	Y
4		4 Yockie Richardson	HR	67	85	85	59			296	Y
5		5 Helen Neary	WAD	80	76			83		239	Y
6		6 Pam Hart	SHUF	29	63					92	Y
7		7 Beryl Stewart	UCK			72				72	Y