

ESSLXC PETT - 12 MARCH 2023 - SENIORS

Finishing position	Runner no	Time	Runner name	Club	Club Code	Team	Category	PTS	T CAT	T PTS
1	221	0:28:38	Ricky Coleman	Arena 80 Ac	A80	A80	SM	300	SM1	1
2	991	0:28:42	Sean Parker-Harding	Hastings AC	HAC	HR/HAC	SM	299	SM1	2
3	970	0:29:04	Paul Howard	Brighton and Hove Frontrunn	FRONTR	FRONTR	M40	298	M401	3
4	207	0:29:06	Graeme McIntosh	Wadhurst Runners	WAD	WAD	M40	297	M401	4
5	379	0:29:07	Peter Woodward	Crowborough Runners	CROW	CROW	M35	296	SM1	5
6	965	0:29:20	George Stewart	Lewes AC	LEW	LEW	SM	295	SM1	6
7	137	0:29:33	George Csantos	Team Bodyworks	BDY	EAST/BDY	M40	294	M401	7
8	415	0:29:40	Stuart Pelling	Eastbourne Rovers	EAST	EAST/BDY	M35	293	SM1	8
9	518	0:29:44	Will Withecombe	Hastings Runners	HR	HR/HAC	M35	292	SM2	9
10	373	0:29:47	Colin Tricker	Crowborough Runners	CROW	CROW	M40	291	M401	10
11	371	0:30:36	Dean Taylor	Crowborough Runners	CROW	CROW	M45	290	M402	11
12	469	0:31:36	Grace Baker	Hastings Ac	HAC	HR/HAC	SF	200	SF1	12
13	468	0:31:37	Tim Archer	Hastings Ac	HAC	HR/HAC	M35	289	SM3	13
14	979	0:31:40	Richard Pineles-West	Brighton and Hove Frontrunn	FRONTR	FRONTR	M35	288	SM1	14
15	109	0:31:53	Josh Nisbett	Seaford Striders	SEAF	PSS	SM	287	SM1	15
16	107	0:31:59	James Marron	Seaford Striders	SEAF	PSS	M50	286	M501	16
17	363	0:32:07	Jonathan Rafferty	Crowborough Runners	CROW	CROW	M45	285	M403	17
18	444	0:32:08	Rob Chrystie	Hailsham Harriers	HAIL	HAIL	M40	284	M401	18
19	259	0:32:10	Nigel Jewell	Bexhill Run Tri	BEX	BEX	M50	283	M501	19
20	202	0:32:12	Leigh Harris	Wadhurst Runners	WAD	WAD	M45	282	M402	20
21	526	0:32:17	Ian Bromley	Heathfield Road Runners	HEAT	HTH/UCK	M40	281	M401	21
22	389	0:32:24	Richard Davis	Eastbourne Rovers	EAST	EAST/BDY	M35	280	SM2	22
23	485	0:32:28	Darren Barzee	Hastings Runners	HR	HR/HAC	M55	279	M501	23
24	410	0:32:34	Alison Moore	Eastbourne Rovers	EAST	EAST/BDY	SF	199	SF1	24
25	360	0:32:58	Kirsty Mcdermott	Crowborough Runners	CROW	CROW	SF	198	SF1	25
26	305	0:33:00	Tony Durey	Central Park Athletics	CPA	CPA	M55	278	M501	26
27	984	0:33:02	Adam Osman	Hastings Ac	HAC	HR/HAC	M35	277	SM4	27
28	122	0:33:04	Jeff Young	Seaford Striders	SEAF	PSS	M50	276	M502	28
29	425	0:33:14	Ben Skinner	Eastbourne Rovers	EAST	EAST/BDY	SM	275	SM3	29
30	990	0:33:17	Adam Styles	Crowborough Runners	CROW	CROW	M50	274	M501	30
31	735	0:33:20	Teo Van Well	Arena 80 Ac	A80	A80	M40	273	M401	31
32	470	0:33:23	Chris Brandt	Hastings Ac	HAC	HR/HAC	M55	272	M502	32
33	483	0:33:24	Dave Turner	Hastings Ac	HAC	HR/HAC	M50	271	M503	33
34	337	0:33:25	Gordon Berry	Crowborough Runners	CROW	CROW	M45	270	SM2	34
35	101	0:33:32	Dave Dunstall	Seaford Striders	SEAF	PSS	M60	269	M601	35
36	656	0:33:52	David Wharton	Meads Runners	MEAD	MEAD	M50	268	M501	36
37	500	0:33:54	Paul Lambert	Hastings Runners	HR	HR/HAC	M35	267	NSM1	37
38	394	0:33:56	Sue Fry	Eastbourne Rovers	EAST	EAST/BDY	F50	197	F501	38
39	554	0:34:02	Guy Williams	Heathfield Road Runners	HEAT	HTH/UCK	M55	266	M501	39
40	981	0:34:06	Robyn Lumas	Brighton and Hove Frontrunn	FRONTR	FRONTR	SF	196	SF1	40
41	509	0:34:20	Andrew Shipilov	Hastings Runners	HR	HR/HAC	SM	265	NSM2	41
42	402	0:34:21	Steve Hutchison	Eastbourne Rovers	EAST	EAST/BDY	M45	264	M402	42
43	336	0:34:24	Russell Beckett	Crowborough Runners	CROW	CROW	M45	263	SM3	43
44	505	0:34:27	Martin Noakes	Hastings Runners	HR	HR/HAC	M55	262	M401	44
45	1000	0:34:40	Oliver Froom	Run Wednesdays	RUNW	RUNW	M40	261	M401	45
46	338	0:34:48	Steve Bolton	Crowborough Runners	CROW	CROW	M60	260	M601	46
47	89	0:34:49	Phil Wood	Run Wednesdays	RUNW	RUNW	M50	259	M501	47
48	957	0:35:08	Kevin Blowers	Hastings Runners	HR	HR/HAC	M60	258	M601	48
49	37	0:35:11	Lee Burns	Run Wednesdays	RUNW	RUNW	M35	257	SM1	49
50	875	0:35:29	Christopher price	Crowborough Runners	CROW	CROW	SM	256	SM4	50
51	357	0:35:32	Andrew Joad	Crowborough Runners	CROW	CROW	M55	255	M502	51
52	540	0:35:35	Sarah Morris	Heathfield Road Runners	HEAT	HTH/UCK	F60	195	F601	52
53	476	0:36:01	Jenna Levett	Hastings Ac	HAC	HR/HAC	F35	194	SF2	53
54	474	0:36:03	Laura Gill	Hastings Ac	HAC	HR/HAC	F35	193	NSF1	54
55	514	0:36:04	Claire Thomas	Hastings Runners	HR	HR/HAC	F35	192	NSF2	55
56	737	0:36:08	Caroline Wood	Arena 80 Ac	A80	A80	F55	191	F501	56
57	150	0:36:12	Ben Messer	Tri Tempo	TRIT	TRIT	M45	254	M401	57
58	171	0:36:25	Jamie Kingdon	Uckfield Runners	UCK	HTH/UCK	SM	253	SM1	58
59	992	0:36:27	Mark Storey	Hastings Runners	HR	HR/HAC	M50	252	M402	59
60	964	0:36:28	Ben Vallins	Central Park Athletics	CPA	CPA	M40	251	M401	60
61	393	0:36:39	Richard Fox	Eastbourne Rovers	EAST	EAST/BDY	M55	250	M501	61
62	372	0:36:42	Anna Tolmachova	Crowborough Runners	CROW	CROW	F35	190	SF2	62
63	422	0:36:45	Louise Ryan	Eastbourne Rovers	EAST	EAST/BDY	SF	189	SF2	63
64	86	0:36:46	Philip Visick	Run Wednesdays	RUNW	RUNW	M60	249	M601	64
65	141	0:36:47	Paul Guy	Team Bodyworks	BDY	EAST/BDY	M45	248	M403	65
66	403	0:36:50	Heather Jenner	Eastbourne Rovers	EAST	EAST/BDY	F35	188	NSF1	66
67	630	0:36:51	Sarah Eddie	Meads Runners	MEAD	MEAD	F35	187	SF1	67
68	210	0:36:55	David Salmons	Wadhurst Runners	WAD	WAD	M50	247	M501	68
69	452	0:36:56	Helen O'Sullivan	Hailsham Harriers	HAIL	HAIL	F45	186	F401	69
70	343	0:36:58	Bob Cook	Crowborough Runners	CROW	CROW	M50	246	M503	70
71	77	0:37:04	Shane Smith	Run Wednesdays	RUNW	RUNW	M35	245	SM2	71
72	978	0:37:12	Luke Regan	Eastbourne Rovers	EAST	EAST/BDY	M35	244	SM4	72
73	659	0:37:19	Gill Wheeler	Meads Runners	MEAD	MEAD	F45	185	F401	73
74	996	0:37:20	Jeremy Sankey	Bexhill Run Tri	BEX	BEX	M55	243	M502	74
75	424	0:37:21	Laura Seaman	Eastbourne Rovers	EAST	EAST/BDY	SF	184	NSF2	75
76	523	0:37:25	William Blanford	Heathfield Road Runners	HEAT	HTH/UCK	M60	242	M601	76
77	611	0:37:38	David Prince-Iles	Lewes Ac	LEW	LEW	M65	241	M601	77
78	79	0:37:42	Michaela Stringer	Run Wednesdays	RUNW	RUNW	F45	183	F401	78
79	105	0:37:43	Russell Hewlett	Seaford Striders	SEAF	PSS	M45	240	M401	79
80	974	0:37:44	Matthew Miller	Hastings Runners	HR	HR/HAC	M50	239	M403	80
81	159	0:37:52	Rodney Dempster	Uckfield Runners	UCK	HTH/UCK	M50	238	M502	81
82	407	0:37:59	Stephen Marsden	Eastbourne Rovers	EAST	EAST/BDY	M40	237	NSM1	82
83	188	0:37:59	Graham West	Uckfield Runners	UCK	HTH/UCK	M60	236	M602	83

ESSLXC PETT - 12 MARCH 2023 - SENIORS

84	254	0:38:04	Grant Docksey	Bexhill Run Tri	BEX	BEX	M55	235	M503	84
85	358	0:38:06	Tony Lavender	Crowborough Runners	CROW	CROW	M50	234	NSM1	85
86	191	0:38:07	Imogen Burman-Mitchell	Wadhurst Runners	WAD	WAD	F50	182	F501	86
87	980	0:38:16	James Harris	Brighton and Hove Frontrunn	FRONTR	FRONTR	SM	233	SM2	87
88	461	0:38:27	Matt Southam	Hailsham Harriers	HAIL	HAIL	SM	232	SM1	88
89	525	0:38:35	Anne Bromley	Heathfield Road Runners	HEAT	HTH/UCK	F40	181	F401	89
90	983	0:38:36	Mark O'Gara	Arena 80 AC	A80	A80	M50	231	M501	90
91	960	0:38:37	Richard Preece	Seaford Striders	SEAF	PSS	M55	230	M503	91
92	448	0:38:38	Chris Little	Hailsham Harriers	HAIL	HAIL	M40	229	M402	92
93	51	0:38:42	Danny Garbett	Run Wednesdays	RUNW	RUNW	M55	228	M502	93
94	787	0:38:48	Steve Burgess	Central Park Athletics	CPA	CPA	M45	227	M402	94
95	825	0:38:49	Darren Evans	Seaford Striders	SEAF	PSS	M55	226	M402	95
96	339	0:38:51	Ashley Box	Crowborough Runners	CROW	CROW	M50	225	NSM2	96
97	499	0:38:53	Andy Knight	Hastings Runners	HR	HR/HAC	M55	224	NSM3	97
98	595	0:39:02	Ian Hilder	Lewes Ac	LEW	LEW	M60	223	M602	98
99	248	0:39:08	Claire Burnham	Bexhill Run Tri	BEX	BEX	SF	180	SF1	99
100	369	0:39:09	Bryan Tapsell	Crowborough Runners	CROW	CROW	M65	222	M602	100
101	52	0:39:17	Richard Gardiner	Run Wednesdays	RUNW	RUNW	M40	221	M402	101
102	969	0:39:23	Damien Brewer	Brighton and Hove Frontrunn	FRONTR	FRONTR	M45	220	M402	102
103	174	0:39:27	Badrinath Mohandas	Uckfield Runners	UCK	HTH/UCK	M45	219	M402	103
104	397	0:39:28	Lee Hewson	Eastbourne Rovers	EAST	EAST/BDY	M35	218	NSM2	104
105	225	0:39:46	Jenny Hughes	Arena 80 AC	A80	A80	F60	179	F601	105
106	937	0:39:54	Jonathan Pickworth	Arena 80 AC	A80	A80	M55	217	M502	106
107	61	0:39:58	Tina Macenhill	Run Wednesdays	RUNW	RUNW	F50	178	F501	107
108	516	0:40:30	Martin Turner	Hastings Runners	HR	HR/HAC	M50	216	NSM4	108
109	941	0:40:32	Kevin Moulding	Run Wednesdays	RUNW	RUNW	M45	215	M403	109
110	197	0:40:35	Mark Currah	Wadhurst Runners	WAD	WAD	M60	214	M601	110
111	114	0:40:43	Ray Smith	Seaford Striders	SEAF	PSS	M50	213	M403	111
112	734	0:40:43	Mark Stephenson	Arena 80 Ac	A80	A80	M60	212	M601	112
113	715	0:40:45	Jim Rowe	Run Wednesdays	RUNW	RUNW	M55	211	M503	113
114	432	0:40:49	Mike Thompson	Eastbourne Rovers	EAST	EAST/BDY	M65	210	M601	114
115	295	0:40:55	Jamie Bushnell	Central Park Athletics	CPA	CPA	M35	209	SM1	115
116	958	0:40:59	Giles Clark	Wadhurst Runners	WAD	WAD	M60	208	M602	116
117	487	0:41:23	Piers Brunning	Hastings Runners	HR	HR/HAC	M60	207	M602	117
118	994	0:41:29	Fran Hamilton	Portslade Hedgehoppers	HEDGE	HEDGE	F50	177	F501	118
119	63	0:41:30	Adam Mansbridge	Run Wednesdays	RUNW	RUNW	M40	206	SM3	119
120	66	0:41:31	Allan Marshall	Run Wednesdays	RUNW	RUNW	M50	205	SM4	120
121	88	0:41:32	Fiona Williams	Run Wednesdays	RUNW	RUNW	SF	176	SF1	121
122	233	0:41:34	Bob Page	Arena 80 Ac	A80	A80	M60	204	M602	122
123	987	0:41:37	Stuart Bowden	-	NS	NS	M50	NS	NS	NS
124	249	0:42:03	Frances Burnham	Bexhill Run Tri	BEX	BEX	F60	175	F601	123
125	768	0:42:05	Mike Stokes	Bexhill Run Tri	BEX	BEX	M70	203	M601	124
126	997	0:42:37	Richard Cross	Hastings Runners	HR	HR/HAC	-	NS	NS	NS
127	370	0:42:48	Tania Taran	Crowborough Runners	CROW	CROW	SF	174	NSF1	125
128	355	0:42:51	Alexander Gusak	Crowborough Runners	CROW	CROW	M35	202	NSM3	126
129	55	0:42:53	Nicole Henze	Run Wednesdays	RUNW	RUNW	F45	173	F402	127
130	705	0:42:54	Charlie Hempstead	Arena 80 AC	A80	A80	M60	201	M503	128
131	350	0:42:56	Louise Ellis	Crowborough Runners	CROW	CROW	F50	172	F501	129
132	961	0:42:59	madeline Michie	Crowborough Runners	CROW	CROW	SF	171	NSF2	130
133	21	0:43:02	David Maskell	Portslade Hedgehoppers	HEDGE	HEDGE	M60	200	M601	131
134	58	0:43:11	Robert Kelleher	Run Wednesdays	RUNW	RUNW	M55	199	NSM1	132
135	445	0:43:25	Hannah Deubert-Chapman	Hailsham Harriers	HAIL	HAIL	SF	170	SF1	133
136	973	0:43:27	Paul Rackstraw	HY Runners	HYR	HYR	M60	198	M601	134
137	504	0:43:37	Jo Nevett	Hastings Runners	HR	HR/HAC	F45	169	F401	135
138	596	0:43:43	Bob Hughes	Lewes Ac	LEW	LEW	M70	197	M501	136
139	110	0:43:45	Stacey Pollard	Seaford Striders	SEAF	PSS	F35	168	SF1	137
140	489	0:43:47	Jane Coles	Hastings Runners	HR	HR/HAC	F55	167	F501	138
141	539	0:43:49	Jonathan Morris	Heathfield Road Runners	HEAT	HTH/UCK	M60	196	M503	139
142	212	0:43:49	Robert Weighell	Wadhurst Runners	WAD	WAD	M60	195	M502	140
143	988	0:43:58	Nick Pierce	Tunbridge Wells Harriers	NS	NS	M65	NS	NS	NS
144	41	0:43:59	Samantha Crompton	Run Wednesdays	RUNW	RUNW	F40	166	SF2	141
145	53	0:44:01	Evelyn Griffiths	Run Wednesdays	RUNW	RUNW	F55	165	F502	142
146	190	0:44:14	Peter Burfoot	Wadhurst Runners	WAD	WAD	M65	194	M503	143
147	584	0:44:19	Karin Divall	Lewes Ac	LEW	LEW	F60	164	F601	144
148	512	0:44:32	Ruth Spiller	Hastings Runners	HR	HR/HAC	F55	163	F502	145
149	121	0:44:38	Peter Weeks	Seaford Striders	SEAF	PSS	M70	193	M602	146
150	348	0:44:54	Mary Down	Crowborough Runners	CROW	CROW	F50	162	F502	147
151	443	0:44:59	Julie Chicken	Hailsham Harriers	HAIL	HAIL	F60	161	F601	148
152	71	0:45:29	Alan Morehen	Run Wednesdays	RUNW	RUNW	M50	192	NSM2	149
153	46	0:45:31	Nicola Degl'Innocenti	Run Wednesdays	RUNW	RUNW	F40	160	NSF1	150
154	968	0:45:36	Sarah Morris.	Run Wednesdays	RUNW	RUNW	F45	159	NSF2	151
155	90	0:45:41	Phillip Wright	Run Wednesdays	RUNW	RUNW	M45	191	NSM3	152
156	956	0:45:53	Julian Mills	Central Park Athletics	CPA	CPA	M60	190	M601	153
157	78	0:46:00	David Stringer	Run Wednesdays	RUNW	RUNW	M50	189	NSM4	154
158	170	0:46:08	Denise Kingdon	Uckfield Runners	UCK	HTH/UCK	SF	158	SF1	155
159	30	0:46:12	Mary Austin-Olsen	Run Wednesdays	RUNW	RUNW	F65	157	F601	156
160	146	0:46:26	Ian Foxall	Tri Tempo	TRIT	TRIT	M45	188	M402	157
161	486	0:46:31	David Bratby	Hastings Runners	HR	HR/HAC	M65	187	NSM5	158
162	365	0:46:32	Jojo Smith	Crowborough Runners	CROW	CROW	F50	156	F401	159
163	14	0:46:33	Richard Guest	Portslade Hedgehoppers	HEDGE	HEDGE	M55	186	M501	160
164	449	0:46:47	Victoria Little	Hailsham Harriers	HAIL	HAIL	F40	155	F402	161
165	135	0:47:08	Julie Tremlin	Seaford Shufflers	SHUF	PSS	F60	154	F601	162
166	985	0:47:14	Lucy Chatham	Hastings Ac	HAC	HR/HAC	SF	153	NSF3	163
167	451	0:47:15	Samantha Neame	Hailsham Harriers	HAIL	HAIL	F35	152	SF2	164
168	366	0:47:16	Graham Stevens	Crowborough Runners	CROW	CROW	M70	185	NSM4	165
169	546	0:47:17	Sharon Saunders	Heathfield Road Runners	HEAT	HTH/UCK	F55	151	F501	166

ESSLXC PETT - 12 MARCH 2023 - SENIORS

170	148	0:47:18	Anne-Marie Linton	Tri Tempo	TRIT	TRIT	F45	150	F401	167
171	545	0:47:19	Andrew Saunders	Heathfield Road Runners	HEAT	HTH/UCK	M55	184	M403	168
172	738	0:47:24	Felicity Williams	Hailsham Harriers	HAIL	HAIL	F50	149	F501	169
173	199	0:47:26	Sally Green	Wadhurst Runners	WAD	WAD	F35	148	SF1	170
174	200	0:47:27	Stuart Green	Wadhurst Runners	WAD	WAD	M40	183	M403	171
175	913	0:47:30	Ian King	Seafrost Shufflers	SHUF	PSS	M55	182	SM2	172
176	158	0:47:33	Paul Crawley	Uckfield Runners	UCK	HTH/UCK	M50	181	SM2	173
177	395	0:47:38	Connie Hannam	Eastbourne Rovers	EAST	EAST/BDY	SF	147	NSF3	174
178	40	0:47:59	Helen Chatterton	Run Wednesdays	RUNW	RUNW	F55	146	NSF3	175
179	484	0:48:04	Trish Audis	Hastings Runners	HR	HR/HAC	F65	145	F601	176
180	537	0:48:07	Graeme Heaton	Heathfield Road Runners	HEAT	HTH/UCK	M60	180	SM3	177
181	982	0:48:14	Richard Paine	Bexhill Run Tri	BEX	BEX	M45	179	M401	178
182	35	0:48:19	Colin Burbage	Run Wednesdays	RUNW	RUNW	M60	178	M602	179
183	660	0:48:22	Verity Wilde	Meads Runners	MEAD	MEAD	F35	144	SF2	180
184	623	0:48:23	Dale Anderton	Meads Runners	MEAD	MEAD	M50	177	M502	181
185	181	0:48:26	Sarah Smith	Uckfield Runners	UCK	HTH/UCK	F50	143	F502	182
186	151	0:48:40	Dee Poole	Tri Tempo	TRIT	TRIT	F50	142	F501	183
187	749	0:48:57	Graham Clark	Eastbourne Rovers	EAST	EAST/BDY	M65	176	M602	184
188	972	0:49:01	Benny Fiddimore	Wadhurst Runners	WAD	WAD	SM	175	SM1	185
189	413	0:49:02	Scott O'Rourke	Eastbourne Rovers	EAST	EAST/BDY	M45	174	NSM3	186
190	479	0:49:05	Gareth Purves	Hastings Ac	HAC	HR/HAC	M40	173	NSM6	187
191	663	0:49:15	Kevin Burton	Polegate Plidders	POLE	PSS	M65	172	SM3	188
192	966	0:49:20	Sue Newman	Crowborough Runners	CROW	CROW	F55	141	F402	189
193	333	0:49:21	Chris Ashby	Crowborough Runners	CROW	CROW	M55	171	NSM5	190
194	368	0:49:26	Roger Stone	Crowborough Runners	CROW	CROW	M65	170	NSM6	191
195	326	0:49:37	Lindsey Sanders	Central Park Athletics	CPA	CPA	F40	140	F401	192
196	575	0:49:43	Hazel Bennington	Lewes Ac	LEW	LEW	F60	139	F602	193
197	331	0:49:44	Alex Valentino	Central Park Athletics	CPA	CPA	M60	169	M602	194
198	214	0:49:54	Iain Willatt	Wadhurst Runners	WAD	WAD	M65	168	SM2	195
199	275	0:50:00	John Syddall	Bexhill Run Tri	BEX	BEX	M70	167	M602	196
200	522	0:50:03	Fleur Blanford	Heathfield Road Runners	HEAT	HTH/UCK	F60	138	F602	197
201	132	0:50:04	Jon Raper	Seafrost Shufflers	SHUF	PSS	M60	166	SM4	198
202	967	0:50:35	Harriet Thompson	Eastbourne Rovers	EAST	EAST/BDY	SF	137	NSF4	199
203	520	0:50:36	Brian Barley	Heathfield Road Runners	HEAT	HTH/UCK	M50	165	SM4	200
204	82	0:50:41	Richard Tickner	Run Wednesdays	RUNW	RUNW	M55	164	NSM5	201
205	503	0:50:43	Phil Morris	Hastings Runners	HR	HR/HAC	M55	163	NS	NS
206	430	0:50:46	Mark Stattersfield	Eastbourne Rovers	EAST	EAST/BDY	M45	162	NSM4	202
207	194	0:50:48	Peter Clark	Wadhurst Runners	WAD	WAD	M45	161	SM3	203
208	203	0:50:49	Alistair Howitt	Wadhurst Runners	WAD	WAD	M65	160	SM4	204
209	502	0:50:54	Sarah Marzaoli	Hastings Runners	HR	HR/HAC	F70	136	F602	205
210	550	0:50:55	Steve Thompssett	Heathfield Road Runners	HEAT	HTH/UCK	M50	159	NSM1	206
211	993	0:51:00	Gosia Pollard	Run Wednesdays	RUNW	RUNW	- NS	NS	NS	NS
212	865	0:51:04	lauren Murphy	Eastbourne Rovers	EAST	EAST/BDY	SF	135	NS	NS
213	113	0:51:28	Beverly Sheridan	Seaford Striders	SEAF	PSS	F60	134	F602	207
214	971	0:51:39	James Bunkin	Crowborough Runners	CROW	CROW	SM	158	NS	NS
215	1	0:51:51	Brian Winn	Polegate Plidders	POLE	PSS	M70	157	NSM1	208
216	93	0:51:51	Samantha Alvarez	Seaford Striders	SEAF	PSS	F50	133	F501	209
217	959	0:51:56	Eddie Winter	Arena 80 AC	A80	A80	M50	156	M402	210
218	535	0:52:12	Christopher Golding	Heathfield Road Runners	HEAT	HTH/UCK	M65	155	NSM2	211
219	989	0:52:14	Krista Barzee	Hastings Runners	HR	HR/HAC	F50	132	F402	212
220	215	0:52:17	Anthony Wilson	Wadhurst Runners	WAD	WAD	M70	154	NSM1	213
221	493	0:52:18	Sylvia Huggett	Hastings Runners	HR	HR/HAC	F70	131	NSF4	214
222	81	0:52:38	Helen Tickner	Run Wednesdays	RUNW	RUNW	F55	130	NSF4	215
223	346	0:52:40	Reuben Coppard	Crowborough Runners	CROW	CROW	SM	153	NS	NS
224	192	0:52:47	Brigid Burnham	Wadhurst Runners	WAD	WAD	F60	129	F601	216
225	667	0:52:48	Nikki Loats	Polegate Plidders	POLE	PSS	F45	128	F401	217
226	750	0:52:55	Nick Thompson	Hastings Runners	HR	HR/HAC	M45	152	NS	NS
227	204	0:52:58	Denise Jeffrey	Wadhurst Runners	WAD	WAD	F60	127	F602	218
228	253	0:53:07	Ellie Docksey	Bexhill Run Tri	BEX	BEX	SF	126	SF2	219
229	347	0:53:14	Ron Cutbill	Crowborough Runners	CROW	CROW	M65	151	NS	NS
230	356	0:54:03	Sarah Hilliard	Crowborough Runners	CROW	CROW	F60	125	F601	220
231	998	0:54:08	Stuart Mckenzie	Run Wednesdays	RUNW	RUNW	M35	150	NSM6	221
232	4	0:54:23	Val Brockwell	Portslade Hedgehoppers	HEDGE	HEDGE	F70	124	F601	222
233	131	0:54:26	Ian Pratt	Seafrost Shufflers	SHUF	PSS	M50	149	NSM2	223
234	977	0:54:45	Kelly Trebell	- NS	NS	NS	F45	NS	NS	NS
235	506	0:54:52	Yockie Richardson	Hastings Runners	HR	HR/HAC	F70	123	NS	NS
236	330	0:55:10	Peter Thomas	Central Park Athletics	CPA	CPA	M65	148	M502	224
237	551	0:56:41	Ann Townsend	Heathfield Road Runners	HEAT	HTH/UCK	F60	122	F402	225
238	507	0:57:19	Christine Sanderson	Hastings Runners	HR	HR/HAC	F70	121	NS	NS
239	87	0:57:36	Rosalind Wilkins	Run Wednesdays	RUNW	RUNW	F50	120	NS	NS
240	224	0:58:10	Brigitte Groves	Arena 80 Ac	A80	A80	F60	119	F602	226
241	255	0:58:15	John Gately	Bexhill Run Tri	BEX	BEX	M70	147	M402	227
242	955	0:58:16	Mike Lawlor	Central Park Athletics	CPA	CPA	M50	146	M503	228
243	400	0:58:19	Amy Hope	Eastbourne Rovers	EAST	EAST/BDY	F35	118	NS	NS
244	549	0:58:22	Nicky Thompssett	Heathfield Road Runners	HEAT	HTH/UCK	F45	117	SF2	229
245	490	0:58:27	Jo Edwards	Hastings Runners	HR	HR/HAC	F55	116	NS	NS
246	665	0:58:38	Caroline Gearing	Polegate Plidders	POLE	PSS	F55	115	F502	230
247	311	0:58:53	Ann Komzolik	Central Park Athletics	CPA	CPA	F60	114	F601	231
248	462	0:59:36	Ros Thomson	Hailsham Harriers	HAIL	HAIL	F50	113	F502	232
249	950	0:59:37	Richard Meyer	Seafrost Shufflers	SHUF	PSS	M40	145	NSM3	233
250	329	0:59:39	Eden Summers	Central Park Athletics	CPA	CPA	F55	112	F501	234
251	962	0:59:43	Christopher White	Hastings Runners	HR	HR/HAC	SM	144	NS	NS
252	541	1:00:56	Gilly Nickols	Heathfield Road Runners	HEAT	HTH/UCK	F60	111	NSF1	235
253	208	1:01:09	Helen Neary	Wadhurst Runners	WAD	WAD	F70	110	F502	236
254	64	1:03:19	Nicola Marsden	Run Wednesdays	RUNW	RUNW	SF	109	NS	NS
255	65	1:03:20	Tracey Marsden	Run Wednesdays	RUNW	RUNW	F55	108	NS	NS

ESSLXC PETT - 12 MARCH 2023 - SENIORS

256	953	1:03:34	Irene Kitson	Hastings Runners	HR	HR/HAC	F65	107	NS	NS
257	954	1:04:41	Sam Dissanayaka	Central Park Athletics	CPA	CPA	M55	143	M403	237
258	986	1:04:53	Maureen Comben	Wadhurst Runners	WAD	WAD	F55	106	F401	238
259	211	1:04:54	Wan Sze Walbridge	Wadhurst Runners	WAD	WAD	F45	105	F402	239
260	963	1:05:57	Andrew Turner		- NS	NS	M50	NS	NS	NS
261	91	1:09:36	Jamie Yates	Run Wednesdays	RUNW	RUNW	SM	142	NS	NS
262	995	1:09:37	Deborah Yates	Run Wednesdays	RUNW	RUNW		- NS	NS	NS
263	495	1:10:18	Julia James	Hastings Runners	HR	HR/HAC	F65	104	NS	NS
264	392	1:12:58	Alison Fox	Eastbourne Rovers	EAST	EAST/BDY	F55	103	F502	240
265	409	1:13:16	Teresa Mitchell	Eastbourne Rovers	EAST	EAST/BDY	F50	102	F401	241
266	975	1:22:16	Henry Worthington	Hastings Runners	HR	HR/HAC	M50	141	NS	NS
267	976	1:22:18	Bob Dennis	Hastings Runners	HR	HR/HAC	M70	140	NS	NS

DNF

No DNFs