

# ESSLXC WHITBREAD HOLLOW - 29 OCTOBER 2023 - SENIORS V2

Finishing position	Runner no	Time	Runner name	Club	Club Code	Team	Category	PTS	T CAT	T PTS
1	696	0:32:35	STEVE GATES	HY Runners	HYR	HYR	M35	300	SM1	1
2	746	0:32:56	BEN PEPLER	Lewes AC	LEW	LEW	SM	299	SM1	2
3	438	0:33:17	COLIN TRICKER	Crowborough Runners	CROW	CROW	M40	298	M401	3
4	576	0:33:21	JEFF PYRAH	Hastings AC	HAC	HR/HAC	M50	297	M501	4
5	573	0:33:34	SEAN PARKER-HARDING	Hastings AC	HAC	HR/HAC	SM	296	SM1	5
6	645	0:33:42	WILL WITHECOMBE	Hastings Runners	HR	HR/HAC	M35	295	SM2	6
7	353	0:33:44	JAKE GREENWOOD	Central Park Athletics	CPA	CPA	SM	294	SM1	7
8	856	0:33:55	Ben McCallion	HY Runners	HYR	HYR	SM	293	SM2	8
9	318	0:34:06	PAUL HOWARD	Brighton & Hove Frontrunner:	FRONTR	FRONTR	M40	292	M401	9
10	221	0:34:10	GRAEME MCINTOSH	Wadhurst Runners	WAD	WAD	M40	291	M401	10
11	846	0:34:11	Oliver Carey	HY Runners	HYR	HYR	SM	290	SM3	11
12	735	0:34:27	VESA LINDBERG	Lewes AC	LEW	LEW	M45	289	M401	12
13	125	0:34:31	OLLIE SPRAGUE	Seaford Striders	SEAF	PSST	SM	288	SM1	13
14	707	0:34:32	STUART PIPER	HY Runners	HYR	HYR	M35	287	SM4	14
15	831	0:34:39	Phillip Stevenson	Seaford Striders	SEAF	PSST	M35	286	SM2	15
16	111	0:34:49	JACK HUTCHINSON	Seaford Striders	SEAF	PSST	M35	285	SM3	16
17	759	0:34:58	ADAM VAUGHAN	Lewes AC	LEW	LEW	M40	284	M402	17
18	349	0:35:04	SAM DOWLER	Central Park Athletics	CPA	CPA	SM	283	SM2	18
19	183	0:35:11	JAMIE KEDDIE	Uckfield Runners	UCK	HTH/UCK	M40	282	M401	19
20	151	0:35:33	ALAN MARSH	Team Bodyworks	BDY	EAST/BDY	M40	281	M401	20
21	560	0:35:38	GRACE BAKER	Hastings AC	HAC	HR/HAC	SF	200	SF1	21
22	656	0:35:46	JAMES COX	Heathfield Road Runners	HEAT	HTH/UCK	M50	280	M501	22
23	558	0:35:59	DAN ANDERSON	Hastings AC	HAC	HR/HAC	M45	279	M401	23
24	442	0:36:06	PETER WOODWARD	Crowborough Runners	CROW	CROW	M40	278	M402	24
25	326	0:36:11	JACK UPTON	Brighton & Hove Frontrunner:	FRONTR	FRONTR	M40	277	M402	25
26	453	0:36:12	RICHARD DAVIS	Eastbourne Rovers	EAST	EAST/BDY	M40	276	M402	26
27	858	0:36:22	Richard Emerson	Brighton Tri Club	BTNTRI	BTNTRI	SM	275	SM1	27
28	476	0:36:39	STUART PELLING	Eastbourne Rovers	EAST	EAST/BDY	M35	274	SM1	28
29	324	0:36:45	RICHARD PINELES-WEST	Brighton & Hove Frontrunner:	FRONTR	FRONTR	M35	273	SM1	29
30	716	0:36:48	JONATHAN BURRELL	Lewes AC	LEW	LEW	M60	272	M601	30
31	860	0:36:50	Oily Blaydon	Heathfield Road Runners	HEAT	HTH/UCK	M45	271	M402	31
32	687	0:37:03	DAVID WOOLLARD	Heathfield Road Runners	HEAT	HTH/UCK	M40	270	M403	32
33	794	0:37:04	JAMES ROBERTS	Meads Runners	MEAD	MEAD	M40	269	M401	33
34	512	0:37:05	DAVID GARRATT	Hailsham Harriers	HAIL	HAIL	M35	268	SM1	34
35	494	0:37:09	CARL BARTON	Hailsham Harriers	HAIL	HAIL	M45	267	M401	35
36	284	0:37:34	NIGEL JEWELL	Bexhill Run Tri	BEX	BEX	M50	266	M501	36
37	712	0:37:36	COLIN BENNETT	Lewes AC	LEW	LEW	M55	265	M501	37
38	624	0:37:36	CLAIRE READ	Hastings Runners	HR	HR/HAC	SF	199	SF2	38
39	657	0:37:38	LEWIS DAVIES	Heathfield Road Runners	HEAT	HTH/UCK	SM	264	SM1	39
40	447	0:37:39	BRIAN BIRKMYRE	Eastbourne Rovers	EAST	EAST/BDY	M40	263	M403	40
41	337	0:37:41	ANGUS PETERS	Brighton Tri Club	BTNTRI	BTNTRI	SM	262	SM2	41
42	581	0:37:41	DAVE TURNER	Hastings AC	HAC	HR/HAC	M50	261	M502	42
43	612	0:37:44	PAUL LAMBERT	Hastings Runners	HR	HR/HAC	M35	260	SM3	43
44	869	0:37:55	ORLANDO BROOKE	RunWednesdays	RUNW	RUNW	M40	259	M401	44
45	436	0:37:55	DEAN TAYLOR	Crowborough Runners	CROW	CROW	M50	258	M501	45
46	104	0:37:56	MATT CLARE	Seaford Striders	SEAF	PSST	SM	257	SM4	46
47	859	0:38:16	Patrick McManus	Lewes AC	LEW	LEW	SM	256	SM2	47
48	854	0:38:17	Darryl Parker	Arena 80 AC	A80	A80	SM	255	SM1	48
49	417	0:38:21	KIRSTY MCDERMOTT	Crowborough Runners	CROW	CROW	F35	198	SF1	49
50	132	0:38:31	JEFF YOUNG	Seaford Striders	SEAF	PSST	M50	254	M501	50
51	556	0:38:32	GARY WOOLVEN	Hailsham Harriers	HAIL	HAIL	M45	253	M402	51
52	701	0:38:33	JONATHAN HATCH	HY Runners	HYR	HYR	M40	252	M401	52
53	390	0:38:37	JAMES BRYANT	Crowborough Runners	CROW	CROW	SM	251	SM1	53
54	212	0:38:41	LEIGH HARRIS	Wadhurst Runners	WAD	WAD	M45	250	M402	54
55	268	0:38:48	JIM WATSON	Arena 80 AC	A80	A80	M50	249	M501	55
56	481	0:38:50	LOUISE RYAN	Eastbourne Rovers	EAST	EAST/BDY	SF	197	SF1	56
57	107	0:38:51	DAVE DUNSTALL	Seaford Striders	SEAF	PSST	M60	248	M601	57
58	277	0:38:54	PAUL CURRIE	Bexhill Run Tri	BEX	BEX	M45	247	M401	58
59	350	0:38:56	TONY DUREY	Central Park Athletics	CPA	CPA	M60	246	M601	59
60	564	0:39:00	SIMON FIDDLER	Hastings AC	HAC	HR/HAC	M50	245	M503	60
61	433	0:39:09	ADAM STYLES	Crowborough Runners	CROW	CROW	M50	244	M502	61
62	621	0:39:10	MARTIN NOAKES	Hastings Runners	HR	HR/HAC	M60	243	M601	62
63	705	0:39:11	JOSEPH O'GORMAN	HY Runners	HYR	HYR	M40	242	M402	63
64	246	0:39:12	DANIEL CLARK	Arena 80 AC	A80	A80	M45	241	M401	64
65	497	0:39:21	TOM BILTON	Hailsham Harriers	HAIL	HAIL	SM	240	SM2	65
66	617	0:39:24	BEN MCNEILL	Hastings Runners	HR	HR/HAC	SM	239	SM4	66
67	586	0:39:25	CHRIS BRANDT	Hastings Runners	HR	HR/HAC	M55	238	M402	67
68	584	0:39:26	DARREN BARZEE	Hastings Runners	HR	HR/HAC	M55	237	M403	68
69	493	0:39:27	PHIL WOOD	Eastbourne Rovers	EAST	EAST/BDY	M50	236	M501	69
70	843	0:39:31	Damien Mills	-	NS	NS	M35	NS	NS	NS
71	464	0:39:33	STEVE HUTCHISON	Eastbourne Rovers	EAST	EAST/BDY	M50	235	M502	70
72	105	0:39:39	SIMON COPPARD	Seaford Striders	SEAF	PSST	M50	234	M502	71
73	466	0:39:43	JURIY KORCHEV	Eastbourne Rovers	EAST	EAST/BDY	M40	233	SM2	72
74	255	0:39:45	JAMIE HINKS	Arena 80 AC	A80	A80	M35	232	SM2	73
75	150	0:39:47	ROBERT LIGHT	Team Bodyworks	BDY	EAST/BDY	M50	231	M503	74
76	686	0:39:49	GUY WILLIAMS	Heathfield Road Runners	HEAT	HTH/UCK	M55	230	M502	75
77	109	0:39:54	NICK FARLEY	Seaford Striders	SEAF	PSST	M40	229	M401	76
78	802	0:40:00	DAVID WHARTON	Meads Runners	MEAD	MEAD	M50	228	M501	77
79	70	0:40:01	RORY MCINTYRE	RunWednesdays	RUNW	RUNW	M50	227	M501	78
80	861	0:40:03	Ollie Goodhew	-	NS	NS	SM	NS	NS	NS
81	483	0:40:06	BEN SKINNER	Eastbourne Rovers	EAST	EAST/BDY	SM	226	SM3	79
82	427	0:40:08	CHRIS RUSSELL	Crowborough Runners	CROW	CROW	M60	225	M601	80
83	251	0:40:08	JURGEN FORSTER	Arena 80 AC	A80	A80	SM	224	SM3	81

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84	388	0:40:10	STEVE BOLTON	Crowborough Runners	CROW	CROW	M60		223	M602		82
85	765	0:40:11	DALE ANDERTON	Meads Runners	MEAD	MEAD	M50		222	M502		83
86	855	0:40:12	Richard Sansom		- NS	NS	M50	NS	NS	NS		
87	321	0:40:14	ROBYN LUMAS	Brighton & Hove Frontrunner:	FRONTR	FRONTR	SF		196	SF1		84
88	555	0:40:17	GRAHAM WOOLLEY	Hailsham Harriers	HAIL	HAIL	M40		221	M403		85
89	47	0:40:25	JOHANNA DOWLE	RunWednesdays	RUNW	RUNW	F45		195	F401		86
90	565	0:40:30	LAURA GILL	Hastings AC	HAC	HR/HAC	F40		194	F401		87
91	814	0:40:31	MATTHEW GRINDROD	Polegate Plodders	POLE	PSST	SM		220	NSM1		88
92	344	0:40:32	JAMES CARNEY	Central Park Athletics	CPA	CPA	M50		219	M501		89
93	863	0:40:34	Elliot Beesley	Run Wednesdays	NS	NS	SM	NS	NS	NS		
94	89	0:40:35	RICHARD VERCOE	RunWednesdays	RUNW	RUNW	M40		218	M402		90
95	650	0:40:38	GUY BLACKDEN	Heathfield Road Runners	HEAT	HTH/UCK	M50		217	M503		91
96	827	0:40:43	Barry Blackwell	Lewes AC	LEW	LEW	M55		216	M502		92
97	823	0:40:48	IAN WESTON	Polegate Plodders	POLE	PSST	M55		215	M503		93
98	115	0:40:49	ERICA MARTIN	Seaford Striders	SEAF	PSST	F40		193	F401		94
99	719	0:40:56	ROBERT COOPER	Lewes AC	LEW	LEW	M45		214	M403		95
100	870	0:41:05	Paul McCleery	Hastings AC	HAC	HR/HAC	M50		213	NSM1		96
101	595	0:41:06	SAM DAVIES	Hastings Runners	HR	HR/HAC	M40		212	NSM2		97
102	174	0:41:07	RODNEY DEMPSTER	Uckfield Runners	UCK	HTH/UCK	M55		211	SM2		98
103	472	0:41:12	BEN MESSER	Eastbourne Rovers	EAST	EAST/BDY	M45		210	SM4		99
104	778	0:41:16	MARK FERRIS	Meads Runners	MEAD	MEAD	M40		209	M402		100
105	245	0:41:24	ANDY CLARK	Arena 80 AC	A80	A80	M50		208	M502		101
106	635	0:41:25	CLAIRE THOMAS	Hastings Runners	HR	HR/HAC	F35		192	NSF1		102
107	272	0:41:30	JAMES ALLEN	Bexhill Run Tri	BEX	BEX	M40		207	M402		103
108	287	0:41:32	DAN MARSHMAN	Bexhill Run Tri	BEX	BEX	M45		206	M403		104
109	340	0:41:36	ELIZABETH BROOKES	Central Park Athletics	CPA	CPA	F40		191	F401		105
110	371	0:41:38	CHRIS REID	Central Park Athletics	CPA	CPA	M35		205	SM3		106
111	569	0:41:40	JENNA LEVETT	Hastings AC	HAC	HR/HAC	F35		190	NSF2		107
112	482	0:41:44	LAURA SEAMAN	Eastbourne Rovers	EAST	EAST/BDY	SF		189	SF2		108
113	500	0:41:50	LOS BURRETT	Hailsham Harriers	HAIL	HAIL	M40		204	SM3		109
114	55	0:41:53	JAMES GRIFFITHS	RunWednesdays	RUNW	RUNW	M50		203	M502		110
115	419	0:41:58	MADDIE MICHIE	Crowborough Runners	CROW	CROW	SF		188	SF2		111
116	808	0:42:00	LIAM BROOKS	Polegate Plodders	POLE	PSST	M40		202	M402		112
117	832	0:42:07	Francisco Gassin	Arena 80 AC	A80	A80	SM		201	SM4		113
118	242	0:42:12	SAM BRETHERTON	Arena 80 AC	A80	A80	SM		200	NSM1		114
119	754	0:42:14	MARK STAINTHORPE	Lewes AC	LEW	LEW	M50		199	M503		115
120	744	0:42:15	DOMINIC OSMAN-ALLU	Lewes AC	LEW	LEW	M55		198	SM3		116
121	90	0:42:16	PHILIP VISICK	RunWednesdays	RUNW	RUNW	M60		197	M601		117
122	609	0:42:20	NEIL JEFFRIES	Hastings Runners	HR	HR/HAC	M60		196	M602		118
123	335	0:42:24	SCOTT MUIR	Brighton Tri Club	BTNTRI	BTNTRI	M55		195	M501		119
124	689	0:42:29	DANNY BLACKMAN	HY Runners	HYR	HYR	M45		194	M403		120
125	426	0:42:31	SHAY ROSENTHAL	Crowborough Runners	CROW	CROW	SM		193	SM2		121
126	247	0:42:32	SIMON CLARK	Arena 80 AC	A80	A80	M55		192	M503		122
127	540	0:42:33	GRAHAM PURDYE	Hailsham Harriers	HAIL	HAIL	M65		191	M601		123
128	411	0:42:36	ANDREW JOAD	Crowborough Runners	CROW	CROW	M55		190	M503		124
129	753	0:42:37	HELEN SIDA	Lewes AC	LEW	LEW	F55		187	F501		125
130	862	0:42:40	Harvey Strudwick		- NS	NS	SM	NS	NS	NS		
131	316	0:42:41	MARC GUMBRELL	Brighton & Hove Frontrunner:	FRONTR	FRONTR	M35		189	SM2		126
132	480	0:42:42	MARCO ROYES	Eastbourne Rovers	EAST	EAST/BDY	SM		188	NSM1		127
133	600	0:42:42	GRAEME GRASS	Hastings Runners	HR	HR/HAC	M55		187	NSM3		128
134	164	0:42:45	KATY PARTINGTON	Tri Tempo	TRIT	PSST	SF		186	SF1		129
135	698	0:42:48	MATTHEW HARMER	HY Runners	HYR	HYR	M35		186	NSM1		130
136	477	0:42:48	LUKE REGAN	Eastbourne Rovers	EAST	EAST/BDY	M35		185	NSM2		131
137	338	0:42:49	LAURA ULANOWSKI	Brighton Tri Club	BTNTRI	BTNTRI	SF		185	SF1		132
138	674	0:42:53	SARAH MORRIS (HRR)	Heathfield Road Runners	HEAT	HTH/UCK	F60		184	F601		133
139	824	0:42:57	Amelia Culshaw	Brighton PHEONIX	NS	NS	F50	NS	NS	NS		
140	828	0:43:03	Phil Grabsky	Lewes AC	LEW	LEW	M60		184	M602		134
141	188	0:43:06	BADRINATH MOHANDAS	Uckfield Runners	UCK	HTH/UCK	M45		183	SM3		135
142	400	0:43:07	ZACH DRAKE	Crowborough Runners	CROW	CROW	M40		182	M403		136
143	169	0:43:09	CHARLIE BRAMLBY	Uckfield Runners	UCK	HTH/UCK	M55		181	SM4		137
144	296	0:43:10	JEREMY SANKEY	Bexhill Run Tri	BEX	BEX	M60		180	M601		138
145	495	0:43:10	MARK BASSETT	Hailsham Harriers	HAIL	HAIL	M50		179	M501		139
146	840	0:43:12	James Durling		- NS	NS	M45	NS	NS	NS		
147	520	0:43:13	JENNY KATSONI	Hailsham Harriers	HAIL	HAIL	F35		183	SF1		140
148	743	0:43:14	SALLY NORRIS	Lewes AC	LEW	LEW	F40		182	F401		141
149	804	0:43:15	RUSSELL WHEATLEY	Meads Runners	MEAD	MEAD	M55		178	M503		142
150	457	0:43:15	RICHARD FOX	Eastbourne Rovers	EAST	EAST/BDY	M55		177	NSM3		143
151	619	0:43:16	MATTHEW MILLER	Hastings Runners	HR	HR/HAC	M55		176	NSM4		144
152	670	0:43:18	TONY LAVENDER	Heathfield Road Runners	HEAT	HTH/UCK	M50		175	NSM1		145
153	383	0:43:19	ROISIN ARCHER	Crowborough Runners	CROW	CROW	F40		181	F401		146
154	533	0:43:20	HELEN O'SULLIVAN	Hailsham Harriers	HAIL	HAIL	F45		180	F401		147
155	796	0:43:23	CARL STANGER	Meads Runners	MEAD	MEAD	M50		174	M403		148
156	551	0:43:24	ROBIN WARWICK	Hailsham Harriers	HAIL	HAIL	M45		173	SM4		149
157	678	0:43:26	MARIA SMITH	Heathfield Road Runners	HEAT	HTH/UCK	F45		179	F401		150
158	341	0:43:26	STEPHEN BURGESS	Central Park Athletics	CPA	CPA	M50		172	M502		151
159	112	0:43:27	RALPH JENNINGS	Seaford Striders	SEAF	PSST	M55		171	M403		152
160	118	0:43:27	RICHARD PREECE	Seaford Striders	SEAF	PSST	M55		170	NSM2		153
161	545	0:43:29	DAN SHIPTON	Hailsham Harriers	HAIL	HAIL	M45		169	NSM1		154
162	724	0:43:34	AMY DUNN	Lewes AC	LEW	LEW	SF		178	SF1		155
163	526	0:43:35	CHARLIE LONG	Hailsham Harriers	HAIL	HAIL	F40		177	F402		156
164	550	0:43:36	SAM UNWIN	Hailsham Harriers	HAIL	HAIL	SM		168	NSM2		157
165	585	0:43:40	KEVIN BLOWERS	Hastings Runners	HR	HR/HAC	M60		167	NSM5		158
166	845	0:43:47	Chris Doyle	Brighton Tri Club	BTNTRI	BTNTRI	M50		166	M502		159
167	206	0:43:49	CLIVE DE VULDER	Wadhurst Runners	WAD	WAD	M55		165	M501		160
168	437	0:43:56	ANNA TOLMACHOVA	Crowborough Runners	CROW	CROW	F35		176	NSF1		161
169	580	0:43:57	PERRY STOCK	Hastings AC	HAC	HR/HAC	M45		164	NSM6		162

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170	478	0:43:59	STEVEN RIGGS	Eastbourne Rovers	EAST	EAST/BDY	SM	163	NSM4	163
171	529	0:44:01	ANDREW MOORE	Hailsham Harriers	HAIL	HAIL	M55	162	M502	164
172	640	0:44:06	MARTIN TURNER	Hastings Runners	HR	HR/HAC	M50	161	NS	NS
173	323	0:44:07	HOLLY O'FLANAGAN	Brighton & Hove Frontrunner:	FRONTR	FRONTR	SF	175	SF2	165
174	317	0:44:08	JAMES HARRIS	Brighton & Hove Frontrunner:	FRONTR	FRONTR	SM	160	SM3	166
175	424	0:44:09	JONATHAN RAFFERTY	Crowborough Runners	CROW	CROW	M45	159	SM3	167
176	660	0:44:11	EDWARD DIPLOCK	Heathfield Road Runners	HEAT	HTH/UCK	M50	158	NSM2	168
177	688	0:44:12	RICHARD BENN	HY Runners	HYR	HYR	M50	157	M501	169
178	332	0:44:15	KEVIN HANCOCK	Brighton Tri Club	BTNTRI	BTNTRI	M60	156	M601	170
179	730	0:44:21	MATTHEW HOMEWOOD	Lewes AC	LEW	LEW	M50	155	SM4	171
180	444	0:44:21	LYDIA ALLITT	Eastbourne Rovers	EAST	EAST/BDY	F45	174	F401	172
181	470	0:44:26	STEPHEN MARSDEN	Eastbourne Rovers	EAST	EAST/BDY	M40	154	NSM5	173
182	864	0:44:28	Tom Evan	Hailsham Harriers	HAIL	HAIL	M35	153	NSM3	174
183	546	0:44:30	CHRIS SHOULT	Hailsham Harriers	HAIL	HAIL	M40	152	NSM4	175
184	633	0:44:34	MARK STOREY	Hastings Runners	HR	HR/HAC	M55	151	NS	NS
185	110	0:44:36	RUSSELL HEWLETT	Seaford Striders	SEAF	PSST	M50	150	NSM3	176
186	124	0:44:41	RAY SMITH	Seaford Striders	SEAF	PSST	M50	149	NSM4	177
187	314	0:44:45	DAVE FARR	Brighton & Hove Frontrunner:	FRONTR	FRONTR	M45	148	M403	178
188	563	0:44:46	ROB FERGUSON	Hastings AC	HAC	HR/HAC	M50	147	NS	NS
189	610	0:44:47	JAMIE KENNEDY	Hastings Runners	HR	HR/HAC	M40	146	NS	NS
190	451	0:44:49	NEIL DAVIDSON	Eastbourne Rovers	EAST	EAST/BDY	M45	145	NSM6	179
191	259	0:44:51	MICHAEL MILLER	Arena 80 AC	A80	A80	M65	144	M601	180
192	227	0:44:53	ANNABEL PRESTON	Wadhurst Runners	WAD	WAD	F50	173	F501	181
193	278	0:45:03	GRANT DOCKSEY	Bexhill Run Tri	BEX	BEX	M55	143	M502	182
194	538	0:45:05	TOM PRICE	Hailsham Harriers	HAIL	HAIL	M35	142	NSM5	183
195	773	0:45:09	NICKY DEACY	Meads Runners	MEAD	MEAD	F45	172	F401	184
196	503	0:45:11	DON CURRIE	Hailsham Harriers	HAIL	HAIL	M55	141	M503	185
197	452	0:45:13	MARINA DAVIES	Eastbourne Rovers	EAST	EAST/BDY	F50	171	F501	186
198	541	0:45:18	KATY REED	Hailsham Harriers	HAIL	HAIL	F35	170	SF2	187
199	822	0:45:24	MARK WARDLE	Polegate Plodders	POLE	PSST	M60	140	M602	188
200	154	0:45:27	CHRIS ROBERTS	Team Bodyworks	BDY	EAST/BDY	M55	139	NS	NS
201	198	0:45:30	IMOGEN BURMAN-MITCHE	Wadhurst Runners	WAD	WAD	F50	169	F502	189
202	77	0:45:32	JIM ROWE	RunWednesdays	RUNW	RUNW	M55	138	M503	190
203	725	0:45:33	DAVID FOSTER	Lewes AC	LEW	LEW	M60	137	NSM1	191
204	738	0:45:36	KATHERINE MCCORRY	Lewes AC	LEW	LEW	F40	168	F402	192
205	389	0:45:40	ASHLEY BOX	Crowborough Runners	CROW	CROW	M50	136	SM4	193
206	490	0:45:47	MIKE THOMPSON	Eastbourne Rovers	EAST	EAST/BDY	M65	135	M601	194
207	320	0:45:48	COLIN KEAST	Brighton & Hove Frontrunner:	FRONTR	FRONTR	SM	134	SM4	195
208	866	0:45:49	Emily Russell	Lewes AC	LEW	LEW	F40	167	SF2	196
209	805	0:45:53	GILL WHEELER	Meads Runners	MEAD	MEAD	F50	166	F501	197
210	108	0:45:54	DARREN EVANS	Seaford Striders	SEAF	PSST	M55	133	NSM5	198
211	867	0:45:57	LAURENCE SAVA	Portslade Hedgehoppers	HEDGE	HEDGE	M65	132	M601	199
212	732	0:45:59	PETER KENNEDY	Lewes AC	LEW	LEW	M70	131	NSM2	200
213	446	0:46:00	NICKY BIGNELL	Eastbourne Rovers	EAST	EAST/BDY	SF	165	NSF1	201
214	309	0:46:01	JAMES BLURING	Brighton & Hove Frontrunner:	FRONTR	FRONTR	M40	130	NSM1	202
215	181	0:46:02	TARA JOHNSON	Uckfield Runners	UCK	HTH/UCK	F45	164	F402	203
216	194	0:46:03	GRAHAM WEST	Uckfield Runners	UCK	HTH/UCK	M60	129	M601	204
217	158	0:46:04	DARREN BRODERICK	Tri Tempo	TRIT	PSST	M55	128	NSM6	205
218	315	0:46:05	POPPY GOOCH	Brighton & Hove Frontrunner:	FRONTR	FRONTR	SF	163	NSF1	206
219	231	0:46:11	NEIL THOMAS	Wadhurst Runners	WAD	WAD	M65	127	M601	207
220	148	0:46:15	NICHOLAS KING	Team Bodyworks	BDY	EAST/BDY	M40	126	NS	NS
221	422	0:46:17	JANIE PERRY	Crowborough Runners	CROW	CROW	F50	162	F501	208
222	748	0:46:24	EMMA ROLLINGS	Lewes AC	LEW	LEW	F40	161	NSF1	209
223	256	0:46:33	Laura Howley	Arena 80 AC	A80	A80	SF	160	SF1	210
224	708	0:46:34	RACHEL WIGMORE	HY Runners	HYR	HYR	F40	159	F401	211
225	52	0:46:40	RICHARD GARDINER	RunWednesdays	RUNW	RUNW	M45	125	M403	212
226	733	0:46:41	ELLIE KING	Lewes AC	LEW	LEW	F40	158	NSF2	213
227	261	0:46:43	CHRIS NAYLOR	Arena 80 AC	A80	A80	F65	157	F601	214
228	147	0:46:45	WILL JOHNSTON	Team Bodyworks	BDY	EAST/BDY	M50	124	NS	NS
229	834	0:46:47	Helen Bowman	Lewes AC	LEW	LEW	F55	156	F502	215
230	611	0:46:48	ANDY KNIGHT	Hastings Runners	HR	HR/HAC	M60	123	NS	NS
231	128	0:46:50	JEMMA VILE	Seaford Striders	SEAF	PSST	F35	155	SF2	216
232	780	0:46:53	BOB GEARING	Meads Runners	MEAD	MEAD	M55	122	SM1	217
233	614	0:46:53	AMANDA LINK	Hastings Runners	HR	HR/HAC	F50	154	F501	218
234	257	0:46:55	JENNY HUGHES	Arena 80 AC	A80	A80	F60	153	F602	219
235	510	0:46:56	TRACY ERRIDGE	Hailsham Harriers	HAIL	HAIL	F50	152	F501	220
236	829	0:46:59	Kevin Lowe	Arena 80 AC	A80	A80	M65	121	M602	221
237	795	0:47:04	RHIANNE SARNA	Meads Runners	MEAD	MEAD	F40	151	F402	222
238	710	0:47:07	MARK WILSON	HY Runners	HYR	HYR	M40	120	NSM2	223
239	36	0:47:14	MARTIN BROUGHTON	RunWednesdays	RUNW	RUNW	M45	119	SM1	224
240	833	0:47:19	Gabriel Lau	Brighton Tri Club	BTNTRI	BTNTRI	M45	118	M401	225
241	157	0:47:23	FRANK BRENNAN	Tri Tempo	TRIT	PSST	M70	117	NS	NS
242	333	0:47:25	JAQUELINE HUNT	Brighton Tri Club	BTNTRI	BTNTRI	F45	150	F401	226
243	489	0:47:41	HARRIET THOMPSON	Eastbourne Rovers	EAST	EAST/BDY	SF	149	NSF2	227
244	852	0:47:42	Lewis Stevens	-	NS	NS	SM	NS	NS	NS
245	431	0:47:45	HEATHER STEVENS	Crowborough Runners	CROW	CROW	F35	148	NSF2	228
246	343	0:47:51	JAMIE BUSHNELL	Central Park Athletics	CPA	CPA	M35	116	SM4	229
247	578	0:47:53	MARY SANDERSON	Hastings AC	HAC	HR/HAC	F55	147	F502	230
248	306	0:47:58	PAUL ZIPPERLEN	Bexhill Run Tri	BEX	BEX	M50	115	M503	231
249	836	0:47:59	Paul Charlton	Polegate Plodders	POLE	PSST	M60	114	NS	NS
250	434	0:48:01	CLAIRE STYLES	Crowborough Runners	CROW	CROW	F50	146	F502	232
251	153	0:48:03	NICKY PYSDEN	Team Bodyworks	BDY	EAST/BDY	F35	145	NSF3	233
252	768	0:48:05	JOHANNA BORDASS	Meads Runners	MEAD	MEAD	F50	144	F502	234
253	825	0:48:10	Balentina Avella	Brighton PHEONIX	NS	NS	F40	NS	NS	NS
254	731	0:48:12	BOB HUGHES	Lewes AC	LEW	LEW	M70	113	NSM3	235
255	544	0:48:17	ANDREW RUFFELL	Hailsham Harriers	HAIL	HAIL	M50	112	NSM6	236

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256	286	0:48:24	ALI MARSHMAN	Bexhill Run Tri	BEX	BEX	M50	111	SM1	237
257	777	0:48:34	BENITA ESTEVEZ	Meads Runners	MEAD	MEAD	F45	143	SF1	238
258	766	0:48:35	BARRY ANDREWS	Meads Runners	MEAD	MEAD	M50	110	SM2	239
259	401	0:48:36	MAX EAGER	Crowborough Runners	CROW	CROW	M55	109	NSM1	240
260	593	0:48:37	JANE COLES	Hastings Runners	HR	HR/HAC	F55	142	F402	241
261	258	0:48:40	SPENCER KNAGGS	Arena 80 AC	A80	A80	M45	108	M402	242
262	180	0:48:41	LIZZIE HILLIER	Uckfield Runners	UCK	HTH/UCK	F40	141	SF1	243
263	435	0:48:48	BRYAN TAPSELL	Crowborough Runners	CROW	CROW	M65	107	NSM2	244
264	329	0:48:55	ROS ADDISON	Brighton Tri Club	BTNTRI	BTNTRI	F60	140	F601	245
265	810	0:48:57	PETER COOK	Polegate Plodders	POLE	PSST	M60	106	NS	NS
266	301	0:48:59	GEOFF TONDEUR	Bexhill Run Tri	BEX	BEX	M55	105	SM2	246
267	820	0:49:10	MICHELLE POPE	Polegate Plodders	POLE	PSST	F40	139	F402	247
268	484	0:49:22	BRIAN SLAUGHTER	Eastbourne Rovers	EAST	EAST/BDY	M65	104	M602	248
269	653	0:49:24	RICHARD BLOTT	Heathfield Road Runners	HEAT	HTH/UCK	M50	103	NSM3	249
270	408	0:49:26	JANE HEASMAN	Crowborough Runners	CROW	CROW	F45	138	F402	250
271	262	0:49:27	BOB PAGE	Arena 80 AC	A80	A80	M65	102	M403	251
272	811	0:49:35	CHRIS FINDLAY-GEER	Polegate Plodders	POLE	PSST	M45	101	NS	NS
273	702	0:49:37	MELANIE IRWIN	HY Runners	HYR	HYR	F55	137	F501	252
274	249	0:49:39	JULIE DRAKE	Arena 80 AC	A80	A80	F50	136	F501	253
275	723	0:49:45	GERARD DUMMETT	Lewes AC	LEW	LEW	M65	100	NSM4	254
276	515	0:49:50	CONNIE GRIFFIN	Hailsham Harriers	HAIL	HAIL	F35	135	NSF1	255
277	542	0:49:51	NADINE REYNOLDS	Hailsham Harriers	HAIL	HAIL	F40	134	NSF2	256
278	136	0:49:51	IAN KING	Seafront Shufflers	SHUF	PSST	M55	99	NS	NS
279	133	0:49:52	HAZEL AKEHURST	Seafront Shufflers	SHUF	PSST	F40	133	NSF1	257
280	143	0:49:53	RUSSELL AITKENHEAD	Team Bodyworks	BDY	EAST/BDY	M55	98	NS	NS
281	839	0:49:56	Kevin Izzard		- NS	NS	M60	NS	NS	NS
282	57	0:49:59	NICOLE HENZE	RunWednesdays	RUNW	RUNW	F50	132	F501	258
283	475	0:50:05	BEN PAWLEY	Eastbourne Rovers	EAST	EAST/BDY	M40	97	NS	NS
284	847	0:50:05	Vicky Morris		- NS	NS	SF	NS	NS	NS
285	40	0:50:07	SARAH CASE	RunWednesdays	RUNW	RUNW	F50	131	F502	259
286	783	0:50:10	CAROLINE HOLLANDS	Meads Runners	MEAD	MEAD	F40	130	SF2	260
287	695	0:50:14	LEANNE GAMMON	HY Runners	HYR	HYR	F40	129	F402	261
288	857	0:50:20	Emma Marshall		- NS	NS	F35	NS	NS	NS
289	140	0:50:23	IAN PRATT	Seafront Shufflers	SHUF	PSST	M55	96	NS	NS
290	243	0:50:25	SUE BRUMWELL	Arena 80 AC	A80	A80	F60	128	F502	262
291	727	0:50:32	RUBY HALL	Lewes AC	LEW	LEW	SF	127	NSF3	263
292	747	0:50:36	ANDY PERRIS	Lewes AC	LEW	LEW	M55	95	NSM5	264
293	142	0:50:42	JULIE TREMLIN	Seafront Shufflers	SHUF	PSST	F60	126	F601	265
294	706	0:50:48	SONNII PINE	HY Runners	HYR	HYR	F45	125	SF1	266
295	6	0:50:48	NEAL CASS	Portslade Hedgehoppers	HEDGE	HEDGE	M45	94	M401	267
296	658	0:50:56	SEAN DEXTER	Heathfield Road Runners	HEAT	HTH/UCK	M60	93	M602	268
297	250	0:50:58	JULIET FINE	Arena 80 AC	A80	A80	F50	124	F401	269
298	328	0:50:59	JACKI ADAMS	Brighton Tri Club	BTNTRI	BTNTRI	F45	123	F402	270
299	330	0:50:59	GRAEME COX	Brighton Tri Club	BTNTRI	BTNTRI	M55	92	M503	271
300	742	0:51:07	EMILY MURRAY	Lewes AC	LEW	LEW	F35	122	NSF4	272
301	197	0:51:10	PETER BURFOOT	Wadhurst Runners	WAD	WAD	M70	91	M602	273
302	312	0:51:21	LENNY BUXTON	Brighton & Hove Frontrunner:	FRONTR	FRONTR	F40	121	F401	274
303	96	0:51:24	JAMIE YATES	RunWednesdays	RUNW	RUNW	SM	90	SM2	275
304	552	0:51:28	FELICITY WILLIAMS	Hailsham Harriers	HAIL	HAIL	F50	120	F502	276
305	334	0:51:29	SUZANNE LANGDON	Brighton Tri Club	BTNTRI	BTNTRI	F45	119	SF2	277
306	396	0:51:30	REUBEN COPPARD	Crowborough Runners	CROW	CROW	SM	89	NSM3	278
307	838	0:51:32	Julie Chicken		- NS	NS	F60	NS	NS	NS
308	815	0:51:35	ROGER HUMPHRIES	Polegate Plodders	POLE	PSST	M65	88	NS	NS
309	374	0:51:40	LINDSEY SANDERS	Central Park Athletics	CPA	CPA	F40	118	F402	279
310	568	0:51:41	CHLOE LE FAY	Hastings AC	HAC	HR/HAC	F45	117	NSF3	280
311	620	0:51:49	JO NEVETT	Hastings Runners	HR	HR/HAC	F45	116	NSF4	281
312	234	0:51:51	ROBERT WEIGHHELL	Wadhurst Runners	WAD	WAD	M60	87	M502	282
313	579	0:51:52	JO SAXBY	Hastings AC	HAC	HR/HAC	F45	115	NS	NS
314	429	0:51:52	BEX STEVENS	Crowborough Runners	CROW	CROW	SF	114	NSF3	283
315	123	0:51:58	KATHRINE SIMMONS	Seaford Striders	SEAF	PSST	F45	113	NSF2	284
316	167	0:51:59	ANNE ANSCOMB	Uckfield Runners	UCK	HTH/UCK	F65	112	F602	285
317	865	0:52:04	Alastair Lee		- NS	NS	M60	NS	NS	NS
318	806	0:52:10	VERITY WILDE	Meads Runners	MEAD	MEAD	F35	111	NSF1	286
319	160	0:52:13	IAN FOXALL	Tri Tempo	TRIT	PSST	M50	86	NS	NS
320	200	0:52:17	GILES CLARK	Wadhurst Runners	WAD	WAD	M60	85	M503	287
321	127	0:52:20	RON VAN HEUVELEN	Seaford Striders	SEAF	PSST	M55	84	NS	NS
322	325	0:52:23	ERNIE STODDART	Brighton & Hove Frontrunner:	FRONTR	FRONTR	M55	83	M501	288
323	632	0:52:29	HUGH STEPHENSON	Hastings Runners	HR	HR/HAC	M40	82	NS	NS
324	623	0:52:34	GUY RAMAGE	Hastings Runners	HR	HR/HAC	M55	81	NS	NS
325	420	0:52:36	MARY NIGHTINGALE	Crowborough Runners	CROW	CROW	F65	110	F601	289
326	106	0:52:40	MARTYN CRADDOCK	Seaford Striders	SEAF	PSST	M50	80	NS	NS
327	319	0:52:46	DAVID HURST	Brighton & Hove Frontrunner:	FRONTR	FRONTR	M65	79	M601	290
328	137	0:52:48	GRANT MEYER	Seafront Shufflers	SHUF	PSST	M40	78	NS	NS
329	370	0:52:49	TOM PEELING	Central Park Athletics	CPA	CPA	M35	77	NSM1	291
330	225	0:52:55	CAROLINE O'SULLIVAN	Wadhurst Runners	WAD	WAD	F50	109	F401	292
331	209	0:52:57	SALLY GREEN	Wadhurst Runners	WAD	WAD	F40	108	F402	293
332	210	0:52:58	STUART GREEN	Wadhurst Runners	WAD	WAD	M40	76	M403	294
333	190	0:52:59	DAVID PETTITT	Uckfield Runners	UCK	HTH/UCK	M55	75	NSM4	295
334	195	0:53:03	KATHRYN WILLIAMS	Uckfield Runners	UCK	HTH/UCK	F55	107	F501	296
335	837	0:53:06	Graeme Heaton	Heathfield Road Runners	HEAT	HTH/UCK	M60	74	NSM5	297
336	842	0:53:10	Shaun Webster	Hailsham Harriers	HAIL	HAIL	M45	73	NS	NS
337	700	0:53:14	MICHELLE HART	HY Runners	HYR	HYR	F45	106	SF2	298
338	532	0:53:23	SAMANTHA NEAME	Hailsham Harriers	HAIL	HAIL	F35	105	NSF3	299
339	307	0:53:24	TERRY AYRES	Brighton & Hove Frontrunner:	FRONTR	FRONTR	M65	72	M602	300
340	273	0:53:27	FRANCES BURNHAM	Bexhill Run Tri	BEX	BEX	F60	104	F601	301
341	31	0:53:28	MARY AUSTIN-OLSEN	RunWednesdays	RUNW	RUNW	F70	103	F601	302

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342	187	0:53:33	NEIL MALTBY	Uckfield Runners	UCK	HTH/UCK	M55	71	NSM6	303
343	363	0:53:34	JULIAN MILLS	Central Park Athletics	CPA	CPA	M60	70	M602	304
344	39	0:53:35	JOANNA CAIN	RunWednesdays	RUNW	RUNW	F35	102	SF1	305
345	479	0:53:37	JENNY ROWLINSON	Eastbourne Rovers	EAST	EAST/BDY	SF	101	NSF4	306
346	630	0:53:41	LUCIE SMITALOVA	Hastings Runners	HR	HR/HAC	F35	100	NS	NS
347	302	0:53:43	AMANDA TONDEUR	Bexhill Run Tri	BEX	BEX	F50	99	F501	307
348	561	0:53:47	ROSY CLEMENTS	Hastings AC	HAC	HR/HAC	F45	98	NS	NS
349	853	0:53:49	Peter Grindrod	Polegate Plodders	POLE	PSST	M45	69	NS	NS
350	459	0:53:56	HAYLEY HARRIS	Eastbourne Rovers	EAST	EAST/BDY	SF	97	NS	NS
351	432	0:54:12	ROGER STONE	Crowborough Runners	CROW	CROW	M65	68	NSM4	308
352	848	0:54:13	Carmen Ho	Lewes AC	LEW	LEW	SF	96	NS	NS
353	528	0:54:16	KATIE MANLEY	Hailsham Harriers	HAIL	HAIL	F35	95	NSF4	309
354	830	0:54:28	Phil Naylor	Brighton Tri Club	BTNTRI	BTNTRI	M55	67	M402	310
355	218	0:54:37	DENISE JEFFREY	Wadhurst Runners	WAD	WAD	F60	94	F601	311
356	117	0:54:37	STACEY POLLARD	Seaford Striders	SEAF	PSST	F35	93	NSF3	312
357	676	0:54:39	MARK ROBINSON	Heathfield Road Runners	HEAT	HTH/UCK	M60	66	NS	NS
358	504	0:54:40	ROS DAINTREE	Hailsham Harriers	HAIL	HAIL	F65	92	F601	313
359	351	0:54:55	DAMIAN GIBBS	Central Park Athletics	CPA	CPA	M50	65	M503	314
360	366	0:54:56	ROB O'HALLORAN	Central Park Athletics	CPA	CPA	M45	64	M401	315
361	263	0:54:57	YVONNE PATRICK	Arena 80 AC	A80	A80	F65	91	F402	316
362	826	0:54:58	Lisa Buchanan	HY Runners	HYR	HYR	F35	90	NSF1	317
363	405	0:55:00	JULES FRASER	Crowborough Runners	CROW	CROW	F50	89	NSF4	318
364	800	0:55:02	JACKIE TURNER	Meads Runners	MEAD	MEAD	F55	88	NSF2	319
365	276	0:55:03	CATHERINE CROMBIE	Bexhill Run Tri	BEX	BEX	F45	87	F401	320
366	138	0:55:03	RICHARD MEYER	Seaford Shufflers	SHUF	PSST	M40	63	NS	NS
367	587	0:55:07	DAVID BRATBY	Hastings Runners	HR	HR/HAC	M65	62	NS	NS
368	514	0:55:22	CATHY GILLING	Hailsham Harriers	HAIL	HAIL	F65	86	F602	321
369	202	0:55:24	MAUREEN COMBEN	Wadhurst Runners	WAD	WAD	F55	85	SF1	322
370	456	0:55:34	ZOE HITCHCOCK	Eastbourne Rovers	EAST	EAST/BDY	F50	84	F502	323
371	636	0:55:39	LIA THOMPSON	Hastings Runners	HR	HR/HAC	SF	83	NS	NS
372	673	0:55:41	JONATHAN MORRIS	Heathfield Road Runners	HEAT	HTH/UCK	M60	61	NS	NS
373	135	0:55:43	JO FRENCH	Seaford Shufflers	SHUF	PSST	F45	82	NSF4	324
374	764	0:55:44	YAN WU	Lewes AC	LEW	LEW	F50	81	NS	NS
375	525	0:55:47	VICTORIA LITTLE	Hailsham Harriers	HAIL	HAIL	F40	80	NS	NS
376	513	0:55:53	LOUISA GEER	Hailsham Harriers	HAIL	HAIL	F35	79	NS	NS
377	570	0:56:02	JULIE LOVELL	Hastings AC	HAC	HR/HAC	F45	78	NS	NS
378	496	0:56:02	STEPH BASSETT	Hailsham Harriers	HAIL	HAIL	F45	77	NS	NS
379	428	0:56:08	JOJO SMITH	Crowborough Runners	CROW	CROW	F50	76	NS	NS
380	103	0:56:13	KAT CHAMBERLINE	Seaford Striders	SEAF	PSST	F35	75	NS	NS
381	663	0:56:15	CHRISTOPHER GOLDING	Heathfield Road Runners	HEAT	HTH/UCK	M65	60	NS	NS
382	416	0:56:23	SALLY MCCLEVERTY	Crowborough Runners	CROW	CROW	F60	74	F602	325
383	213	0:56:24	DAVID HAYES	Wadhurst Runners	WAD	WAD	M55	59	SM1	326
384	749	0:56:40	RICHARD RUDD	Lewes AC	LEW	LEW	M60	58	NSM6	327
385	300	0:56:42	JOANNA SWAP	Bexhill Run Tri	BEX	BEX	F45	73	F402	328
386	809	0:56:49	KEVIN BURTON	Polegate Plodders	POLE	PSST	M65	57	NS	NS
387	280	0:56:54	DAGMARA GINTER	Bexhill Run Tri	BEX	BEX	F45	72	SF1	329
388	185	0:56:55	SHIRLEY LIGHT	Uckfield Runners	UCK	HTH/UCK	F55	71	F502	330
389	294	0:56:56	STUART ROBERTSON	Bexhill Run Tri	BEX	BEX	M60	56	M602	331
390	812	0:56:56	CAROLINE GEARING	Polegate Plodders	POLE	PSST	F55	70	F501	332
391	430	0:57:11	GRAHAM STEVENS	Crowborough Runners	CROW	CROW	M70	55	NSM5	333
392	506	0:57:16	JULIE DEAKIN	Hailsham Harriers	HAIL	HAIL	F55	69	NS	NS
393	665	0:57:24	MARK HILL	Heathfield Road Runners	HEAT	HTH/UCK	M55	54	NS	NS
394	868	0:57:33	Paul Standen-Payne	Team Bodyworks	BDY	EAST/BDY	M45	53	NS	NS
395	507	0:57:34	HANNAH DEUBERT-CHAP	Hailsham Harriers	HAIL	HAIL	F35	68	NS	NS
396	193	0:57:40	CHRISTINE TAIT	Uckfield Runners	UCK	HTH/UCK	F60	67	SF2	334
397	443	0:57:40	BRIONI ALLCORN	Eastbourne Rovers	EAST	EAST/BDY	F55	66	F402	335
398	644	0:57:44	SUE WILKINSON	Hastings Runners	HR	HR/HAC	F50	65	NS	NS
399	285	0:57:47	MALCOLM JONES	Bexhill Run Tri	BEX	BEX	M65	52	SM3	336
400	199	0:57:53	BRIGID BURNHAM	Wadhurst Runners	WAD	WAD	F60	64	F602	337
401	387	0:57:55	MARIE BOLTON	Crowborough Runners	CROW	CROW	F50	63	NS	NS
402	412	0:58:01	JONATHAN KELLY	Crowborough Runners	CROW	CROW	M50	51	NSM6	338
403	553	0:58:15	LOUISE WILLIAMS	Hailsham Harriers	HAIL	HAIL	F45	62	NS	NS
404	649	0:58:37	BRIAN BARLEY	Heathfield Road Runners	HEAT	HTH/UCK	M50	50	NS	NS
405	64	0:58:43	FENELLA MALONEY	RunWednesdays	RUNW	RUNW	F55	61	F402	339
406	844	0:58:44	Beatrice Andrews	Run Wednesdays	NS	NS	SF	NS	NS	NS
407	236	0:58:47	ELEANOR WIGRAM	Wadhurst Runners	WAD	WAD	F60	60	SF2	340
408	763	0:58:48	TOBY WOLPE	Lewes AC	LEW	LEW	M65	49	NS	NS
409	384	0:58:51	KEVIN BATTELL	Crowborough Runners	CROW	CROW	M60	48	NS	NS
410	373	0:59:01	DENISE ROSE	Central Park Athletics	CPA	CPA	F60	59	F601	341
411	752	0:59:05	BEVERLY SHERIDAN	Lewes AC	LEW	LEW	F65	58	F601	342
412	851	0:59:08	Anne Steinacher	Seaford Shufflers	SHUF	PSST	F60	57	F602	343
413	681	0:59:12	STEVE THOMPSETT	Heathfield Road Runners	HEAT	HTH/UCK	M50	47	NS	NS
414	219	0:59:15	ALBERT KEMP	Wadhurst Runners	WAD	WAD	M70	46	SM2	344
415	741	0:59:28	TIM MONSON	Lewes AC	LEW	LEW	M60	45	NS	NS
416	596	0:59:29	KELLY DE ROSA	Hastings Runners	HR	HR/HAC	F40	56	NS	NS
417	835	0:59:57	Emma Gardner	Lewes AC	LEW	LEW	F50	55	NS	NS
418	410	1:00:08	SARAH HILLIARD	Crowborough Runners	CROW	CROW	F60	54	NS	NS
419	622	1:00:10	KAYLA QUINNELL	Hastings Runners	HR	HR/HAC	F45	53	NS	NS
420	141	1:00:12	JON RAPER	Seaford Shufflers	SHUF	PSST	M60	44	NS	NS
421	672	1:00:15	JANE LOCKEYEAR	Heathfield Road Runners	HEAT	HTH/UCK	F50	52	NSF1	345
422	398	1:00:42	RON CUTBILL	Crowborough Runners	CROW	CROW	M65	43	NS	NS
423	418	1:00:45	JAYNE MEYERS	Crowborough Runners	CROW	CROW	F55	51	NS	NS
424	516	1:00:46	KIRSTIE GROVES	Hailsham Harriers	HAIL	HAIL	F45	50	NS	NS
425	165	1:00:47	DEE POOLE	Tri Tempo	TRIT	PSST	F50	49	F502	346
426	604	1:00:59	PAUL HOPE	Hastings Runners	HR	HR/HAC	M65	42	NS	NS
427	184	1:01:03	JAMES KILVINGTON	Uckfield Runners	UCK	HTH/UCK	M50	41	NS	NS

# ESSLXC WHITBREAD HOLLOW - 29 OCTOBER 2023 - SENIORS V2

428	173	1:01:12	PAUL CRAWLEY	Uckfield Runners	UCK	HTH/UCK	M50	40	NS	NS	
429	139	1:01:18	EMILIE MOFFAT	Seaford Shufflers	SHUF	PSST	SF	48	NS	NS	
430	679	1:01:19	SUZANNAH TAYLOR	Heathfield Road Runners	HEAT	HTH/UCK	F55	47	NSF2		347
431	448	1:01:21	JO BIRKMYRE	Eastbourne Rovers	EAST	EAST/BDY	F45	46	NS	NS	
432	224	1:01:26	HELEN NEARY	Wadhurst Runners	WAD	WAD	F70	45	NSF1		348
433	215	1:01:27	HELEN HOWARD	Wadhurst Runners	WAD	WAD	F45	44	NSF2		349
434	205	01:01:28	SARA DALY	Wadhurst Runners	WAD	WAD	F40	43	NSF3		350
435	519	01:01:39	CLAIRE HOPE	Hailsham Harriers	HAIL	HAIL	F50	42	NS	NS	
436	850	01:01:44	Jo Smith		NS	NS	F45	NS	NS	NS	
437	178	01:01:55	STEPHEN GREEN	Uckfield Runners	UCK	HTH/UCK	M55	39	NS	NS	
438	625	01:02:03	YOCKIE RICHARDSON	Hastings Runners	HR	HR/HAC	F70	41	F601		351
439	365	01:02:11	LARISSA O'HALLORAN	Central Park Athletics	CPA	CPA	F50	40	F501		352
440	352	01:02:11	VICTORIA GIBBS	Central Park Athletics	CPA	CPA	F50	39	F502		353
441	305	01:02:23	LAURA WARD	Bexhill Run Tri	BEX	BEX	F45	38	SF2		354
442	682	01:03:02	ANN TOWNSEND	Heathfield Road Runners	HEAT	HTH/UCK	F60	37	NSF3		355
443	523	01:03:06	JULIE LEWIS-CLEMENTS	Hailsham Harriers	HAIL	HAIL	F45	36	NS	NS	
444	697	01:03:07	JENNA HARMER	HY Runners	HYR	HYR	F35	35	NSF2		356
445	232	01:03:23	WAN SZE WALBRIDGE	Wadhurst Runners	WAD	WAD	F45	34	NSF4		357
446	664	01:03:29	NESS GRAY	Heathfield Road Runners	HEAT	HTH/UCK	F55	33	NSF4		358
447	98	01:03:31	SAMANTHA ALVAREZ	Seaford Striders	SEAF	PSST	F50	32	NS	NS	
448	1	01:03:32	BRIAN WINN	Polegate Plodders	POLE	PSST	M70	38	NS	NS	
449	382	01:03:37	BOB ARCHER	Crowborough Runners	CROW	CROW	M70	37	NS	NS	
450	380	01:03:39	PETE THOMAS	Central Park Athletics	CPA	CPA	M65	36	M402		359
451	358	01:03:41	MIKE LAWLOR	Central Park Athletics	CPA	CPA	M50	35	M403		360
452	311	01:03:46	JOHN BROWN	Brighton & Hove Frontrunner	FRONTR	FRONTR	M55	34	M502		361
453	655	01:04:17	LISA CHUDASAMA	Heathfield Road Runners	HEAT	HTH/UCK	F45	31	NS	NS	
454	166	01:04:30	RACHAEL STEPHENS	Tri Tempo	TRIT	PSST	F50	30	NS	NS	
455	179	01:04:34	LAURA GROVE	Uckfield Runners	UCK	HTH/UCK	F40	29	NS	NS	
456	598	01:04:37	JO EDWARDS	Hastings Runners	HR	HR/HAC	F60	28	F602		362
457	521	01:05:02	DEAN LAYEN	Hailsham Harriers	HAIL	HAIL	M40	33	NS	NS	
458	348	01:05:13	SAM DISSANAYAKA	Central Park Athletics	CPA	CPA	M55	32	NSM2		363
459	357	01:05:16	ANN KOMZOLIK	Central Park Athletics	CPA	CPA	F60	27	F602		364
460	281	01:05:47	JAMES GRAHAM	Bexhill Run Tri	BEX	BEX	M55	31	SM4		365
461	445	01:05:56	ROSIE BEALE	Eastbourne Rovers	EAST	EAST/BDY	SF	26	NS	NS	
462	626	01:05:59	CHRIS SANDERSON	Hastings Runners	HR	HR/HAC	F70	25	NS	NS	
463	403	01:06:20	JULIE ERXLEBEN	Crowborough Runners	CROW	CROW	F55	24	NS	NS	
464	648	01:07:33	FIONA BANFIELD	Heathfield Road Runners	HEAT	HTH/UCK	F55	23	NS	NS	
465	680	01:07:34	NICKY THOMPSETT	Heathfield Road Runners	HEAT	HTH/UCK	F50	22	NS	NS	
466	99	01:07:57	SARA BAITUP	Seaford Striders	SEAF	PSST	F35	21	NS	NS	
467	279	01:08:11	JOHN GATELY	Bexhill Run Tri	BEX	BEX	M70	30	NSM1		366
468	694	01:09:15	HAYLEY FOSTER	HY Runners	HYR	HYR	F45	20	NSF3		367
469	849	01:09:15	Naomi Pearson	HY Runners	HYR	HYR	F45	19	NSF4		368
470	692	01:09:16	DONNA FOSTER	HY Runners	HYR	HYR	F40	18	NS	NS	
471	539	01:09:44	ROBERTO PROIETTI	Hailsham Harriers	HAIL	HAIL	M70	29	M602		369
472	355	01:09:46	MARTIN HARMAN	Central Park Athletics	CPA	CPA	M50	28	NSM3		370
473	372	01:09:51	SAMANTHA ROBERTS	Central Park Athletics	CPA	CPA	SF	17	SF1		371
474	677	01:10:32	TRACEY ROBINSON	Heathfield Road Runners	HEAT	HTH/UCK	F60	16	NS	NS	
475	618	01:11:01	ELLIE MILLER	Hastings Runners	HR	HR/HAC	F50	15	NS	NS	
476	449	01:11:35	EMMA BRIGGS	Eastbourne Rovers	EAST	EAST/BDY	F50	14	NS	NS	
477	548	01:11:57	MARIA STANFORD	Hailsham Harriers	HAIL	HAIL	F60	13	NS	NS	
478	354	01:12:43	RICHARD GREENWOOD	Central Park Athletics	CPA	CPA	M50	27	NSM4		372
479	222	01:14:19	CATHY MILES	Wadhurst Runners	WAD	WAD	F60	12	NS	NS	
480	295	01:17:23	CHRIS SAGE	Bexhill Run Tri	BEX	BEX	F60	11	F602		373
481	290	01:17:24	DAVID OXBROW	Bexhill Run Tri	BEX	BEX	M70	26	NSM2		374
482	207	01:21:12	CAROLINE EDMUNDS	Wadhurst Runners	WAD	WAD	F55	10	NS	NS	
483	220	01:21:14	JANE LAMBERT	Wadhurst Runners	WAD	WAD	F60	9	NS	NS	
484	535	01:21:33	GRAHAM PEARSON	Hailsham Harriers	HAIL	HAIL	M50	25	NS	NS	
485	498	01:21:35	ANNE BRANDENBURG	Hailsham Harriers	HAIL	HAIL	F35	8	NS	NS	

DNF

474			ALISON MOORE	Eastbourne Rovers	EAST						
152			MATTHEW PYSDEN	Team Bodyworks	BDY						
170			EMMA BUSSEY	Uckfield Runners	UCK						