

# ESSLXC Whitbread Hollow: 29-October-2023 V2

Race 1 of 6

ALL CLUBS: 17 TEAMS (note awards are based on table excluding non East Sussex Clubs)

CAT	A80	BEX	FRONTR	BTNTRI	CPA	CROW	EAST/BDY	HAIL	HR/HAC	HTH/UCK	HYR	LEW	MEAD	PSST	HEDGE	RUNW	WAD
SM1	48	237	29	27	7	53	28	34	5	39	1	2	217	13	375	224	326
SM2	73	246	126	41	18	121	72	65	6	98	8	47	239	15	375	275	344
SM3	81	336	166	375	106	167	79	109	43	135	11	116	375	16	375	375	375
SM4	113	365	195	375	229	193	99	149	66	137	14	171	375	46	375	375	375
M401	64	58	9	225	315	3	20	35	23	19	52	12	33	76	267	44	10
M402	242	103	25	310	359	24	26	51	67	31	63	17	100	112	375	90	54
M403	251	104	178	375	360	136	40	85	68	32	120	95	148	152	375	212	294
M501	55	36	288	119	89	45	69	139	4	22	169	37	77	50	375	78	160
M502	101	182	361	159	151	61	70	164	42	75	375	92	83	71	375	110	282
M503	122	231	375	271	314	124	74	185	60	91	375	115	142	93	375	190	287
M601	180	138	290	170	59	80	194	123	62	204	375	30	375	57	199	117	207
M602	221	331	300	375	304	82	248	369	118	268	375	134	375	188	375	375	273
SF1	210	329	84	132	371	49	56	140	21	243	266	155	238	129	375	305	322
SF2	375	354	165	277	375	111	108	187	38	334	298	196	260	216	375	375	340
F401	269	320	274	226	105	146	172	147	87	150	211	141	184	94	375	86	292
F402	316	328	375	270	279	250	335	156	241	203	261	192	222	247	375	339	293
F501	253	307	375	375	352	208	186	220	218	296	252	125	197	332	375	258	181
F502	262	375	375	375	353	232	323	276	230	330	375	215	234	346	375	259	189
F601	214	301	375	245	341	289	375	313	351	133	375	342	375	265	375	302	311
F602	219	373	375	375	364	325	375	321	362	285	375	375	375	343	375	375	337
TOT	3,669	5,054	4,740	5,097	4,851	2,699	2,949	3,268	2,112	3,125	4,351	2,609	4,624	2,861	7,216	4,764	5,252
POS	8	14	11	15	13	3	5	7	1	6	9	2	10	4	17	12	16
NSM1	114	366	202		291	240	127	154	96	145	130	191		88			
NSM2		374			363	244	131	157	97	168	223	200		153			
NSM3					370	278	143	174	128	249		235		176			
NSM4					372	308	163	175	144	295		254		177			
NSM5						333	173	183	158	297		264		198			
NSM6						338	179	236	162	303		327		205			
NSF1			206			161	201	255	102	345	317	209	286	257			348
NSF2						228	227	256	107	347	356	213	319	284			349
NSF3						283	233	299	280	355	367	263		312			350
NSF4						318	306	309	281	358	368	272		324			357
PREV.P	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
TOTAL	8	14	11	15	13	3	5	7	1	6	9	2	10	4	17	12	16
F.POS	8	14	11	15	13	3	5	7	1	6	9	2	10	4	17	12	16

A80	BEX	FRONTR	BTNTRI	CPA	CROW	EAST/BDY	HAIL	HR/HAC	HTH/UCK	HYR	LEW	MEAD	PSST	HEDGE	RUNW	WAD
-----	-----	--------	--------	-----	------	----------	------	--------	---------	-----	-----	------	------	-------	------	-----

- Key**
- A80** Arena 80 AC
  - BEX** Bexhill Run Tri
  - FRONTR** Brighton and Hove Frontrunners
  - BTNTRI** Brighton Tri Club
  - CPA** Central Park Athletics
  - CROW** Crowborough Runners
  - EAST/BDY** Eastbourne Rovers and Team Bodyworks
  - HAIL** Hailsham Harriers
  - HR/HAC** Hastings Runners and Hastings AC
  - HTH/UCK** Heathfield Road Runners and Uckfield Runners
  - HYR** HY Runners
  - LEW** Lewes AC
  - MEAD** Meads Runners

**PSST** Polegate Plodders, Seaford Shufflers, Seaford Striders and Tri Tempo  
**HEDGE** Portslade Hedgehoppers  
**RUNW** Run Wednesdays

# ESSLXC Whitbread Hollow: 29-October-2023 V2

Race 1 of 6

EAST SUSSEX CLUBS: 15 TEAMS (Only East Sussex Teams qualify for awards: awards are awarded as per this table)

CAT	A80	BEX	FRONTR	BTNTRI	CPA	CROW	EAST/BDY	HAIL	HR/HAC	HTH/UCK	HYR	LEW	MEAD	PSST	HEDGE	RUNW	WAD
SM1	48	237	29	27	-	53	28	34	5	39	1	2	217	13	375	224	326
SM2	73	246	126	41	-	121	72	65	6	98	8	47	239	15	375	275	344
SM3	81	336	166	375	-	167	79	109	43	135	11	116	375	16	375	375	375
SM4	113	365	195	375	-	193	99	149	66	137	14	171	375	46	375	375	375
M401	64	58	9	225	-	3	20	35	23	19	52	12	33	76	267	44	10
M402	242	103	25	310	-	24	26	51	67	31	63	17	100	112	375	90	54
M403	251	104	178	375	-	136	40	85	68	32	120	95	148	152	375	212	294
M501	55	36	288	119	-	45	69	139	4	22	169	37	77	50	375	78	160
M502	101	182	361	159	-	61	70	164	42	75	375	92	83	71	375	110	282
M503	122	231	375	271	-	124	74	185	60	91	375	115	142	93	375	190	287
M601	180	138	290	170	-	80	194	123	62	204	375	30	375	57	199	117	207
M602	221	331	300	375	-	82	248	369	118	268	375	134	375	188	375	375	273
SF1	210	329	84	132	-	49	56	140	21	243	266	155	238	129	375	305	322
SF2	375	354	165	277	-	111	108	187	38	334	298	196	260	216	375	375	340
F401	269	320	274	226	-	146	172	147	87	150	211	141	184	94	375	86	292
F402	316	328	375	270	-	250	335	156	241	203	261	192	222	247	375	339	293
F501	253	307	375	375	-	208	186	220	218	296	252	125	197	332	375	258	181
F502	262	375	375	375	-	232	323	276	230	330	375	215	234	346	375	259	189
F601	214	301	375	245	-	289	375	313	351	133	375	342	375	265	375	302	311
F602	219	373	375	375	-	325	375	321	362	285	375	375	375	343	375	375	337
TOT	3,669	5,054	4,740	5,097	-	2,699	2,949	3,268	2,112	3,125	4,351	2,609	4,624	2,861	7,216	4,764	5,252
POS	8	13	11	14	-	3	5	7	1	6	9	2	10	4	16	12	15
NSM1	114	366	202	-	-	240	127	154	96	145	130	191	-	88	-	-	-
NSM2	-	374	-	-	-	244	131	157	97	168	223	200	-	153	-	-	-
NSM3	-	-	-	-	-	278	143	174	128	249	-	235	-	176	-	-	-
NSM4	-	-	-	-	-	308	163	175	144	295	-	254	-	177	-	-	-
NSM5	-	-	-	-	-	333	173	183	158	297	-	264	-	198	-	-	-
NSM6	-	-	-	-	-	338	179	236	162	303	-	327	-	205	-	-	-
NSF1	-	-	206	-	-	161	201	255	102	345	317	209	286	257	-	-	348
NSF2	-	-	-	-	-	228	227	256	107	347	356	213	319	284	-	-	349
NSF3	-	-	-	-	-	283	233	299	280	355	367	263	-	312	-	-	350
NSF4	-	-	-	-	-	318	306	309	281	358	368	272	-	324	-	-	357
PREV.P	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
TOTAL	8	13	11	14	-	3	5	7	1	6	9	2	10	4	16	12	15
F.POS	8	13	11	14	-	3	5	7	1	6	9	2	10	4	16	12	15

	A80	BEX	FRONTR	BTNTRI	CPA	CROW	EAST/BDY	HAIL	HR/HAC	HTH/UCK	HYR	LEW	MEAD	PSST	HEDGE	RUNW	WAD
--	-----	-----	--------	--------	-----	------	----------	------	--------	---------	-----	-----	------	------	-------	------	-----

- Key**
- A80** Arena 80 AC
  - BEX** Bexhill Run Tri
  - FRONTR** Brighton and Hove Frontrunners
  - BTNTRI** Brighton Tri Club
  - CPA** Central Park Athletics
  - CROW** Crowborough Runners
  - EAST/BDY** Eastbourne Rovers and Team Bodyworks
  - HAIL** Hailsham Harriers
  - HR/HAC** Hastings Runners and Hastings AC
  - HTH/UCK** Heathfield Road Runners and Uckfield Runners
  - HYR** HY Runners
  - LEW** Lewes AC
  - MEAD** Meads Runners

**PSST** Polegate Plodders, Seafront Shufflers, Seaford Striders and Tri Tempo  
**HEDGE** Portslade Hedgehoppers  
**RUNW** Run Wednesdays