

ESSLXC PETT - 10 MARCH 2024 - SENIORS

Finishing position	Runner no	Time	Runner name	Club	Club Code	Team	Category	PTS	T CAT	T PTS
1	1003	0:27:14	Rhys Boorman	Hastings AC	HAC	HR/HAC	SM	300	SM1	1
2	177	0:27:29	ANDREW GREEN	Uckfield Runners	UCK	HTH/UCK	SM	299	SM1	2
3	1015	0:27:37	David Ervine	HY Runners	HYR	HYR	SM	298	SM1	3
4	566	0:28:04	JEREMY HENWOOD	Hastings AC	HAC	HR/HAC	M35	297	SM2	4
5	696	0:28:34	STEVE GATES	HY Runners	HYR	HYR	M35	296	SM2	5
6	1018	0:29:31	MICHAEL MAXWELL	Hastings AC	HAC	HR/HAC	SM	295	SM3	6
7	438	0:29:36	COLIN TRICKER	Crowborough Runners	CROW	CROW	M40	294	M401	7
8	707	0:29:37	STUART PIPER	HY Runners	HYR	HYR	M35	293	SM3	8
9	576	0:29:38	JEFF PYRAH	Hastings AC	HAC	HR/HAC	M50	292	M501	9
10	221	0:30:09	GRAEME MCINTOSH	Wadhurst Runners	WAD	WAD	M40	291	M401	10
11	942	0:30:28	RICHARD DOCWRA	Lewes AC	LEW	LEW	M50	290	M501	11
12	267	0:30:37	TEO VAN WELL	Arena 80 AC	A80	A80	M45	289	M401	12
13	476	0:30:54	STUART PELLING	Eastbourne Rovers	EAST	EAST/BDY	M35	288	SM1	13
14	873	0:31:24	JACK HUTCHINSON	Seaford Striders	SEAF	PSST	M35	287	SM1	14
15	701	0:31:25	JONATHAN HATCH	HY Runners	HYR	HYR	M40	286	M401	15
16	512	0:31:40	DAVID GARRATT	Hailsham Harriers	HAIL	HAIL	M35	285	SM1	16
17	976	0:31:48	OLIVER BLAYDEN	Heathfield Road Runners	HEAT	HTH/UCK	M45	284	M401	17
18	1008	0:32:07	Jim Risdale	Arena 80 AC	A80	A80	M40	283	M402	18
19	390	0:32:10	JAMES BRYANT	Crowborough Runners	CROW	CROW	SM	282	SM1	19
20	104	0:32:11	MATT CLARE	Seaford Striders	SEAF	PSST	SM	281	SM2	20
21	1012	0:32:14	Samuel Brooks	Brighton & Hove Frontrunner:	FRONTR	FRONTR	SM	280	SM1	21
22	326	0:32:22	JACK UPTON	Brighton & Hove Frontrunner:	FRONTR	FRONTR	M40	279	M401	22
23	712	0:32:32	COLIN BENNETT	Lewes AC	LEW	LEW	M55	278	M502	23
24	508	0:32:34	CHRIS DOHERTY	Hailsham Harriers	HAIL	HAIL	M35	277	SM2	24
25	284	0:32:36	NIGEL JEWELL	Bexhill Run Tri	BEX	BEX	M50	276	M501	25
26	114	0:32:46	JAMES MARRON	Seaford Striders	SEAF	PSST	M50	275	M501	26
27	624	0:32:49	CLAIRE READ	Hastings Runners	HR	HR/HAC	SF	200	SF1	27
28	10	0:33:01	STEWART GREGORY	Portslade Hedgehoppers	HEDGE	HEDGE	M55	274	M501	28
29	116	0:33:05	JOSH NISBETT	Seaford Striders	SEAF	PSST	SM	273	SM3	29
30	1013	0:33:11	Darryl Parker	Arena 80 AC	A80	A80	SM	272	SM1	30
31	612	0:33:12	PAUL LAMBERT	Hastings Runners	HR	HR/HAC	M35	271	SM4	31
32	268	0:33:14	JIM WATSON	Arena 80 AC	A80	A80	M50	270	M501	32
33	584	0:33:26	DARREN BARZEE	Hastings Runners	HR	HR/HAC	M55	269	M502	33
34	421	0:33:47	PETER NOON	Crowborough Runners	CROW	CROW	M40	268	M402	34
35	159	0:34:16	GARY BURNHAM-JONES	Tri Tempo	TRIT	PSST	M50	267	M502	35
36	621	0:34:26	MARTIN NOAKES	Hastings Runners	HR	HR/HAC	M60	266	M601	36
37	464	0:34:33	STEVE HUTCHISON	Eastbourne Rovers	EAST	EAST/BDY	M50	265	M501	37
38	417	0:34:35	KIRSTY MCDERMOTT	Crowborough Runners	CROW	CROW	F35	199	SF1	38
39	1016	0:34:43	Ed Tuckley	-	NS	NS	M35	NS	NS	NS
40	617	0:34:44	BEN MCNEILL	Hastings Runners	HR	HR/HAC	SM	264	NSM1	39
41	482	0:34:51	LAURA SEAMAN	Eastbourne Rovers	EAST	EAST/BDY	SF	198	SF1	40
42	107	0:34:53	DAVE DUNSTALL	Seaford Striders	SEAF	PSST	M60	263	M601	41
43	70	0:34:56	RORY MCINTYRE	RunWednesdays	RUNW	RUNW	M50	262	M501	42
44	924	0:35:05	GORDON BERRY	Crowborough Runners	CROW	CROW	M45	261	M403	43
45	55	0:35:07	JAMES GRIFFITHS	RunWednesdays	RUNW	RUNW	M50	260	M502	44
46	164	0:35:14	KATY PARTINGTON	Tri Tempo	TRIT	PSST	SF	197	SF1	45
47	959	0:35:18	BADRINATH MOHANDAS	Uckfield Runners	UCK	HTH/UCK	M45	259	M402	46
48	174	0:35:37	RODNEY DEMPSTER	Uckfield Runners	UCK	HTH/UCK	M55	258	M501	47
49	686	0:35:42	GUY WILLIAMS	Heathfield Road Runners	HEAT	HTH/UCK	M55	257	M502	48
50	581	0:35:46	DAVE TURNER	Hastings AC	HAC	HR/HAC	M50	256	M503	49
51	19	0:35:47	GERALDINE MOFFAT	Portslade Hedgehoppers	HEDGE	HEDGE	F55	196	F501	50
52	555	0:35:55	GRAHAM WOOLLEY	Hailsham Harriers	HAIL	HAIL	M40	255	M401	51
53	823	0:36:09	IAN WESTON	Polegate Plodders	POLE	PSST	M55	254	M503	52
54	400	0:36:18	ZACH DRAKE	Crowborough Runners	CROW	CROW	M40	253	SM2	53
55	411	0:36:27	ANDREW JOAD	Crowborough Runners	CROW	CROW	M55	252	M501	54
56	563	0:37:10	ROB FERGUSON	Hastings AC	HAC	HR/HAC	M50	251	M401	55
57	551	0:37:17	ROBIN WARWICK	Hailsham Harriers	HAIL	HAIL	M45	250	M402	56
58	938	0:37:18	ANDREA HARWOOD	Bexhill Run Tri	BEX	BEX	F45	195	F401	57
59	635	0:37:22	CLAIRE THOMAS	Hastings Runners	HR	HR/HAC	F35	194	SF2	58
60	47	0:37:44	JOHANNA DOWLE	RunWednesdays	RUNW	RUNW	F45	193	F401	59
61	317	0:37:45	JAMES HARRIS	Brighton & Hove Frontrunner:	FRONTR	FRONTR	SM	249	SM2	60
62	698	0:37:51	MATTHEW HARMER	HY Runners	HYR	HYR	M35	248	SM4	61
63	320	0:37:51	COLIN KEAST	Brighton & Hove Frontrunner:	FRONTR	FRONTR	SM	247	SM3	62
64	585	0:37:55	KEVIN BLOWERS	Hastings Runners	HR	HR/HAC	M60	246	M602	63
65	465	0:38:02	HEATHER JENNER	Eastbourne Rovers	EAST	EAST/BDY	F40	192	F401	64
66	619	0:38:10	MATTHEW MILLER	Hastings Runners	HR	HR/HAC	M55	245	M402	65
67	526	0:38:20	CHARLIE LONG	Hailsham Harriers	HAIL	HAIL	F40	191	F401	66
68	1007	0:38:23	Paul Arthur	Brighton & Hove Frontrunner:	FRONTR	FRONTR	SM	244	SM4	67
69	231	0:38:27	NEIL THOMAS	Wadhurst Runners	WAD	WAD	M65	243	M601	68
70	640	0:38:28	MARTIN TURNER	Hastings Runners	HR	HR/HAC	M50	242	M403	69
71	609	0:38:32	NEIL JEFFRIES	Hastings Runners	HR	HR/HAC	M60	241	NSM2	70
72	802	0:38:36	DAVID WHARTON	Meads Runners	MEAD	MEAD	M50	240	M501	71
73	754	0:38:37	MARK STAINTHORPE	Lewes AC	LEW	LEW	M50	239	M503	72
74	710	0:38:48	MARK WILSON	HY Runners	HYR	HYR	M40	238	M402	73
75	313	0:38:55	ALEX DARSLEY	Brighton & Hove Frontrunner:	FRONTR	FRONTR	M35	237	NSM1	74
76	743	0:39:00	SALLY NORRIS	Lewes AC	LEW	LEW	F40	190	F401	75
77	13	0:39:03	JOHN HARDING	Portslade Hedgehoppers	HEDGE	HEDGE	M60	236	M601	76
78	524	0:39:04	CHRIS LITTLE	Hailsham Harriers	HAIL	HAIL	M40	235	M403	77
79	272	0:39:04	JAMES ALLEN	Bexhill Run Tri	BEX	BEX	M40	234	M401	78
80	118	0:39:05	RICHARD PREECE	Seaford Striders	SEAF	PSST	M55	233	M401	79
81	310	0:39:08	DAMIAN BREWER	Brighton & Hove Frontrunner:	FRONTR	FRONTR	M45	232	M402	80
82	723	0:39:13	GERARD DUMMETT	Lewes AC	LEW	LEW	M65	231	M601	81
83	315	0:39:34	POPPY GOOCH	Brighton & Hove Frontrunner:	FRONTR	FRONTR	SF	189	SF1	82

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84	910	0:39:35	NICKY BIGNELL	Eastbourne Rovers	EAST	EAST/BDY	SF	188	SF2	83
85	870	0:39:38	Nick Attwood	Hastings Runners	HR	HR/HAC	M40	230	NSM3	84
86	90	0:39:49	PHILIP VISICK	RunWednesdays	RUNW	RUNW	M60	229	M601	85
87	259	0:40:06	MICHAEL MILLER	Arena 80 AC	A80	A80	M65	228	M601	86
88	452	0:40:12	MARINA DAVIES	Eastbourne Rovers	EAST	EAST/BDY	F50	187	F501	87
89	955	0:40:13	ANDREW SHIPILOV	Hastings Runners	HR	HR/HAC	SM	227	NSM4	88
90	540	0:40:14	GRAHAM PURDYE	Hailsham Harriers	HAIL	HAIL	M65	226	M601	89
91	124	0:40:20	RAY SMITH	Seaford Striders	SEAF	PSST	M50	225	M402	90
92	610	0:40:22	JAMIE KENNEDY	Hastings Runners	HR	HR/HAC	M40	224	NSM5	91
93	198	0:40:29	IMOGEN BURMAN-MITCHE	Wadhurst Runners	WAD	WAD	F50	186	F501	92
94	569	0:40:42	JENNA LEVETT	Hastings AC	HAC	HR/HAC	F35	185	NSF1	93
95	599	0:40:44	CHRISTOPHER FOWLER	Hastings Runners	HR	HR/HAC	M65	223	NSM6	94
96	25	0:40:50	LAURENCE SAVA	Portslade Hedgehoppers	HEDGE	HEDGE	M65	222	M602	95
97	738	0:40:52	KATHERINE MCCORRY	Lewes AC	LEW	LEW	F40	184	F402	96
98	158	0:40:56	DARREN BRODERICK	Tri Tempo	TRIT	PSST	M55	221	M403	97
99	725	0:41:01	DAVID FOSTER	Lewes AC	LEW	LEW	M60	220	M602	98
100	51	0:41:06	DANNY GARBETT	RunWednesdays	RUNW	RUNW	M55	219	M503	99
101	733	0:41:19	ELLIE KING	Lewes AC	LEW	LEW	F40	183	SF1	100
102	343	0:41:22	JAMIE BUSHNELL	Central Park Athletics	CPA	CPA	M35	218	SM1	101
103	732	0:41:23	PETER KENNEDY	Lewes AC	LEW	LEW	M70	217	M401	102
104	588	0:41:24	TREVOR BRIGGS	Hastings Runners	HR	HR/HAC	M50	216	NS	NS
105	194	0:41:25	GRAHAM WEST	Uckfield Runners	UCK	HTH/UCK	M60	215	M601	103
106	301	0:41:26	GEOFF TONDEUR	Bexhill Run Tri	BEX	BEX	M55	214	M502	104
107	734	0:41:28	STEPHEN LANGRIDGE	Lewes AC	LEW	LEW	M60	213	M402	105
108	578	0:41:39	MARY SANDERSON	Hastings AC	HAC	HR/HAC	F55	182	F501	106
109	717	0:41:42	ANDREW CHITTY	Lewes AC	LEW	LEW	M65	212	M403	107
110	128	0:41:56	JEMMA VILE	Seaford Striders	SEAF	PSST	F35	181	SF2	108
111	822	0:42:25	MARK WARDLE	Polegate Plodders	POLE	PSST	M60	211	M602	109
112	71	0:42:27	STUART MCKENZIE	RunWednesdays	RUNW	RUNW	M40	210	M401	110
113	249	0:42:32	JULIE DRAKE	Arena 80 AC	A80	A80	F50	180	F501	111
114	29	0:42:38	TONY WRIGHT	Portslade Hedgehoppers	HEDGE	HEDGE	M60	209	M502	112
115	341	0:42:40	STEPHEN BURGESS	Central Park Athletics	CPA	CPA	M50	208	M501	113
116	257	0:43:01	JENNY HUGHES	Arena 80 AC	A80	A80	F60	179	F601	114
117	490	0:43:11	MIKE THOMPSON	Eastbourne Rovers	EAST	EAST/BDY	M65	207	M601	115
118	262	0:43:50	BOB PAGE	Arena 80 AC	A80	A80	M65	206	M602	116
119	527	0:43:59	TINA MACENHILL	Hailsham Harriers	HAIL	HAIL	F50	178	F501	117
120	916	0:44:00	Holly Horseman	Hastings AC	HAC	HR/HAC	F40	177	F401	118
121	46	0:44:00	HELEN DAWSON	RunWednesdays	RUNW	RUNW	F45	176	F402	119
122	404	0:44:04	JOHN EVEREST	Crowborough Runners	CROW	CROW	M35	205	SM3	120
123	611	0:44:20	ANDY KNIGHT	Hastings Runners	HR	HR/HAC	M60	204	NS	NS
124	623	0:44:25	GUY RAMAGE	Hastings Runners	HR	HR/HAC	M55	203	NS	NS
125	620	0:44:32	JO NEVETT	Hastings Runners	HR	HR/HAC	F45	175	F402	121
126	530	0:44:34	ABIGAIL MORRIS	Hailsham Harriers	HAIL	HAIL	SF	174	SF1	122
127	435	0:44:37	BRYAN TASELL	Crowborough Runners	CROW	CROW	M65	202	M601	123
128	40	0:44:51	SARAH CAPE	RunWednesdays	RUNW	RUNW	F50	173	F501	124
129	1020	0:44:57	CHLOE LE FAY	Hastings AC	HAC	HR/HAC	F45	172	NSF2	125
130	306	0:44:59	PAUL ZIPPERLEN	Bexhill Run Tri	BEX	BEX	M50	201	M503	126
131	983	0:45:03	POPPY ALDRICH	Hastings AC	HAC	HR/HAC	SF	171	NSF3	127
132	214	0:45:17	LINDA HAYES	Wadhurst Runners	WAD	WAD	F60	170	F601	128
133	95	0:45:34	PHILIP WRIGHT	RunWednesdays	RUNW	RUNW	M45	200	M402	129
134	94	0:45:37	FIONA WILLIAMS	RunWednesdays	RUNW	RUNW	F35	169	SF1	130
135	307	0:45:40	TERRY AYRES	Brighton & Hove Frontrunner	FRONTR	FRONTR	M65	199	M601	131
136	979	0:45:57	ROSY CLEMENTS	Hastings AC	HAC	HR/HAC	F45	168	NSF4	132
137	79	0:45:58	STEVE SHIMMONS	RunWednesdays	RUNW	RUNW	M45	198	M403	133
138	211	0:46:05	COLIN HARRIS	Wadhurst Runners	WAD	WAD	M55	197	M501	134
139	475	0:46:09	BEN PAWLEY	Eastbourne Rovers	EAST	EAST/BDY	M40	196	M401	135
140	815	0:46:53	ROGER HUMPHRIES	Polegate Plodders	POLE	PSST	M65	195	SM4	136
141	223	0:46:59	GILLIAN MILES	Wadhurst Runners	WAD	WAD	F55	167	F502	137
142	731	0:47:00	BOB HUGHES	Lewes AC	LEW	LEW	M70	194	SM1	138
143	54	0:47:03	EVELYN GRIFFITHS	RunWednesdays	RUNW	RUNW	F55	166	F502	139
144	140	0:47:07	IAN PRATT	Seaford Shufflers	SHUF	PSST	M55	193	NSM1	140
145	1011	0:47:26	Alastair Lee	-	NS	NS	M60	NS	NS	NS
146	408	0:47:39	JANE HEASMAN	Crowborough Runners	CROW	CROW	F45	165	F401	141
147	117	0:47:44	STACEY POLLARD	Seaford Striders	SEAF	PSST	F35	164	NSF1	142
148	73	0:47:50	SARAH MORRIS (RW)	RunWednesdays	RUNW	RUNW	F45	163	SF2	143
149	142	0:47:50	JULIE TREMLIN	Seaford Shufflers	SHUF	PSST	F60	162	F601	144
150	653	0:47:51	RICHARD BLOTT	Heathfield Road Runners	HEAT	HTH/UCK	M50	192	M503	145
151	504	0:47:57	ROS DAINTREE	Hailsham Harriers	HAIL	HAIL	F65	161	F601	146
152	157	0:48:10	FRANK BRENNAN	Tri Tempo	TRIT	PSST	M70	191	NSM2	147
153	503	0:48:19	DON CURRIE	Hailsham Harriers	HAIL	HAIL	M55	190	M501	148
154	137	0:48:22	GRANT MEYER	Seaford Shufflers	SHUF	PSST	M40	189	NSM3	149
155	234	0:48:35	ROBERT WEIGHELL	Wadhurst Runners	WAD	WAD	M60	188	M602	150
156	1009	0:48:50	Hannah Collinson	-	NS	NS	F40	NS	NS	NS
157	1005	0:48:56	Rhys Munsch	-	NS	NS	SM	NS	NS	NS
158	575	0:48:57	GARETH PURVES	Hastings AC	HAC	HR/HAC	M40	187	NS	NS
159	200	0:48:58	GILES CLARK	Wadhurst Runners	WAD	WAD	M60	186	M502	151
160	649	0:49:15	BRIAN BARLEY	Heathfield Road Runners	HEAT	HTH/UCK	M50	185	M403	152
161	218	0:49:21	DENISE JEFFREY	Wadhurst Runners	WAD	WAD	F60	160	F602	153
162	56	0:49:46	VICTORIA HAYNES	RunWednesdays	RUNW	RUNW	F40	159	NSF1	154
163	525	0:49:47	VICTORIA LITTLE	Hailsham Harriers	HAIL	HAIL	F40	158	F402	155
164	1019	0:49:50	ANNETTE FEAKES	Hailsham Harriers	HAIL	HAIL	F45	157	SF2	156
165	972	0:49:55	MICHAEL LOCKWOOD	Eastbourne Rovers	EAST	EAST/BDY	M35	184	SM2	157
166	430	0:50:10	GRAHAM STEVENS	Crowborough Runners	CROW	CROW	M70	183	M602	158
167	764	0:50:17	YAN WU	Lewes AC	LEW	LEW	F50	156	F501	159
168	31	0:50:25	MARY AUSTIN-OLSEN	RunWednesdays	RUNW	RUNW	F70	155	F601	160
169	363	0:50:27	JULIAN MILLS	Central Park Athletics	CPA	CPA	M60	182	M601	161

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170	173	0:50:30 PAUL CRAWLEY	Uckfield Runners	UCK	HTH/UCK	M50	181	SM2	162
171	583	0:50:39 TRISH AUDIS	Hastings Runners	HR	HR/HAC	F65	154	F601	163
172	637	0:51:18 NICK THOMPSON	Hastings Runners	HR	HR/HAC	M50	180	NS	NS
173	663	0:51:20 CHRISTOPHER GOLDING	Heathfield Road Runners	HEAT	HTH/UCK	M65	179	M602	164
174	37	0:51:25 COLIN BURBAGE	RunWednesdays	RUNW	RUNW	M60	178	M602	165
175	837	0:51:40 GRAEME HEATON	Heathfield Road Runners	HEAT	HTH/UCK	M60	177	SM3	166
176	631	0:51:45 RUTH SPILLER	Hastings Runners	HR	HR/HAC	F55	153	F502	167
177	1010	0:51:56 Graham Clark	Eastbourne Rovers	EAST	EAST/BDY	M65	176	M602	168
178	697	0:52:13 JENNA HARMER	HY Runners	HYR	HYR	F35	152	SF1	169
179	178	0:52:31 STEPHEN GREEN	Uckfield Runners	UCK	HTH/UCK	M55	175	SM4	170
180	412	0:52:54 JONATHAN KELLY	Crowborough Runners	CROW	CROW	M50	174	M502	171
181	138	0:53:09 RICHARD MEYER	Seafront Shufflers	SHUF	PSST	M40	173	NSM4	172
182	463	0:53:17 SOPHIE HUTCHISON	Eastbourne Rovers	EAST	EAST/BDY	SF	151	NSF1	173
183	381	0:53:36 ALEX VALENTINO	Central Park Athletics	CPA	CPA	M65	172	M602	174
184	900	0:53:39 DAVID BRATBY	Hastings Runners	HR	HR/HAC	M65	171	NS	NS
185	3	0:53:46 VAL BROCKWELL	Portslade Hedgehoppers	HEDGE	HEDGE	F70	150	F601	175
186	113	0:54:10 JANE KEMP	Seaford Striders	SEAF	PSST	F40	149	F401	176
187	276	0:54:14 CATHERINE CROMBIE	Bexhill Run Tri	BEX	BEX	F45	148	F402	177
188	896	0:54:24 Kevin Wilkes		-	NS	NS	M45	NS	NS
189	630	0:54:25 LUCIE SMITALOVA	Hastings Runners	HR	HR/HAC	F35	147	NS	NS
190	201	0:54:38 PETER CLARK	Wadhurst Runners	WAD	WAD	M50	170	M503	178
191	741	0:54:44 TIM MONSON	Lewes AC	LEW	LEW	M60	169	SM2	179
192	184	0:54:59 JAMES KILVINGTON	Uckfield Runners	UCK	HTH/UCK	M50	168	NSM1	180
193	665	0:55:10 MARK HILL	Heathfield Road Runners	HEAT	HTH/UCK	M55	167	NSM2	181
194	993	0:55:30 PIERS BRUNNING	Hastings Runners	HR	HR/HAC	M60	166	NS	NS
195	604	0:55:31 PAUL HOPE	Hastings Runners	HR	HR/HAC	M65	165	NS	NS
196	380	0:55:37 PETE THOMAS	Central Park Athletics	CPA	CPA	M65	164	M502	182
197	215	0:55:59 HELEN HOWARD	Wadhurst Runners	WAD	WAD	F45	146	F401	183
198	135	0:56:02 JO FRENCH	Seafront Shufflers	SHUF	PSST	F45	145	F402	184
199	236	0:56:19 ELEANOR WIGRAM	Wadhurst Runners	WAD	WAD	F60	144	F402	185
200	1006	0:56:21 Eddie Winter	Arena 80 AC	A80	A80	M50	163	M502	186
201	596	0:56:26 KELLY DE ROSA	Hastings Runners	HR	HR/HAC	F40	143	NS	NS
202	398	0:56:30 RON CUTBILL	Crowborough Runners	CROW	CROW	M65	162	M503	187
203	416	0:57:37 SALLY MCCLEVERTY	Crowborough Runners	CROW	CROW	F60	142	F601	188
204	230	0:57:38 SUSANNAH TAPP	Wadhurst Runners	WAD	WAD	F60	141	SF1	189
205	679	0:57:44 SUZANNAH TAYLOR	Heathfield Road Runners	HEAT	HTH/UCK	F55	140	F501	190
206	809	0:57:50 KEVIN BURTON	Polegate Plodders	POLE	PSST	M65	161	NSM5	191
207	165	0:57:52 DEE POOLE	Tri Tempo	TRIT	PSST	F50	139	F501	192
208	812	0:57:54 CAROLINE GEARING	Polegate Plodders	POLE	PSST	F55	138	F502	193
209	373	0:58:04 DENISE ROSE	Central Park Athletics	CPA	CPA	F60	137	F601	194
210	348	0:58:18 SAM DISSANAYAKA	Central Park Athletics	CPA	CPA	M55	160	M503	195
211	971	0:58:25 Paul Lockwood		-	NS	NS	M70	NS	NS
212	358	0:58:25 MIKE LAWLOR	Central Park Athletics	CPA	CPA	M50	159	M401	196
213	590	0:59:29 SHANA BURCHETT	Hastings Runners	HR	HR/HAC	F45	136	NS	NS
214	1017	0:59:30 Krista Barzee	Hastings Runners	HR	HR/HAC	F50	135	NS	NS
215	24	0:59:52 SARAH RUSSELL	Portslade Hedgehoppers	HEDGE	HEDGE	F55	134	F502	197
216	513	0:59:56 LOUISA GEER	Hailsham Harriers	HAIL	HAIL	F35	133	NSF1	198
217	531	0:59:57 JAYNE MORRIS	Hailsham Harriers	HAIL	HAIL	F50	132	F502	199
218	279	1:00:05 JOHN GATELY	Bexhill Run Tri	BEX	BEX	M70	158	M601	200
219	355	1:00:39 MARTIN HARMAN	Central Park Athletics	CPA	CPA	M50	157	M402	201
220	280	1:01:02 DAGMARA GINTER	Bexhill Run Tri	BEX	BEX	F45	131	SF1	202
221	682	1:01:10 ANN TOWNSEND	Heathfield Road Runners	HEAT	HTH/UCK	F60	130	F601	203
222	311	1:01:19 JOHN BROWN	Brighton & Hove Frontrunner	FRONTR	FRONTR	M55	156	M501	204
223	93	1:01:21 ROSALIND WILKINS	RunWednesdays	RUNW	RUNW	F50	129	NSF2	205
224	379	1:01:24 EDEN SUMMERS	Central Park Athletics	CPA	CPA	F60	128	F602	206
225	357	1:02:02 ANN KOMZOLIK	Central Park Athletics	CPA	CPA	F60	127	F501	207
226	598	1:02:08 JO EDWARDS	Hastings Runners	HR	HR/HAC	F60	126	F602	208
227	622	1:02:45 KAYLA QUINNELL	Hastings Runners	HR	HR/HAC	F45	125	NS	NS
228	625	1:02:47 YOCKIE RICHARDSON	Hastings Runners	HR	HR/HAC	F70	124	NS	NS
229	1014	1:02:49 Jamie Wilkinson		-	NS	NS	M35	NS	NS
230	953	1:03:19 NICKY THOMPSETT	Heathfield Road Runners	HEAT	HTH/UCK	F50	123	F502	209
231	166	1:03:22 RACHAEL STEPHENS	Tri Tempo	TRIT	PSST	F50	122	NSF2	210
232	238	1:03:36 ANTHONY WILSON	Wadhurst Runners	WAD	WAD	M70	155	M402	211
233	626	1:03:41 CHRIS SANDERSON	Hastings Runners	HR	HR/HAC	F70	121	NS	NS
234	78	1:04:35 CLAIRE SHIMMONS	RunWednesdays	RUNW	RUNW	F45	120	NSF3	212
235	1004	1:05:02 JAMES GRAHAM	Bexhill Run Tri	BEX	BEX	M55	154	M402	213
236	664	1:05:09 NESS GRAY	Heathfield Road Runners	HEAT	HTH/UCK	F55	119	F401	214
237	618	1:06:09 ELLIE MILLER	Hastings Runners	HR	HR/HAC	F50	118	NS	NS
238	535	1:20:37 GRAHAM PEARSON	Hailsham Harriers	HAIL	HAIL	M50	153	M502	215

DNF

811		CHRIS FINDLAY-GEER	Polegate Plodders	POLE					
67		ALLAN MARSHALL	RunWednesdays	RUNW					