

ESSLXC ERIDGE PARK - 13 OCTOBER 2024 - SENIORS V5

Finishing position	Runner no	Time	Runner name	Club	Club Code	Team	Category	PTS	T CAT	T PTS
1	7	00:33:45	steve gates	HY Runners	HYR	HYR	M35	300	SM1	1
2	415	0:33:59	Jake Greenwood	Central Park Athletics	CPA	CPA	SM	299	SM1	2
3	540	0:34:10	Chris Doherty	Hailsham Harriers	HAIL	HAIL	M35	298	SM1	3
4	479	0:34:37	COLIN TRICKER	Crowborough Runners	CROW	CROW	M40	297	M401	4
5	488	0:34:55	Ant Anderson	Eastbourne Rovers	EAST	EAST/BDY	M35	296	SM1	5
6	312	0:34:57	Graeme McIntosh	Wadhurst Runners	WAD	WAD	M40	295	M401	6
7	593	0:35:35	Trevor Deeble	Hastings AC	HAC	HR/HAC	M35	294	SM1	7
8	62	0:35:35	Ben Pepler	Lewes AC	LEW	LEW	SM	293	SM1	8
9	467	0:35:47	JONATHAN RAFFERTY	Crowborough Runners	CROW	CROW	M45	292	M402	9
10	695	0:35:54	Ash Dorrington		NS	NS	M35	NS	NS	NS
11	71	0:36:01	Miles Shepherd	Lewes AC	LEW	LEW	M35	291	SM2	10
12	437	0:36:09	JAMES BRYANT	Crowborough Runners	CROW	CROW	SM	290	SM1	11
13	367	0:36:16	Paul Howard	Brighton & Hove Frontrunner:	FRONTR	FRONTR	M40	289	M401	12
14	220	0:36:49	Josh Nisbett	Seaford Striders	SEAF	PSST	SM	288	SM1	13
15	214	0:36:56	Jack Hutchinson	Seaford Striders	SEAF	PSST	M35	287	SM2	14
16	533	0:36:58	Rob Chrystie	Hailsham Harriers	HAIL	HAIL	M40	286	M401	15
17	662	0:37:01	JAMES COX	Heathfield Runners	HEAT	HTH/UCK	M50	285	M501	16
18	431	0:37:02	SAM ATTWOOD	Crowborough Runners	CROW	CROW	SM	284	SM2	17
19	478	0:37:15	DEAN TAYLOR	Crowborough Runners	CROW	CROW	M50	283	M501	18
20	483	0:37:34	OLLIE WELCH	Crowborough Runners	CROW	CROW	M40	282	M403	19
21	12	0:37:36	Jonathan hatch	HY Runners	HYR	HYR	M40	281	M401	20
22	217	0:37:40	James Marron	Seaford Striders	SEAF	PSST	M50	280	M501	21
23	653	0:37:53	Will Withecombe	Hastings Runners	HR	HR/HAC	M35	279	SM2	22
24	38	0:37:59	Dan Goodchild	Lewes AC	LEW	LEW	M35	278	SM3	23
25	461	0:38:04	PETER NOON	Crowborough Runners	CROW	CROW	M40	277	SM3	24
26	25	0:38:06	Jonathan Burrell	Lewes AC	LEW	LEW	M60	276	M601	25
27	377	0:38:14	Nigel Jewell	Bexhill Run Tri	BEX	BEX	M50	275	M501	26
28	619	0:38:20	Sam Davies	Hastings Runners	HR	HR/HAC	M40	274	M401	27
29	441	0:38:34	NEIL COUCHMAN	Crowborough Runners	CROW	CROW	M45	273	SM4	28
30	525	0:38:36	Carl Barton	Hailsham Harriers	HAIL	HAIL	M45	272	M402	29
31	693	0:38:41	Jonothan Darley	Lewes AC	LEW	LEW	SM	271	SM4	30
32	498	0:38:43	Liam Gunner	Eastbourne Rovers	EAST	EAST/BDY	M35	270	SM2	31
33	694	0:38:44	Yolanda King	Hastings AC	HAC	HR/HAC	SF	200	SF1	32
34	253	0:38:47	Neil Pysden	Team Bodyworks	BDY	EAST/BDY	M45	269	M401	33
35	595	0:38:50	Simon Fiddler	Hastings AC	HAC	HR/HAC	M50	268	M501	34
36	15	0:38:56	Joseph o'gorman	HY Runners	HYR	HYR	M40	267	M402	35
37	375	0:39:11	Jack Upton	Brighton & Hove Frontrunner:	FRONTR	FRONTR	M40	266	M402	36
38	486	0:39:15	PETER WOODWARD	Crowborough Runners	CROW	CROW	M40	265	NSM1	37
39	538	0:39:16	Alice Denning	Hailsham Harriers	HAIL	HAIL	SF	199	SF1	38
40	300	0:39:34	Leigh Harris	Wadhurst Runners	WAD	WAD	M50	264	M501	39
41	349	0:39:37	JIM WATSON	Arena 80 AC	A80	A80	M50	263	M501	40
42	203	0:39:44	Luke Borland	Seaford Striders	SEAF	PSST	M35	262	SM3	41
43	699	0:39:45	James Miles	Brighton Phoenix	NS	NS	M40	NS	NS	NS
44	639	0:39:52	Martin Noakes	Hastings Runners	HR	HR/HAC	M60	261	M601	42
45	550	0:40:16	Scott Harris	Hailsham Harriers	HAIL	HAIL	M35	260	SM2	43
46	510	0:40:24	Stuart Pelling	Eastbourne Rovers	EAST	EAST/BDY	M35	259	SM3	44
47	335	0:40:30	DAN HARMER	Arena 80 AC	A80	A80	M45	258	M401	45
48	503	0:40:32	Steve Hutchison	Eastbourne Rovers	EAST	EAST/BDY	M50	257	M501	46
49	147	0:40:33	Geraldine Moffat	Portslade Hedgehoppers	HEDGE	HEDGE	F60	198	F601	47
50	700	0:40:38	Ed Tarquin		NS	NS	M35	NS	NS	NS
51	505	0:40:42	Yuriy Korchev	Eastbourne Rovers	EAST	EAST/BDY	M45	256	M402	48
52	354	0:40:43	Paul Arthur	Brighton & Hove Frontrunner:	FRONTR	FRONTR	SM	255	SM1	49
53	204	0:40:46	Tobias Bremer	Seaford Striders	SEAF	PSST	M40	254	M401	50
54	474	0:40:47	ADAM STYLES	Crowborough Runners	CROW	CROW	M50	253	M502	51
55	109	0:40:54	Garry Wright	Meads Runners	MEAD	MEAD	M40	252	M401	52
56	251	0:41:01	Robert Light	Team Bodyworks	BDY	EAST/BDY	M50	251	M502	53
57	412	0:41:02	Tony Durey	Central Park Athletics	CPA	CPA	M60	250	M601	54
58	588	0:41:04	Chris Brandt	Hastings AC	HAC	HR/HAC	M60	249	M602	55
59	37	0:41:11	Rob Gerardo	Lewes AC	LEW	LEW	M40	248	M401	56
60	518	0:41:15	Louise Ryan	Eastbourne Rovers	EAST	EAST/BDY	SF	197	SF1	57
61	530	0:41:33	Laurie Burrett	Hailsham Harriers	HAIL	HAIL	M40	247	M403	58
62	55	0:41:38	Will Monnington	Lewes AC	LEW	LEW	M35	246	NSM1	59
63	681	0:41:47	GUY WILLIAMS	Heathfield Runners	HEAT	HTH/UCK	M55	245	M502	60
64	516	0:41:52	Marco Rours	Eastbourne Rovers	EAST	EAST/BDY	SM	244	SM4	61
65	340	0:41:56	STEVE McNEALLY	Arena 80 AC	A80	A80	M55	243	M502	62
66	443	0:41:58	ZACH DRAKE	Crowborough Runners	CROW	CROW	M45	242	NSM2	63
67	144	0:42:01	Eddie Lancaster	Portslade Hedgehoppers	HEDGE	HEDGE	M45	241	M401	64
68	464	0:42:08	CHRIS PRICE	Crowborough Runners	CROW	CROW	SM	240	NSM3	65
69	279	0:42:13	Badrinath Mohandas	Uckfield Runners	UCK	HTH/UCK	M45	239	M401	66
70	682	0:42:20	DAVID WOOLLARD	Heathfield Runners	HEAT	HTH/UCK	M45	238	M402	67
71	27	0:42:21	Robert Cooper	Lewes AC	LEW	LEW	M45	237	M402	68
72	73	0:42:21	Mark Stainthorpe	Lewes AC	LEW	LEW	M50	236	M501	69
73	554	0:42:24	Claire Keith	Hailsham Harriers	HAIL	HAIL	F35	196	SF2	70
74	167	0:42:36	Johanna Dowle	RunWednesdays	RUNW	RUNW	F45	195	F401	71
75	269	0:42:36	Rodney Dempster	Uckfield Runners	UCK	HTH/UCK	M55	235	M503	72
76	98	0:42:42	Claire Lockwood	Meads Runners	MEAD	MEAD	F35	194	SF1	73
77	315	0:42:46	Chris Offler	Wadhurst Runners	WAD	WAD	SM	234	SM1	74
78	576	0:42:55	Dan Shipton	Hailsham Harriers	HAIL	HAIL	M45	233	SM3	75
79	452	0:43:00	ANDREW JOAD	Crowborough Runners	CROW	CROW	M60	232	M601	76
80	331	0:43:03	ANDY CLARK	Arena 80 AC	A80	A80	M50	231	M503	77
81	604	0:43:10	Paul Mc Cleery	Hastings AC	HAC	HR/HAC	M50	230	M502	78
82	366	0:43:27	Marc Gumbrell	Brighton & Hove Frontrunner:	FRONTR	FRONTR	M35	229	SM2	79
83	353	0:43:36	CAROLINE WOOD	Arena 80 AC	A80	A80	F60	193	F601	80

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84	106	0:43:41	David Wharton	Meads Runners	MEAD	MEAD	M50	228	M501	81
85	579	0:43:46	Maria Smith	Hailsham Harriers	HAIL	HAIL	F45	192	F401	82
86	686	0:43:51	Roy Cooper	Heathfield Runners	HEAT	HTH/UCK	M55	227	M403	83
87	362	0:43:57	Patrick Doddy	Brighton & Hove Frontrunner:	FRONTR	FRONTR	M50	226	M501	84
88	651	0:44:01	Martin Turner	Hastings Runners	HR	HR/HAC	M55	225	M503	85
89	34	0:44:03	Ian Fines	Lewes AC	LEW	LEW	M60	224	M602	86
90	433	0:44:05	GORDON BERRY	Crowborough Runners	CROW	CROW	M45	223	NSM4	87
91	219	0:44:07	Lizzy Miles	Seaford Striders	SEAF	PSST	F40	191	F401	88
92	175	0:44:08	James Griffiths	RunWednesdays	RUNW	RUNW	M50	222	M501	89
93	333	0:44:12	SIMON CLARK	Arena 80 AC	A80	A80	M55	221	M402	90
94	396	0:44:14	Jeremy Sankey	Bexhill Run Tri	BEX	BEX	M60	220	M601	91
95	192	0:44:17	Shane Smith	RunWednesdays	RUNW	RUNW	M35	219	SM1	92
96	200	0:44:25	Samantha Alvarez	Seaford Striders	SEAF	PSST	F50	190	F501	93
97	613	0:44:36	Kevin Blowers	Hastings Runners	HR	HR/HAC	M60	218	M402	94
98	370	0:44:36	Brett Massey	Brighton & Hove Frontrunner:	FRONTR	FRONTR	M45	217	M403	95
99	647	0:44:45	Claire Thomas	Hastings Runners	HR	HR/HAC	F40	189	F401	96
100	155	0:44:49	Jonni Andrews	RunWednesdays	RUNW	RUNW	M60	216	M601	97
101	398	0:44:52	Jamie Tiltman	Bexhill Run Tri	BEX	BEX	M35	215	SM1	98
102	696	0:44:57	James Carney	Central Park Athletics	CPA	CPA	M50	214	M501	99
103	493	0:45:07	Marina Davies	Eastbourne Rovers	EAST	EAST/BDY	F50	188	F501	100
104	468	0:45:16	CHRIS RUSSELL	Crowborough Runners	CROW	CROW	M60	213	M602	101
105	125	0:45:21	Ian Weston	Polegate Plidders	POLE	PSST	M60	212	M601	102
106	629	0:45:23	Neil Jeffries	Hastings Runners	HR	HR/HAC	M60	211	M403	103
107	112	0:45:25	Paul Charlton	Polegate Plidders	POLE	PSST	M60	210	M602	104
108	369	0:45:26	Colin Keast	Brighton & Hove Frontrunner:	FRONTR	FRONTR	SM	209	SM3	105
109	133	0:45:29	Gary Chan	Portslade Hedgehoppers	HEDGE	HEDGE	SM	208	SM1	106
110	404	0:45:31	Elizabeth Brookes	Central Park Athletics	CPA	CPA	F45	187	F401	107
111	59	0:45:31	Sally Norris	Lewes AC	LEW	LEW	F45	186	F401	108
112	622	0:45:34	Graeme Grass	Hastings Runners	HR	HR/HAC	M55	207	SM3	109
113	286	0:45:43	Alan Buckle	Wadhurst Runners	WAD	WAD	M65	206	M601	110
114	466	0:45:45	TIM PROBERT	Crowborough Runners	CROW	CROW	M45	205	NSM5	111
115	185	0:45:45	Stuart McKenzie	RunWednesdays	RUNW	RUNW	M40	204	M401	112
116	391	0:45:54	Dan Marshman	Bexhill Run Tri	BEX	BEX	M50	203	M502	113
117	176	0:46:07	Robert Hammond	RunWednesdays	RUNW	RUNW	M50	202	M502	114
118	670	0:46:14	TONY LAVENDER	Heathfield Runners	HEAT	HTH/UCK	M50	201	SM1	115
119	158	0:46:15	Ollie Blanks	RunWednesdays	RUNW	RUNW	M35	200	SM2	116
120	397	0:46:24	Neil Smith	Bexhill Run Tri	BEX	BEX	M45	199	M401	117
121	10	0:46:26	matthew harmer	HY Runners	HYR	HYR	M35	198	SM2	118
122	124	0:46:27	Mark Wardle	Polegate Plidders	POLE	PSST	M60	197	M502	119
123	65	0:46:29	David Prince-Iles	Lewes AC	LEW	LEW	M70	196	M502	120
124	273	0:46:34	Richard Goulder	Uckfield Runners	UCK	HTH/UCK	M50	195	SM2	121
125	237	0:46:35	Jennifer Williams	Seaford Striders	SEAF	PSST	F35	185	SF1	122
126	110	0:46:36	Liam Brooks	Polegate Plidders	POLE	PSST	M40	194	M402	123
127	408	0:46:37	Alan Clisby	Central Park Athletics	CPA	CPA	M55	193	M502	124
128	374	0:46:38	Amy Richardson	Brighton & Hove Frontrunner:	FRONTR	FRONTR	SF	184	SF1	125
129	197	0:46:38	Philip Visick	RunWednesdays	RUNW	RUNW	M60	192	M602	126
130	45	0:46:48	Mat Homewood	Lewes AC	LEW	LEW	M50	191	M503	127
131	150	0:46:52	Laurence Sava	Portslade Hedgehoppers	HEDGE	HEDGE	M70	190	M601	128
132	271	0:46:56	Neil Gearing	Uckfield Runners	UCK	HTH/UCK	M45	189	SM3	129
133	224	0:47:03	Anneka Redley-Cook	Seaford Striders	SEAF	PSST	SF	183	SF2	130
134	664	0:47:05	MICHAEL GILLINGHAM	Heathfield Runners	HEAT	HTH/UCK	M40	188	SM4	131
135	494	0:47:09	Natalie Dawson	Eastbourne Rovers	EAST	EAST/BDY	F50	182	F502	132
136	294	0:47:10	Mark Currah	Wadhurst Runners	WAD	WAD	M60	187	M602	133
137	264	0:47:15	Sean Wright	Tri Tempo	TRIT	PSST	M55	186	M503	134
138	40	0:47:17	Emily Hague	Lewes AC	LEW	LEW	SF	181	SF1	135
139	318	0:47:22	Annabel Preston	Wadhurst Runners	WAD	WAD	F50	180	F501	136
140	18	0:47:32	mark wilson	HY Runners	HYR	HYR	M45	185	M403	137
141	42	0:47:33	Ian Hilder	Lewes AC	LEW	LEW	M65	184	M403	138
142	553	0:47:35	Jenny Katsoni	Hailsham Harriers	HAIL	HAIL	F35	179	NSF1	139
143	255	0:47:47	Frank Brennan	Tri Tempo	TRIT	PSST	M70	183	M403	140
144	213	0:47:55	Russell Hewlett	Seaford Striders	SEAF	PSST	M50	182	SM4	141
145	417	0:48:07	Anoushka Johnson	Central Park Athletics	CPA	CPA	F50	178	F501	142
146	610	0:48:11	Nick Attwood	Hastings Runners	HR	HR/HAC	M40	181	SM4	143
147	256	0:48:16	Darren Broderick	Tri Tempo	TRIT	PSST	M55	180	NSM1	144
148	48	0:48:18	Ellie King	Lewes AC	LEW	LEW	F40	177	F402	145
149	570	0:48:22	Mark Pope	Hailsham Harriers	HAIL	HAIL	M35	179	SM4	146
150	352	0:48:40	PATRYCJA WOLLNIK	Arena 80 AC	A80	A80	F45	176	F401	147
151	234	0:49:06	Ron Van Heuvelen	Seaford Striders	SEAF	PSST	M55	178	NSM2	148
152	244	0:49:18	Dave Kitchener	Seafront Shufflers	SHUF	PSST	M60	177	NSM3	149
153	523	0:49:26	Mike Thompson	Eastbourne Rovers	EAST	EAST/BDY	M65	176	M601	150
154	122	0:49:44	Michelle Pope	Polegate Plidders	POLE	PSST	F40	175	F402	151
155	183	0:49:57	Allan Marshall	RunWednesdays	RUNW	RUNW	M50	175	M503	152
156	465	0:50:07	MADDIE PRICE	Crowborough Runners	CROW	CROW	SF	174	SF1	153
157	697	0:50:09	Fiona Williams	RunWednesdays	RUNW	RUNW	F35	173	SF1	154
158	407	0:50:14	Jamie Bushnell	Central Park Athletics	CPA	CPA	M35	174	SM2	155
159	475	0:50:26	CHRISTY STYLES	Crowborough Runners	CROW	CROW	SF	172	SF2	156
160	272	0:50:30	Nic Gibson	Uckfield Runners	UCK	HTH/UCK	M55	173	NSM1	157
161	631	0:50:36	Andy Knight	Hastings Runners	HR	HR/HAC	M60	172	NSM1	158
162	23	0:50:41	Helen Bowman	Lewes AC	LEW	LEW	F55	171	F501	159
163	50	0:50:44	Gary Loughlin	Lewes AC	LEW	LEW	M55	171	NSM2	160
164	281	0:50:45	Kevin Smith	Uckfield Runners	UCK	HTH/UCK	M55	170	NSM2	161
165	683	0:50:46	Brian Slaughter	Eastbourne Rovers	EAST	EAST/BDY	M65	169	M602	162
166	501	0:50:50	Natalie Headley	Eastbourne Rovers	EAST	EAST/BDY	F50	170	F401	163
167	169	0:50:50	Hannah Edleston	RunWednesdays	RUNW	RUNW	F45	169	F402	164
168	390	0:50:50	Alistair Marshman	Bexhill Run Tri	BEX	BEX	M50	168	M503	165
169	400	0:50:51	Geoffrey Tondeur	Bexhill Run Tri	BEX	BEX	M55	167	M402	166

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170	276	0:50:54	Julia Jones	Uckfield Runners	UCK	HTH/UCK	F50		168	F501	167
171	339	0:50:57	SPENCER KNAGGS	Arena 80 AC	A80	A80	M45		166	M403	168
172	114	0:51:00	Chris Findlay-Geer	Polegate Plodders	POLE	PSST	M45		165	NSM4	169
173	332	0:51:27	JULIET FINE	Arena 80 AC	A80	A80	F50		167	F501	170
174	444	0:51:30	LOUISE ELLIS	Crowborough Runners	CROW	CROW	F50		166	F501	171
175	476	0:51:31	CLAIRE STYLES	Crowborough Runners	CROW	CROW	F55		165	F502	172
176	409	0:51:33	Caroline Curtis	Central Park Athletics	CPA	CPA	F55		164	F502	173
177	249	0:51:36	Ian Pratt	Seafront Shufflers	SHUF	PSST	M55		164	NSM5	174
178	685	0:51:36	Lucy Wright		NS	NS	F55	NS		NS	
179	689	0:51:41	Andrew Deighton	Tunbridge Wells Harriers	NS	NS	M55	NS		NS	
180	560	0:51:49	Andy Moore	Hailsham Harriers	HAIL	HAIL	M55		163	M501	175
181	482	0:51:56	EILEEN WELCH	Crowborough Runners	CROW	CROW	F45		163	F401	176
182	641	0:52:07	Guy Ramage	Hastings Runners	HR	HR/HAC	M55		162	NSM2	177
183	278	0:52:19	Neil Maltby	Uckfield Runners	UCK	HTH/UCK	M55		161	NSM3	178
184	347	0:52:19	HELENA ROONEY	Arena 80 AC	A80	A80	F35		162	SF1	179
185	8	0:52:30	susannah gates	HY Runners	HYR	HYR	F35		161	SF1	180
186	173	0:52:36	Ian Goodwin	RunWednesdays	RUNW	RUNW	M50		160	M402	181
187	638	0:53:01	Jo Nevett	Hastings Runners	HR	HR/HAC	F50		160	F501	182
188	338	0:53:05	JENNY HUGHES	Arena 80 AC	A80	A80	F60		159	F602	183
189	618	0:53:12	Jane Coles	Hastings Runners	HR	HR/HAC	F55		158	F502	184
190	242	0:53:22	Ian King	Seafront Shufflers	SHUF	PSST	M55		159	NSM6	185
191	561	0:53:26	Abi Morris	Hailsham Harriers	HAIL	HAIL	SF		157	NSF2	186
192	606	0:53:28	Gareth Purves	Hastings AC	HAC	HR/HAC	M40		158	NSM3	187
193	343	0:53:30	BOB PAGE	Arena 80 AC	A80	A80	M65		157	M601	188
194	46	0:53:36	Bob Hughes	Lewes AC	LEW	LEW	M70		156	NSM3	189
195	589	0:54:04	Francis Burnham	Hastings AC	HAC	HR/HAC	F65		156	F601	190
196	383	0:54:13	Catherine Crombie	Bexhill Run Tri	BEX	BEX	F50		155	F501	191
197	24	0:54:19	Sarah Rose Buldum	Lewes AC	LEW	LEW	F45		154	SF2	192
198	252	0:54:23	Paul Payne	Team Bodyworks	BDY	EAST/BDY	M50		155	M503	193
199	120	0:54:26	Roger Humphries	Polegate Plodders	POLE	PSST	M65		154	NS	NS
200	692	0:54:32	Laura Torrance	Hastings Runners	HR	HR/HAC	F40		153	F402	194
201	265	0:54:39	Gary Chown	Uckfield Runners	UCK	HTH/UCK	M55		153	NSM4	195
202	355	0:54:49	Gareth Berry	Brighton & Hove Frontrunner:	FRONTR	FRONTR	M45		152	SM4	196
203	438	0:54:52	LORNA BUCKWELL	Crowborough Runners	CROW	CROW	F45		152	F402	197
204	174	0:54:53	Evelyn Griffiths	RunWednesdays	RUNW	RUNW	F55		151	F501	198
205	181	0:54:54	Danielle Lee	RunWednesdays	RUNW	RUNW	F40		150	SF2	199
206	325	0:54:58	Rob Weighell	Wadhurst Runners	WAD	WAD	M65		151	M502	200
207	61	0:55:00	Jenny Patterson	Lewes AC	LEW	LEW	F45		149	NSF1	201
208	313	0:55:02	Gillian Miles	Wadhurst Runners	WAD	WAD	F55		148	F502	202
209	552	0:55:09	Felicity Williams	Hailsham Harriers	HAIL	HAIL	F50		147	F501	203
210	195	0:55:15	Julie Tremlin	RunWednesdays	RUNW	RUNW	F60		146	F601	204
211	99	0:55:21	Paul Lockwood	Meads Runners	MEAD	MEAD	M70		150	M601	205
212	656	0:55:25	BRIAN BARLEY	Heathfield Runners	HEAT	HTH/UCK	M50		149	NSM5	206
213	439	0:55:34	MEG CALCUTT	Crowborough Runners	CROW	CROW	SF		145	NSF1	207
214	421	0:55:39	Julian Mills	Central Park Athletics	CPA	CPA	M60		148	M602	208
215	280	0:55:40	David Pettitt	Uckfield Runners	UCK	HTH/UCK	M55		147	NSM6	209
216	246	0:55:42	Grant Meyer	Seafront Shufflers	SHUF	PSST	M40		146	NS	NS
217	190	0:55:43	Wayne Preston-Hunt	RunWednesdays	RUNW	RUNW	M50		145	M403	210
218	163	0:55:49	Joanna Cain	RunWednesdays	RUNW	RUNW	F40		144	NSF1	211
219	687	0:55:53	David Greenaway	Polegate Plodders	POLE	PSST	M50		144	NS	NS
220	32	0:55:57	Sharon Donovan	Lewes AC	LEW	LEW	F45		143	NSF2	212
221	11	0:55:58	Michelle hart	HY Runners	HYR	HYR	F50		142	F501	213
222	304	0:56:33	Denise Jeffrey	Wadhurst Runners	WAD	WAD	F60		141	F601	214
223	77	0:56:35	Miriam Thompson	Lewes AC	LEW	LEW	F35		140	NSF3	215
224	137	0:56:37	Gemma Gilroy	Portslade Hedgehoppers	HEDGE	HEDGE	F45		139	F401	216
225	165	0:56:39	Samantha Crompton	RunWednesdays	RUNW	RUNW	F45		138	NSF2	217
226	402	0:56:42	Paul Zipperlen	Bexhill Run Tri	BEX	BEX	M50		143	M403	218
227	399	0:56:43	Amanda Tondeur	Bexhill Run Tri	BEX	BEX	F50		137	F502	219
228	182	0:56:45	Fenella Maloney	RunWednesdays	RUNW	RUNW	F55		136	F502	220
229	373	0:56:46	Chris Phipps	Brighton & Hove Frontrunner:	FRONTR	FRONTR	M45		142	NSM1	221
230	240	0:56:50	Mike Buckley	Seafront Shufflers	SHUF	PSST	M60		141	NS	NS
231	616	0:57:01	Piers Brunning	Hastings Runners	HR	HR/HAC	M60		140	NSM4	222
232	532	0:57:13	Julie Chicken	Hailsham Harriers	HAIL	HAIL	F60		135	F601	223
233	691	0:57:14	Graham Clark	Eastbourne Rovers	EAST	EAST/BDY	M65		139	M403	224
234	161	0:57:15	Colin Burbage	RunWednesdays	RUNW	RUNW	M65		138	SM3	225
235	287	0:57:20	Peter Burfoot	Wadhurst Runners	WAD	WAD	M70		137	M503	226
236	368	0:57:35	David Hurst	Brighton & Hove Frontrunner:	FRONTR	FRONTR	M65		136	M601	227
237	298	0:57:36	Sally Green	Wadhurst Runners	WAD	WAD	F40		134	F401	228
238	299	0:57:37	Stuart Green	Wadhurst Runners	WAD	WAD	M40		135	M402	229
239	262	0:57:38	Dee Poole	Tri Tempo	TRIT	PSST	F55		133	F502	230
240	261	0:57:39	Amy Message	Tri Tempo	TRIT	PSST	F35		132	NSF1	231
241	222	0:57:47	Stacey Pollard	Seaford Striders	SEAF	PSST	F35		131	NSF2	232
242	184	0:57:55	Sally Mason	RunWednesdays	RUNW	RUNW	F50		130	NSF3	233
243	658	0:58:34	FLEUR BLANFORD	Heathfield Runners	HEAT	HTH/UCK	F60		129	F601	234
244	239	0:58:41	Hazel Akehurst	Seafront Shufflers	SHUF	PSST	F40		128	NSF3	235
245	359	0:58:42	Helen Buxton	Brighton & Hove Frontrunner:	FRONTR	FRONTR	F40		127	F401	236
246	247	0:58:49	Richard Meyer	Seafront Shufflers	SHUF	PSST	M40		134	NS	NS
247	245	0:58:53	Amy McKeown	Seafront Shufflers	SHUF	PSST	F35		126	NSF4	237
248	68	1:00:03	Richard Rudd	Lewes AC	LEW	LEW	M60		133	NSM4	238
249	41	1:00:03	Claire Hawes	Lewes AC	LEW	LEW	F50		125	F502	239
250	680	1:00:04	EMMA WILLIAMS	Heathfield Runners	HEAT	HTH/UCK	F35		124	SF1	240
251	665	1:00:04	CHRIS GOLDING	Heathfield Runners	HEAT	HTH/UCK	M65		132	M601	241
252	178	1:00:09	Victoria Haynes	RunWednesdays	RUNW	RUNW	F40		123	NSF4	242
253	292	1:00:18	Peter Clark	Wadhurst Runners	WAD	WAD	M50		131	M403	243
254	291	1:00:19	Giles Clark	Wadhurst Runners	WAD	WAD	M65		130	SM2	244
255	156	1:00:21	Mary Austin-Olsen	RunWednesdays	RUNW	RUNW	F70		122	F602	245

ESSLXC ERIDGE PARK - 13 OCTOBER 2024 - SENIORS V5

256	258	1:00:28	Helen Key	Tri Tempo	TRIT	PSST	F55	121	NS	NS
257	537	1:01:47	Julie Deakin	Hailsham Harriers	HAIL	HAIL	F55	120	F502	246
258	563	1:01:55	Kevin Morris	Hailsham Harriers	HAIL	HAIL	M60	129	M601	247
259	667	1:02:18	VANESSA HARROLD	Heathfield Runners	HEAT	HTH/UCK	F55	119	F502	248
260	274	1:02:41	Stephen Green	Uckfield Runners	UCK	HTH/UCK	M55	128	NS	NS
261	425	1:03:14	Denise Rose	Central Park Athletics	CPA	CPA	F60	118	F601	249
262	111	1:03:19	Kevin Burton	Polegate Plodders	POLE	PSST	M65	127	NS	NS
263	410	1:03:24	Sam Dissonayaxa	Central Park Athletics	CPA	CPA	M55	126	M503	250
264	58	1:03:39	Tatiana Nedialkova	Lewes AC	LEW	LEW	F40	117	NSF4	251
265	228	1:03:46	Katherine Simmons	Seaford Striders	SEAF	PSST	F45	116	NS	NS
266	358	1:03:54	John Brown	Brighton & Hove Frontrunner:	FRONTR	FRONTR	M55	125	M502	252
267	545	1:03:57	Andrea Gilkes	Hailsham Harriers	HAIL	HAIL	F40	115	F402	253
268	562	1:04:06	Jayne Morris	Hailsham Harriers	HAIL	HAIL	F55	114	NSF3	254
269	635	1:04:26	Sarah Marzaioni	Hastings Runners	HR	HR/HAC	F70	113	F602	255
270	126	1:04:34	Frank Wood	Polegate Plodders	POLE	PSST	M60	124	NS	NS
271	420	1:04:34	Mike Lawlor	Central Park Athletics	CPA	CPA	M50	123	M401	256
272	225	1:04:46	Justine Ridgway	Seaford Striders	SEAF	PSST	F50	112	NS	NS
273	149	1:05:00	Sarah Russell	Portslade Hedgehoppers	HEDGE	HEDGE	F55	111	F501	257
274	556	1:05:07	Victoria Little	Hailsham Harriers	HAIL	HAIL	F40	110	NSF4	258
275	539	1:05:08	Hannah Deubert-Chapman	Hailsham Harriers	HAIL	HAIL	F35	109	NS	NS
276	306	1:05:12	Albert Kemp	Wadhurst Runners	WAD	WAD	M70	122	SM3	259
277	327	1:05:14	Iain Willatt	Wadhurst Runners	WAD	WAD	M65	121	SM4	260
278	130	1:05:26	Val Brockwell	Portslade Hedgehoppers	HEDGE	HEDGE	F70	108	F602	261
279	215	1:05:40	Jane Kemp	Seaford Striders	SEAF	PSST	F40	107	NS	NS
280	328	1:05:55	Anthony Wilson	Wadhurst Runners	WAD	WAD	M70	120	NSM1	262
281	684	1:06:21	Steven Chantrey	Brighton & Hove Frontrunner:	FRONTR	FRONTR	M60	119	M602	263
282	322	1:06:24	Sue Tapp	Wadhurst Runners	WAD	WAD	F60	106	F602	264
283	625	1:06:26	Paul Hope	Hastings Runners	HR	HR/HAC	M65	118	NSM5	265
284	669	1:06:29	MARK HILL	Heathfield Runners	HEAT	HTH/UCK	M55	117	NS	NS
285	457	1:07:32	SALLY McCLEVERTY	Crowborough Runners	CROW	CROW	F65	105	F601	266
286	698	1:08:03	John Gately	-	NS	NS	M70	NS	NS	NS
287	642	1:08:08	Yock Lin Richardson	Hastings Runners	HR	HR/HAC	F70	104	SF2	267
288	428	1:08:12	Peter Thomas	Central Park Athletics	CPA	CPA	M65	116	M402	268
289	116	1:09:01	Becky Goldsmith	Polegate Plodders	POLE	PSST	F45	103	NS	NS
290	76	1:09:02	Adrian Thompson	Lewes AC	LEW	LEW	M60	115	NSM5	269
291	283	1:09:06	Christine Tait	Uckfield Runners	UCK	HTH/UCK	F65	102	F602	270
292	582	1:09:14	Karen Hoskin	Hailsham Harriers	HAIL	HAIL	F55	101	NS	NS
293	688	1:09:15	Dagmara Ginter	Bexhill Run Tri	BEX	BEX	F50	100	F401	271
294	416	1:10:19	Martin Harman	Central Park Athletics	CPA	CPA	M50	114	M403	272
295	31	1:11:15	Patrick Donovan	Lewes AC	LEW	LEW	M55	113	NSM6	273
296	419	1:11:49	Ann Komzolik	Central Park Athletics	CPA	CPA	F60	99	F602	274
297	386	1:11:49	James Graham	Bexhill Run Tri	BEX	BEX	M55	112	SM2	275
298	621	1:12:01	Jo Edwards	Hastings Runners	HR	HR/HAC	F60	98	NSF1	276
299	266	1:12:05	Sue Collett	Uckfield Runners	UCK	HTH/UCK	F45	97	F401	277
300	275	1:12:06	Laura Grove	Uckfield Runners	UCK	HTH/UCK	F45	96	F402	278
301	207	1:12:51	Haley Cole	Seaford Striders	SEAF	PSST	F40	95	NS	NS
302	201	1:13:27	Sara Baitup	Seaford Striders	SEAF	PSST	F35	94	NS	NS
303	690	1:14:53	Catherine Knight	Wadhurst Runners	WAD	WAD	F50	93	F402	279
304	16	1:15:45	Jacqueline patton	HY Runners	HYR	HYR	F60	92	F601	280
305	628	1:16:16	Julia James	Hastings Runners	HR	HR/HAC	F65	91	NSF2	281
306	623	1:16:40	Caz Hall	Hastings Runners	HR	HR/HAC	F45	90	NSF3	282
307	636	1:16:43	Ellie Miller	Hastings Runners	HR	HR/HAC	F50	89	NSF4	283
308	166	1:16:49	Sue Dabbs	RunWednesdays	RUNW	RUNW	F50	88	NS	NS
309	196	1:18:03	Jade Turner	RunWednesdays	RUNW	RUNW	F40	87	NS	NS
310	677	1:20:06	NICKY THOMPSETT	Heathfield Runners	HEAT	HTH/UCK	F50	86	SF2	284
311	309	1:20:08	Jane Lambert	Wadhurst Runners	WAD	WAD	F60	85	SF1	285
312	230	1:20:37	Lauren Stallard	Seaford Striders	SEAF	PSST	F35	84	NS	NS
313	209	1:20:41	Kay Crush	Seaford Striders	SEAF	PSST	F60	83	F601	286
314	216	1:20:42	Judith Linsell	Seaford Striders	SEAF	PSST	F65	82	F602	287
315	666	1:20:47	DIANE HAMMOND	Heathfield Runners	HEAT	HTH/UCK	F60	81	NSF1	288
316	395	1:21:04	Christine Sage	Bexhill Run Tri	BEX	BEX	F65	80	F601	289
317	394	1:21:05	Dave Oxbow	Bexhill Run Tri	BEX	BEX	M70	111	M602	290
318	674	1:22:12	GILLY NICKOLS	Heathfield Runners	HEAT	HTH/UCK	F60	79	NSF2	291
319	389	1:23:48	Michael Kirby	Bexhill Run Tri	BEX	BEX	M70	110	SM3	292
320	267	1:27:11	Sarah Cooper	Uckfield Runners	UCK	HTH/UCK	F70	78	NSF3	293
321	632	1:27:33	Susan Mann	Hastings Runners	HR	HR/HAC	F65	77	NS	NS
322	236	1:27:44	Jeanette Wells	Seaford Striders	SEAF	PSST	F55	76	NS	NS
323	231	1:27:47	Sandra Standen	Seaford Striders	SEAF	PSST	F70	75	NS	NS
324	422	1:28:02	Brent Parker	Central Park Athletics	CPA	CPA	M65	109	SM3	294
325	568	1:34:15	Graham Pearson	Hailsham Harriers	HAIL	HAIL	M50	108	M502	295

DNF

No DNFs