

ESSLXC Whitbread Hollow: 16-February-2025

Race 4 of 5

ALL CLUBS: 16 TEAMS (note awards are based on table excluding non East Sussex Clubs)

CAT	A80	BEX	FRONTR	CPA	CROW	EAST/BDY	HAIL	HR/HAC	HTH/UCK	HYAC	LEW	MEAD	PSST	HEDGE	RUNW	WAD
SM1	141	250	250	250	9	3	12	24	155	1	6	250	4	41	106	233
SM2	250	250	250	250	13	5	59	250	182	110	19	250	11	75	143	238
SM3	250	250	250	250	38	8	71	250	201	250	21	250	20	250	149	250
SM4	250	250	250	250	43	28	86	250	221	250	36	250	32	250	250	250
M401	18	90	26	250	2	136	15	114	37	250	10	55	23	34	104	7
M402	118	163	190	250	17	156	25	129	62	250	46	250	91	54	107	187
M403	250	224	250	250	27	171	30	250	145	250	57	250	98	135	147	219
M501	33	14	250	222	16	40	151	69	42	250	67	111	22	64	79	180
M502	250	58	250	250	161	44	232	160	47	250	100	250	31	133	142	213
M503	250	93	250	250	167	70	249	250	53	250	120	250	96	250	250	216
M601	127	245	191	223	116	112	88	48	225	250	49	250	61	72	92	130
M602	146	248	209	250	198	250	189	138	246	250	85	250	87	125	250	174
SF1	68	250	80	250	132	35	77	207	230	250	81	39	123	236	134	250
SF2	250	250	250	250	168	60	84	217	250	250	83	250	126	250	173	250
F401	153	109	212	250	108	250	63	74	131	250	97	66	56	175	121	186
F402	250	154	250	250	158	250	76	203	229	250	102	162	65	194	144	250
F501	139	101	250	250	128	78	177	152	159	250	124	250	192	206	250	94
F502	250	250	250	250	137	89	179	165	247	250	188	250	211	226	250	250
F601	150	243	250	250	184	250	176	166	195	234	214	250	227	45	200	208
F602	250	244	250	250	204	250	202	170	237	250	215	250	231	172	250	210
TOT	3,593	3,736	4,408	4,945	2,026	2,285	2,241	3,286	3,294	4,595	1,720	4,183	1,807	2,987	3,341	3,995
POS	10	11	14	16	3	5	4	7	8	15	1	13	2	6	9	12
NSM1					73	29					122		99			
NSM2					82	50					183		103			
NSM3					220	51					218		105			
NSM4					228	52					239		115			
NSM5						113							117			
NSM6													119			
NSF1					169		178	241			95		140		205	
NSF2					235		196	242			148		181			
NSF3					240		197				157		185			
NSF4							199				164		193			
PREV.P	26	39	32	42	6	14	17	14	27	43	5	47	10	31	21	34
TOTAL	36	50	46	58	9	19	21	21	35	58	6	60	12	37	30	46
F.POS	9	13	11	14	2	4	5	5	8	14	1	16	3	10	7	11

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- Key**
- A80** Arena 80 AC
 - BEX** Bexhill Run Tri
 - FRONTR** Brighton and Hove Frontrunners
 - #REF!** #REF!
 - CPA** Central Park Athletics
 - CROW** Crowborough Runners
 - EAST/BDY** Eastbourne Rovers and Team Bodyworks
 - HAIL** Hailsham Harriers
 - HR/HAC** Hastings Runners and Hastings AC
 - HTH/UCK** Heathfield Road Runners and Uckfield Runners
 - HYAC** HY AC
 - LEW** Lewes AC
 - MEAD** Meads Runners

PSST Polegate Plodders, Seaford Shufflers, Seaford Striders and Tri Tempo
HEDGE Portslade Hedgehoppers
RUNW Run Wednesdays

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Race 4 of 5

EAST SUSSEX CLUBS: 14 TEAMS (Only East Sussex Teams qualify for awards: awards are awarded as per this table)

CAT	A80	BEX	FRONTR	CPA	CROW	EAST/BDY	HAIL	HR/HAC	HTH/UCK	HYAC	LEW	MEAD	PSST	HEDGE	RUNW	WAD
SM1	141	250	250	-	9	3	12	24	155	1	6	250	4	41	106	233
SM2	250	250	250	-	13	5	59	250	182	110	19	250	11	75	143	238
SM3	250	250	250	-	38	8	71	250	201	250	21	250	20	250	149	250
SM4	250	250	250	-	43	28	86	250	221	250	36	250	32	250	250	250
M401	18	90	26	-	2	136	15	114	37	250	10	55	23	34	104	7
M402	118	163	190	-	17	156	25	129	62	250	46	250	91	54	107	187
M403	250	224	250	-	27	171	30	250	145	250	57	250	98	135	147	219
M501	33	14	250	-	16	40	151	69	42	250	67	111	22	64	79	180
M502	250	58	250	-	161	44	232	160	47	250	100	250	31	133	142	213
M503	250	93	250	-	167	70	249	250	53	250	120	250	96	250	250	216
M601	127	245	191	-	116	112	88	48	225	250	49	250	61	72	92	130
M602	146	248	209	-	198	250	189	138	246	250	85	250	87	125	250	174
SF1	68	250	80	-	132	35	77	207	230	250	81	39	123	236	134	250
SF2	250	250	250	-	168	60	84	217	250	250	83	250	126	250	173	250
F401	153	109	212	-	108	250	63	74	131	250	97	66	56	175	121	186
F402	250	154	250	-	158	250	76	203	229	250	102	162	65	194	144	250
F501	139	101	250	-	128	78	177	152	159	250	124	250	192	206	250	94
F502	250	250	250	-	137	89	179	165	247	250	188	250	211	226	250	250
F601	150	243	250	-	184	250	176	166	195	234	214	250	227	45	200	208
F602	250	244	250	-	204	250	202	170	237	250	215	250	231	172	250	210
TOT	3,593	3,736	4,408	-	2,026	2,285	2,241	3,286	3,294	4,595	1,720	4,183	1,807	2,987	3,341	3,995
POS	10	11	14	-	3	5	4	7	8	15	1	13	2	6	9	12
NSM1	-	-	-	-	73	29	-	-	-	-	122	-	99	-	-	-
NSM2	-	-	-	-	82	50	-	-	-	-	183	-	103	-	-	-
NSM3	-	-	-	-	220	51	-	-	-	-	218	-	105	-	-	-
NSM4	-	-	-	-	228	52	-	-	-	-	239	-	115	-	-	-
NSM5	-	-	-	-	-	113	-	-	-	-	-	-	117	-	-	-
NSM6	-	-	-	-	-	-	-	-	-	-	-	-	119	-	-	-
NSF1	-	-	-	-	169	-	178	241	-	-	95	-	140	-	205	-
NSF2	-	-	-	-	235	-	196	242	-	-	148	-	181	-	-	-
NSF3	-	-	-	-	240	-	197	-	-	-	157	-	185	-	-	-
NSF4	-	-	-	-	-	-	199	-	-	-	164	-	193	-	-	-
PREV.P	26	38	32	-	6	14	17	14	27	41	5	45	10	30	21	34
TOTAL	36	49	46	-	9	19	21	21	35	56	6	58	12	36	30	46
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