

ESSLXC SNAPE WOOD - 23 NOVEMBER 2025 - SENIORS V2

Finishing position	Runner no	Time	Runner name	Club	Club Code	Team	Category	PTS	T CAT	T PTS
1	754	0:31:12	Ben McCallion	Hastings AC	HAC	HR/HAC	SM	300	SM1	1
2	508	0:32:47	Ant Anderson	Eastbourne Rovers AC	EAST	EAST/BDY	M35	299	SM1	2
3	108	0:33:44	Thomas Solomon	Peacehaven Run Club	PEACEH	PPSST	M45	298	M401	3
4	731	0:33:59	Louis Dargan	Hastings Runners	HR	HR/HAC	SM	297	SM2	4
5	514	0:34:18	Anthony Davey	Eastbourne Rovers AC	EAST	EAST/BDY	SM	296	SM2	5
6	561	0:34:25	Christopher Doherty	Hailsham Harriers	HAIL	HAIL	M35	295	SM1	6
7	419	0:34:28	Paul Howard	Brighton & Hove Frontrunner:	FRONTR	FRONTR	M45	294	M401	7
8	452	0:34:32	James Bryant	Crowborough Runners	CROW	CROW	SM	293	SM1	8
9	154	0:34:45	Matthew Windham	Portslade Hedgehoppers	HEDGE	HEDGE	M50	292	M501	9
10	742	0:35:07	George Csatos	Team Bodyworks	BDY	EAST/BDY	M45	291	M401	10
11	498	0:35:19	Colin Tricker	Crowborough Runners	CROW	CROW	M40	290	M401	11
12	740	0:35:23	Teo van Well	Lewes AC	LEW	LEW	M45	289	M401	12
13	378	0:35:38	Nigel Jewell	Bexhill Run Tri	BEX	BEX	M50	288	M501	13
14	309	0:35:46	Jamie Keddie	Uckfield Runners	UCK	HTH/UCK	M45	287	M401	14
15	478	0:35:53	Matt McCarthy	Crowborough Runners	CROW	CROW	SM	286	SM2	15
16	624	0:36:01	Steven Hoath	Hastings Runners	HR	HR/HAC	M35	285	SM3	16
17	532	0:36:03	Stuart Pelling	Eastbourne Rovers AC	EAST	EAST/BDY	M35	284	SM3	17
18	269	0:36:06	Alan Marsh	Team Bodyworks	BDY	EAST/BDY	M40	283	M402	18
19	554	0:36:12	Rob Chrystie	Hailsham Harriers	HAIL	HAIL	M45	282	M401	19
20	732	0:36:15	Jim Risdale	Brighton Phoenix	NS	NS	M40	NS	NS	
21	521	0:36:16	Liam Gunner	Eastbourne Rovers AC	EAST	EAST/BDY	M35	281	SM4	20
22	540	0:36:19	Matt Southam	Eastbourne Rovers AC	EAST	EAST/BDY	M35	280	NSM1	21
23	10	0:36:29	Jonathan Burrell	Lewes AC	LEW	LEW	M60	279	M601	22
24	143	0:36:34	Eddie Lancaster	Portslade Hedgehoppers	HEDGE	HEDGE	M45	278	M401	23
25	672	0:36:44	James Moat	Heathfield Runners	HEAT	HTH/UCK	SM	277	SM1	24
26	229	0:36:47	Joshua Nisbett	Seaford Striders	SEAF	PPSST	SM	276	SM1	25
27	456	0:36:49	Neil Couchman	Crowborough Runners	CROW	CROW	M45	275	M402	26
28	209	0:36:54	Luke Boreland	Seaford Striders	SEAF	PPSST	M40	274	M402	27
29	609	0:36:55	Tim Archer	Hastings AC	HAC	HR/HAC	M35	273	SM4	28
30	632	0:37:00	Paul Lambert	Hastings Runners	HR	HR/HAC	M40	272	M401	29
31	505	0:37:06	Peter Woodward	Crowborough Runners	CROW	CROW	M40	271	M403	30
32	552	0:37:12	Laurie Burrett	Hailsham Harriers	HAIL	HAIL	M40	270	M402	31
33	638	0:37:34	Lewis Parsons	Hastings Runners	HR	HR/HAC	M35	269	NSM1	32
34	621	0:37:49	Sam Davies	Hastings Runners	HR	HR/HAC	M40	268	M402	33
35	101	0:37:52	Tommy Knight	Peacehaven Run Club	PEACEH	PPSST	SM	267	SM2	34
36	756	0:37:59	Elliot Beesley	RunWednesdays	RUNW	RUNW	SM	266	SM1	35
37	224	0:38:12	James Marron	Seaford Striders	SEAF	PPSST	M50	265	M501	36
38	752	0:38:14	John Babajide	Portslade Hedgehoppers	HEDGE	HEDGE	M35	264	SM1	37
39	530	0:38:17	Alison Moore	Eastbourne Rovers AC	EAST	EAST/BDY	SF	200	SF1	38
40	77	0:38:23	Dale Anderton	Meads Runners	MEAD	MEAD	M55	263	M501	39
41	462	0:38:25	Zach Drake	Crowborough Runners	CROW	CROW	M45	262	SM3	40
42	2	0:38:27	David Woollard	Heathfield Runners	HEAT	HTH/UCK	M45	261	M402	41
43	258	0:38:36	Adrian Elliott	Team Bodyworks	BDY	EAST/BDY	M45	260	M403	42
44	339	0:38:45	Graeme McIntosh	Wadhurst Runners	WAD	WAD	M40	259	M401	43
45	373	0:38:49	Jim Watson	Arena 80 AC	A80	A80	M55	258	M501	44
46	121	0:38:50	Matt Wilmshurst	Polegate Plodders	POLE	PPSST	M40	257	M403	45
47	481	0:38:51	Peter Noon	Crowborough Runners	CROW	CROW	M45	256	SM4	46
48	33	0:39:03	Ben Hodgson	Lewes AC	LEW	LEW	M50	255	M501	47
49	734	0:39:06	Sam Nugent	Peacehaven Run Club	PEACEH	PPSST	SM	254	SM3	48
50	418	0:39:12	Phil Hart	Brighton & Hove Frontrunner:	FRONTR	FRONTR	SM	253	SM1	49
51	548	0:39:15	Carl Barton	Hailsham Harriers	HAIL	HAIL	M45	252	M403	50
52	406	0:39:17	Paul Arthur	Brighton & Hove Frontrunner:	FRONTR	FRONTR	M35	251	SM2	51
53	724	0:39:21	Wesleigh Mulder	-	NS	NS	M40	NS	NS	
54	131	0:39:23	Martin Eccles	Portslade Hedgehoppers	HEDGE	HEDGE	M45	250	M402	52
55	141	0:39:26	Randall Joy-Camacho	Portslade Hedgehoppers	HEDGE	HEDGE	M55	249	M502	53
56	559	0:39:28	Alice Denning	Hailsham Harriers	HAIL	HAIL	SF	199	SF1	54
57	574	0:39:30	Claire Keith	Hailsham Harriers	HAIL	HAIL	F35	198	SF2	55
58	226	0:39:45	James Miles	Seaford Striders	SEAF	PPSST	M40	248	SM4	56
59	546	0:39:47	Phil Wood	Eastbourne Rovers AC	EAST	EAST/BDY	M50	247	M501	57
60	499	0:39:49	Peter Turner	Crowborough Runners	CROW	CROW	SM	246	NSM1	58
61	726	0:39:50	Simon Newstead	Hastings Runners	HR	HR/HAC	M40	245	M403	59
62	536	0:39:53	Marco Royes	Eastbourne Rovers AC	EAST	EAST/BDY	SM	244	NSM2	60
63	460	0:39:57	Maurizio Di Santo	Crowborough Runners	CROW	CROW	M50	243	M501	61
64	268	0:39:59	Rob Light	Team Bodyworks	BDY	EAST/BDY	M50	242	M502	62
65	525	0:40:00	Steve Hutchison	Eastbourne Rovers AC	EAST	EAST/BDY	M50	241	M503	63
66	743	0:40:01	Edward Tuckley	-	NS	NS	M35	NS	NS	
67	148	0:40:05	Geraldine Moffat	Portslade Hedgehoppers	HEDGE	HEDGE	F60	197	F601	64
68	496	0:40:07	Dean Taylor	Crowborough Runners	CROW	CROW	M50	240	M502	65
69	469	0:40:12	Hannah Jackson	Crowborough Runners	CROW	CROW	SF	196	SF1	66
70	755	0:40:15	Paul Bennett	Hastings AC	HAC	HR/HAC	M45	239	NSM2	67
71	69	0:40:21	Philip Westbury	Lewes AC	LEW	LEW	M45	238	M402	68
72	670	0:40:27	Leon Miller	Heathfield Runners	HEAT	HTH/UCK	M50	237	M501	69
73	366	0:40:35	Barry Pearson	Arena 80 AC	A80	A80	M45	236	M401	70
74	412	0:40:41	John Connern	Brighton & Hove Frontrunner:	FRONTR	FRONTR	M40	235	M402	71
75	297	0:40:44	Rod Dempster	Uckfield Runners	UCK	HTH/UCK	M55	234	M502	72
76	274	0:40:47	Rachel Stacy	Team Bodyworks	BDY	EAST/BDY	F35	195	SF2	73
77	610	0:40:55	Chris Brandt	Hastings AC	HAC	HR/HAC	M60	233	M601	74
78	492	0:41:00	Adam Styles	Crowborough Runners	CROW	CROW	M50	232	M503	75
79	302	0:41:09	Richard Goulder	Uckfield Runners	UCK	HTH/UCK	M50	231	M503	76
80	725	0:41:14	Terry Puxty	HY Runners	HYRun	HYRun	M50	230	M501	77
81	374	0:41:19	Gareth Williams	Arena 80 AC	A80	A80	M40	229	M402	78
82	257	0:41:21	Johanna Bedford	Team Bodyworks	BDY	EAST/BDY	F45	194	F401	79
83	342	0:41:29	Eleanor Osmond	Wadhurst Runners	WAD	WAD	SF	193	SF1	80

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84	241	0:41:30	Austin Warren	Seaford Striders	SEAF	PPSST	M55	228	M502	81
85	656	0:41:37	Guy Blackden	Heathfield Runners	HEAT	HTH/UCK	M55	227	M403	82
86	280	0:41:42	Gary Burnham-Jones	Tri Tempo	TRIT	PPSST	M50	226	M503	83
87	596	0:41:44	Katy Reed	Hailsham Harriers	HAIL	HAIL	F40	192	F401	84
88	534	0:41:49	Luke Regan	Eastbourne Rovers AC	EAST	EAST/BDY	M35	225	NSM3	85
89	447	0:41:50	Gordon Berry	Crowborough Runners	CROW	CROW	M45	224	NSM2	86
90	394	0:41:52	Peter Newstead	Bexhill Run Tri	BEX	BEX	M40	223	M401	87
91	400	0:42:01	Jamie Tiltman	Bexhill Run Tri	BEX	BEX	M40	222	M402	88
92	757	0:42:06	James Weston	-	NS	NS	SM	NS	NS	
93	555	0:42:08	Matt Courtneil	Hailsham Harriers	HAIL	HAIL	M40	221	SM2	89
94	639	0:42:12	Roman Pavlenko	Hastings Runners	HR	HR/HAC	M45	220	NSM3	90
95	388	0:42:15	Andrea Harwood	Bexhill Run Tri	BEX	BEX	F45	191	F401	91
96	227	0:42:17	Lizzie Miles	Seaford Striders	SEAF	PPSST	F40	190	F401	92
97	30	0:42:24	Emily Hague	Lewes AC	LEW	LEW	SF	189	SF1	93
98	193	0:42:26	Shane Smith	RunWednesdays	RUNW	RUNW	M35	219	SM2	94
99	637	0:42:34	Martin Noakes	Hastings Runners	HR	HR/HAC	M60	218	M602	95
100	680	0:42:37	Guy Williams	Heathfield Runners	HEAT	HTH/UCK	M55	217	SM2	96
101	377	0:42:43	Caroline Wood	Arena 80 AC	A80	A80	F60	188	F601	97
102	487	0:42:44	Chris Russell	Crowborough Runners	CROW	CROW	M65	216	M601	98
103	518	0:43:02	Laura Downham	Eastbourne Rovers AC	EAST	EAST/BDY	SF	187	NSF1	99
104	606	0:43:18	Graham Woolley	Hailsham Harriers	HAIL	HAIL	M45	215	SM3	100
105	617	0:43:22	Kevin Blowers	Hastings Runners	HR	HR/HAC	M60	214	M501	101
106	738	0:43:26	Sam Evan	Hastings Runners	HR	HR/HAC	SM	213	NSM4	102
107	120	0:43:27	Ian Weston	Polegate Plodders	POLE	PPSST	M60	212	M601	103
108	652	0:43:29	Martin Turner	Hastings Runners	HR	HR/HAC	M55	211	M502	104
109	515	0:43:32	Marina Davies	Eastbourne Rovers AC	EAST	EAST/BDY	F55	186	F501	105
110	483	0:43:38	Tim Probert	Crowborough Runners	CROW	CROW	M45	210	NSM3	106
111	173	0:43:40	James Griffiths	RunWednesdays	RUNW	RUNW	M50	209	M501	107
112	425	0:43:46	Holly O'Flanagan	Brighton & Hove Frontrunner:	FRONTR	FRONTR	SF	185	SF1	108
113	459	0:43:55	Alan Dean	Crowborough Runners	CROW	CROW	M45	208	NSM4	109
114	733	0:43:56	Jeremy Sankey	Bexhill Run Tri	BEX	BEX	M60	207	M601	110
115	51	0:43:57	Dominic Osman-Allu	Lewes AC	LEW	LEW	M60	206	M602	111
116	385	0:43:58	Grant Docksey	Bexhill Run Tri	BEX	BEX	M55	205	M502	112
117	244	0:44:01	Matthew Winton	Seaford Striders	SEAF	PPSST	M45	204	NSM1	113
118	145	0:44:03	Nick Maloney	Portslade Hedgehoppers	HEDGE	HEDGE	M50	203	M503	114
119	568	0:44:10	Audrey Haddon	Hailsham Harriers	HAIL	HAIL	F40	184	F402	115
120	267	0:44:14	Nick King	Team Bodyworks	BDY	EAST/BDY	M40	202	NSM4	116
121	196	0:44:45	Michaela Stringer	RunWednesdays	RUNW	RUNW	F50	183	F501	117
122	231	0:44:50	Richard Preece	Seaford Striders	SEAF	PPSST	M60	201	M602	118
123	422	0:44:52	Colin Keast	Brighton & Hove Frontrunner:	FRONTR	FRONTR	M35	200	SM3	119
124	64	0:44:55	Mark Stainthorpe	Lewes AC	LEW	LEW	M50	199	M502	120
125	633	0:45:00	Andy Lee	Hastings Runners	HR	HR/HAC	M65	198	M503	121
126	417	0:45:07	Poppy Gooch	Brighton & Hove Frontrunner:	FRONTR	FRONTR	SF	182	SF2	122
127	367	0:45:09	Jonathan Pickworth	Arena 80 AC	A80	A80	M60	197	M601	123
128	345	0:45:13	Annabel Preston	Wadhurst Runners	WAD	WAD	F50	181	F501	124
129	493	0:45:13	Christy Styles	Crowborough Runners	CROW	CROW	SF	180	SF2	125
130	56	0:45:14	David Prince-Iles	Lewes AC	LEW	LEW	M70	196	M503	126
131	80	0:45:17	Sarah Eddie	Meads Runners	MEAD	MEAD	F40	179	F401	127
132	467	0:45:19	Ella Gavin	Crowborough Runners	CROW	CROW	SF	178	NSF1	128
133	293	0:45:22	Sean Wright	Tri Tempo	TRIT	PPSST	M55	195	NSM2	129
134	398	0:45:35	Neil Smith	Bexhill Run Tri	BEX	BEX	M45	194	M403	130
135	573	0:45:38	Evgenia Katsoni	Hailsham Harriers	HAIL	HAIL	F40	177	NSF1	131
136	666	0:45:40	Tony Lavender	Heathfield Runners	HEAT	HTH/UCK	M50	193	SM3	132
137	747	0:45:45	Rowan Tully	-	NS	NS	SM	NS	NS	
138	109	0:45:46	Ollie Sprague	Peacehaven Run Club	PEACEH	PPSST	SM	192	NSM3	133
139	189	0:45:49	Robert Ramsden	RunWednesdays	RUNW	RUNW	M60	191	M601	134
140	111	0:45:52	Lisa Tindle	Peacehaven Run Club	PEACEH	PPSST	F40	176	F402	135
141	603	0:45:53	Robin Warwick	Hailsham Harriers	HAIL	HAIL	M45	190	SM4	136
142	736	0:45:54	Sonja King	Tunbridge Wells Harriers	NS	NS	F45	NS	NS	
143	117	0:46:24	Chris Greatorex	Polegate Plodders	POLE	PPSST	M55	189	NSM4	137
144	8	0:46:32	Jason Wright	HY Runners	HYRun	HYRun	M55	188	M502	138
145	382	0:46:34	Carole Crathern	Bexhill Run Tri	BEX	BEX	F60	175	F601	139
146	649	0:46:35	Claire Thomas	Hastings Runners	HR	HR/HAC	F40	174	F401	140
147	474	0:46:36	Alastair Lee	Crowborough Runners	CROW	CROW	M60	187	M602	141
148	328	0:46:40	Joshua Crush	Wadhurst Runners	WAD	WAD	SM	186	SM1	142
149	94	0:46:42	Tobias Bunyan	Peacehaven Run Club	PEACEH	PPSST	M50	185	NSM5	143
150	129	0:46:48	Gary Chan	Portslade Hedgehoppers	HEDGE	HEDGE	SM	184	SM2	144
151	359	0:46:52	Julie Drake	Arena 80 AC	A80	A80	F55	173	F501	145
152	658	0:46:53	Will Blanford	Heathfield Runners	HEAT	HTH/UCK	M60	183	M601	146
153	6	0:46:55	Sonnii Pine	HY Runners	HYRun	HYRun	F45	172	F401	147
154	151	0:46:59	Laurence Sava	Portslade Hedgehoppers	HEDGE	HEDGE	M70	182	M601	148
155	233	0:47:08	Anneka Redley-Cook	Seaford Striders	SEAF	PPSST	F35	171	SF1	149
156	289	0:47:09	Jamie Walters	Tri Tempo	TRIT	PPSST	SM	181	NSM6	150
157	449	0:47:13	Steve Bolton	Crowborough Runners	CROW	CROW	M65	180	NSM5	151
158	321	0:47:14	Imogen Burman-Mitchell	Wadhurst Runners	WAD	WAD	F50	170	F502	152
159	587	0:47:15	Helen O'Sullivan	Hailsham Harriers	HAIL	HAIL	F45	169	NSF2	153
160	465	0:47:21	John Everest	Crowborough Runners	CROW	CROW	M40	179	NSM6	154
161	745	0:47:25	Joshua Rudd	Seaford Striders	SEAF	PPSST	SM	178	NS	NS
162	471	0:47:36	Jack Knapp	Crowborough Runners	CROW	CROW	SM	177	NS	NS
163	139	0:47:40	John Harding	Portslade Hedgehoppers	HEDGE	HEDGE	M65	176	M602	155
164	13	0:47:45	Stephanie Crespin	Lewes AC	LEW	LEW	F50	168	F501	156
165	662	0:47:56	Dean Franklin	Heathfield Runners	HEAT	HTH/UCK	M60	175	M602	157
166	519	0:48:01	Richard Fox	Eastbourne Rovers AC	EAST	EAST/BDY	M55	174	NSM5	158
167	746	0:48:03	Jennifer Williams	Seaford Striders	SEAF	PPSST	F35	167	SF2	159
168	22	0:48:13	Gerard Dummett	Lewes AC	LEW	LEW	M65	173	M403	160
169	495	0:48:17	Bryan Tapsell	Crowborough Runners	CROW	CROW	M70	172	NS	NS

ESSLXC SNAPE WOOD - 23 NOVEMBER 2025 - SENIORS V2

170	524	0:48:29	Tasnim Humaid	Eastbourne Rovers AC	EAST	EAST/BDY	SF	166	NSF2	161
171	363	0:48:33	Michael Miller	Arena 80 AC	A80	A80	M65	171	M602	162
172	376	0:48:36	Patrycja Wollnik	Arena 80 AC	A80	A80	F45	165	F401	163
173	110	0:48:40	Steve Sprague	Peacehaven Run Club	PEACEH	PPSST	M50	170	NS	NS
174	426	0:48:42	Amy Richardson	Brighton & Hove Frontrunner:	FRONTR	FRONTR	SF	164	NSF1	164
175	409	0:48:43	Sam Brooks	Brighton & Hove Frontrunner:	FRONTR	FRONTR	SM	169	SM4	165
176	631	0:48:44	Andy Knight	Hastings Runners	HR	HR/HAC	M60	168	NSM5	166
177	67	0:48:54	Carl Sykes	Lewes AC	LEW	LEW	M60	167	SM1	167
178	595	0:48:57	Graham Purdye	Hailsham Harriers	HAIL	HAIL	M65	166	M601	168
179	613	0:49:01	Mary Sanderson	Hastings AC	HAC	HR/HAC	F55	163	F501	169
180	735	0:49:03	Raymond Smith	Seaford Striders	SEAF	PPSST	M50	165	NS	NS
181	728	0:49:04	Victoria Morris	-	NS	NS	SF	NS	NS	NS
182	723	0:49:05	George Moody	-	NS	NS	SM	NS	NS	NS
183	14	0:49:07	Jennifer Daley	Lewes AC	LEW	LEW	F40	162	F401	170
184	116	0:49:17	Chris Findlay-Geer	Polegate Plodders	POLE	PPSST	M45	164	NS	NS
185	403	0:49:18	Lucy Walter	Bexhill Run Tri	BEX	BEX	F40	161	F402	171
186	739	0:49:22	Steven Ellison	Tonbridge AC	NS	NS	M50	NS	NS	NS
187	737	0:49:24	Paul Burchett	Hastings Runners	HR	HR/HAC	M50	163	NSM6	172
188	494	0:49:34	Claire Styles	Crowborough Runners	CROW	CROW	F55	160	F501	173
189	250	0:49:54	Ian King	Seaford Shufflers	SHUF	PPSST	M55	162	NS	NS
190	185	0:49:55	David Padgham	RunWednesdays	RUNW	RUNW	SM	161	SM3	174
191	600	0:49:55	Gary Smith	Hailsham Harriers	HAIL	HAIL	M55	160	M501	175
192	9	0:50:17	Richard Bailey	Lewes AC	LEW	LEW	M50	159	SM2	176
193	220	0:50:34	Kevin Ives	Seaford Striders	SEAF	PPSST	M50	158	NS	NS
194	741	0:50:43	Laura Torrance	Hastings Runners	HR	HR/HAC	F40	159	F402	177
195	277	0:50:47	Frank Brennan	Tri Tempo	TRIT	PPSST	M70	157	NS	NS
196	128	0:50:51	Judith Carder	Portslade Hedgehoppers	HEDGE	HEDGE	F65	158	F602	178
197	41	0:50:56	Gary Loughlin	Lewes AC	LEW	LEW	M55	156	SM3	179
198	489	0:51:09	Heather Stevens	Crowborough Runners	CROW	CROW	F40	157	F401	180
199	137	0:51:14	Richard Guest	Portslade Hedgehoppers	HEDGE	HEDGE	M55	155	M403	181
200	356	0:51:18	Stuart Brown	Arena 80 AC	A80	A80	M65	154	M502	182
201	640	0:51:31	Paul Rackstraw	Hastings Runners	HR	HR/HAC	M65	153	NS	NS
202	281	0:51:32	Matthew Cheney	Tri Tempo	TRIT	PPSST	M40	152	NS	NS
203	547	0:51:33	Robert Young	Eastbourne Rovers AC	EAST	EAST/BDY	M55	151	NSM6	183
204	156	0:51:39	Melvin Yeo	Portslade Hedgehoppers	HEDGE	HEDGE	M55	150	SM3	184
205	485	0:51:45	Alice Richardson	Crowborough Runners	CROW	CROW	SF	156	NSF2	185
206	542	0:51:46	Mike Thompson	Eastbourne Rovers AC	EAST	EAST/BDY	M65	149	M601	186
207	623	0:51:48	Michelle Fox	Hastings Runners	HR	HR/HAC	F45	155	SF1	187
208	364	0:51:50	Bob Page	Arena 80 AC	A80	A80	M65	148	M503	188
209	503	0:51:53	Scott Werner	Crowborough Runners	CROW	CROW	M40	147	NS	NS
210	24	0:51:54	David Foster	Lewes AC	LEW	LEW	M60	146	SM4	189
211	671	0:52:12	Rachel Miller	Heathfield Runners	HEAT	HTH/UCK	F50	154	F501	190
212	316	0:52:13	Graham West	Uckfield Runners	UCK	HTH/UCK	M65	145	SM4	191
213	647	0:52:35	Deborah Small	Hastings Runners	HR	HR/HAC	F45	153	SF2	192
214	276	0:52:38	Tom Stanton	Team Bodyworks	BDY	EAST/BDY	M45	144	NS	NS
215	184	0:52:40	Scott O'Rourke	RunWednesdays	RUNW	RUNW	M50	143	M502	193
216	645	0:52:44	Gillian Selman	Hastings Runners	HR	HR/HAC	F50	152	F502	194
217	602	0:52:48	Neil Squires	Hailsham Harriers	HAIL	HAIL	M55	142	M502	195
218	455	0:52:55	Sarah Cooper (Crow)	Crowborough Runners	CROW	CROW	F55	151	F502	196
219	23	0:52:59	Robin Edwards	Lewes AC	LEW	LEW	M55	141	NSM1	197
220	212	0:53:05	Charis Crudgington	Seaford Striders	SEAF	PPSST	SF	150	NSF1	198
221	641	0:53:07	Guy Ramage	Hastings Runners	HR	HR/HAC	M55	140	NS	NS
222	314	0:53:08	Kevin Smith	Uckfield Runners	UCK	HTH/UCK	M55	139	NSM1	199
223	296	0:53:08	Stephen Delaney	Uckfield Runners	UCK	HTH/UCK	M70	138	NSM2	200
224	748	0:53:10	Paul Hawkins	-	NS	NS	M50	NS	NS	NS
225	648	0:53:13	Ruth Spiller	Hastings Runners	HR	HR/HAC	F60	149	F601	201
226	659	0:53:16	Beverley Chapman	Heathfield Runners	HEAT	HTH/UCK	F55	148	F502	202
227	119	0:53:19	Roger Humphries	Polegate Plodders	POLE	PPSST	M65	137	NS	NS
228	169	0:53:26	Hannah Eddleston	RunWednesdays	RUNW	RUNW	F45	147	F401	203
229	91	0:53:30	David Wharton	Meads Runners	MEAD	MEAD	M55	136	M502	204
230	48	0:53:32	Tatiana Nedialkova	Lewes AC	LEW	LEW	F45	146	F402	205
231	332	0:53:34	Linda Hayes	Wadhurst Runners	WAD	WAD	F65	145	F601	206
232	611	0:53:40	Francis Burnham	Hastings AC	HAC	HR/HAC	F65	144	F602	207
233	115	0:53:43	Peter Cook	Polegate Plodders	POLE	PPSST	M65	135	NS	NS
234	46	0:53:45	Peter Miller	Lewes AC	LEW	LEW	M55	134	NSM2	208
235	490	0:53:53	Bex Stevens	Crowborough Runners	CROW	CROW	F35	143	NSF3	209
236	466	0:54:17	Lawry Freeman	Crowborough Runners	CROW	CROW	M50	133	NS	NS
237	275	0:54:20	Paul Standen-Payne	Team Bodyworks	BDY	EAST/BDY	M50	132	NS	NS
238	753	0:54:35	Shellie Marshall	RunWednesdays	RUNW	RUNW	F40	142	F402	210
239	36	0:54:42	Bob Hughes	Lewes AC	LEW	LEW	M70	131	NSM3	211
240	105	0:54:44	Nicole Page	Peacehaven Run Club	PEACEH	PPSST	SF	141	NSF2	212
241	54	0:54:58	Poppy Pittock	Lewes AC	LEW	LEW	SF	140	SF2	213
242	421	0:55:10	David Hurst	Brighton & Hove Frontrunner:	FRONTR	FRONTR	M65	130	M601	214
243	625	0:55:11	Paul Hope	Hastings Runners	HR	HR/HAC	M65	129	NS	NS
244	581	0:55:24	Abigail Morris	Hailsham Harriers	HAIL	HAIL	SF	139	NSF3	215
245	228	0:55:28	Michelle Mills	Seaford Striders	SEAF	PPSST	F50	138	F501	216
246	461	0:55:36	Mary Down	Crowborough Runners	CROW	CROW	F55	137	F402	217
247	301	0:55:37	Nic Gibson	Uckfield Runners	UCK	HTH/UCK	M55	128	NSM3	218
248	380	0:55:46	Tim Barrow	Bexhill Run Tri	BEX	BEX	M60	127	M602	219
249	31	0:55:47	Claire Hawes	Lewes AC	LEW	LEW	F50	136	F502	220
250	16	0:55:49	Julie Deakin	Lewes AC	LEW	LEW	F60	135	F601	221
251	195	0:55:55	David Stringer	RunWednesdays	RUNW	RUNW	M55	126	M503	222
252	513	0:56:00	Jo Birkmyre	Eastbourne Rovers AC	EAST	EAST/BDY	F50	134	F502	223
253	25	0:56:12	Emma Gardner	Lewes AC	LEW	LEW	F55	133	NSF1	224
254	230	0:56:27	Stacey Pollard	Seaford Striders	SEAF	PPSST	F40	132	NSF3	225
255	362	0:56:29	Jenny Hughes	Arena 80 AC	A80	A80	F65	131	F602	226

ESSLXC SNAPE WOOD - 23 NOVEMBER 2025 - SENIORS V2

256	669	0:56:29	Stuart Meeks	Heathfield Runners	HEAT	HTH/UCK	M55	125	NSM4	227
257	655	0:56:38	Brian Barley	Heathfield Runners	HEAT	HTH/UCK	M50	124	NSM5	228
258	475	0:56:38	Pearl Manser	Crowborough Runners	CROW	CROW	F60	130	F601	229
259	660	0:56:42	Andy Diplock	Heathfield Runners	HEAT	HTH/UCK	M50	123	NSM6	230
260	320	0:56:46	Peter Burfoot	Wadhurst Runners	WAD	WAD	M70	122	M601	231
261	300	0:57:02	Emily Gibson	Uckfield Runners	UCK	HTH/UCK	F50	129	F401	232
262	441	0:57:05	Damian Wood	Central Park Athletics	CPA	CPA	M55	121	M501	233
263	253	0:57:08	Grant Meyer	Seafront Shufflers	SHUF	PPSST	M40	120	NS	NS
264	657	0:57:21	Fleur Blanford	Heathfield Runners	HEAT	HTH/UCK	F60	128	F601	234
265	448	0:57:31	Marie Bolton	Crowborough Runners	CROW	CROW	F50	127	NSF4	235
266	285	0:57:56	Jamie Martin	Tri Tempo	TRIT	PPSST	SM	119	NS	NS
267	165	0:58:01	Samantha Crompton	RunWednesdays	RUNW	RUNW	F45	126	SF1	236
268	176	0:58:03	Danielle Lee	RunWednesdays	RUNW	RUNW	F40	125	SF2	237
269	557	0:58:05	Ros Daintree	Hailsham Harriers	HAIL	HAIL	F65	124	F601	238
270	172	0:58:07	Evelyn Griffiths	RunWednesdays	RUNW	RUNW	F55	123	F502	239
271	180	0:58:15	Sally Mason	RunWednesdays	RUNW	RUNW	F50	122	NSF1	240
272	667	0:58:29	Ruth Le Vesconte	Heathfield Runners	HEAT	HTH/UCK	F55	121	F402	241
273	187	0:58:30	Katie Perkins	RunWednesdays	RUNW	RUNW	F45	120	NSF2	242
274	614	0:58:45	Trish Audis	Hastings Runners	HR	HR/HAC	F70	119	NSF1	243
275	337	0:58:48	Albert Kemp	Wadhurst Runners	WAD	WAD	M70	118	M602	244
276	249	0:59:05	Amanda Davis	Seafront Shufflers	SHUF	PPSST	F35	118	NSF4	245
277	744	0:59:13	Claire Alleguen	Brighton & Hove Frontrunner:	FRONTR	FRONTR	F45	117	F401	246
278	433	0:59:35	Martin Harmen	Central Park Athletics	CPA	CPA	M50	117	M502	247
279	58	0:59:56	Claire Raitt	Lewes AC	LEW	LEW	F45	116	NSF2	248
280	34	1:00:00	Emma Hodgson	Lewes AC	LEW	LEW	F50	115	NSF3	249
281	158	1:00:17	Mary Austin-Olsen	RunWednesdays	RUNW	RUNW	F70	114	F601	250
282	663	1:00:20	Christopher Golding	Heathfield Runners	HEAT	HTH/UCK	M65	116	NS	NS
283	750	1:00:23	Dawn Lancaster	Lewes AC	LEW	LEW	F40	113	NSF4	251
284	18	1:00:30	Patrick Donovan	Lewes AC	LEW	LEW	M55	115	NSM4	252
285	70	1:00:31	Catriona Wheeler	Lewes AC	LEW	LEW	F35	112	NS	NS
286	604	1:00:44	Felicity Williams	Hailsham Harriers	HAIL	HAIL	F55	111	F501	253
287	428	1:00:45	Mackenzie Soley	Brighton & Hove Frontrunner:	FRONTR	FRONTR	M40	114	M403	254
288	564	1:00:45	Louisa Geer	Hailsham Harriers	HAIL	HAIL	F35	110	NSF4	255
289	130	1:00:59	Debra Crisp	Portslade Hedgehoppers	HEDGE	HEDGE	F55	109	F501	256
290	635	1:01:05	Sarah Marzaoli	Hastings Runners	HR	HR/HAC	F70	108	NSF2	257
291	97	1:01:10	Helen Furlong	Peacehaven Run Club	PEACEH	PPSST	F65	107	F601	258
292	451	1:01:13	Marco Brivio	Crowborough Runners	CROW	CROW	M40	113	NS	NS
293	472	1:01:17	Louise Knapp	Crowborough Runners	CROW	CROW	SF	106	NS	NS
294	325	1:01:30	Peter Clark	Wadhurst Runners	WAD	WAD	M50	112	M501	259
295	582	1:01:38	Jayne Morris	Hailsham Harriers	HAIL	HAIL	F55	105	F502	260
296	480	1:01:45	Jayne Meyers	Crowborough Runners	CROW	CROW	F60	104	F602	261
297	286	1:02:01	Dee Poole	Tri Tempo	TRIT	PPSST	F55	103	F502	262
298	479	1:02:09	Sally McCleverty	Crowborough Runners	CROW	CROW	F65	102	NS	NS
299	262	1:02:17	Maddie Hawkins	Team Bodyworks	BDY	EAST/BDY	F40	101	F402	263
300	751	1:02:19	Paul Crawley	Uckfield Runners	UCK	HTH/UCK	M55	111	NS	NS
301	315	1:02:24	Christine Tait	Uckfield Runners	UCK	HTH/UCK	F65	100	F602	264
302	174	1:02:38	Amelia Jameson-Allen	RunWednesdays	RUNW	RUNW	SF	99	NSF3	265
303	166	1:02:42	Nicola Davie	RunWednesdays	RUNW	RUNW	F50	98	NSF4	266
304	468	1:03:03	Sarah Hilliard	Crowborough Runners	CROW	CROW	F65	97	NS	NS
305	583	1:03:08	Kevin Morris	Hailsham Harriers	HAIL	HAIL	M60	110	M602	267
306	304	1:03:24	Stephen Green	Uckfield Runners	UCK	HTH/UCK	M55	109	NS	NS
307	62	1:04:02	Richard Rudd	Lewes AC	LEW	LEW	M60	108	NSM5	268
308	444	1:05:01	Meg Attwood	Crowborough Runners	CROW	CROW	SF	96	NS	NS
309	68	1:05:10	Adrian Thompson	Lewes AC	LEW	LEW	M65	107	NSM6	269
310	210	1:05:11	Kat Chamberlain	Seaford Striders	SEAF	PPSST	F40	95	NS	NS
311	245	1:05:20	Ellie Woolcott	Seaford Striders	SEAF	PPSST	SF	94	NS	NS
312	126	1:05:26	Val Brockwell	Portslade Hedgehoppers	HEDGE	HEDGE	F70	93	F502	270
313	436	1:05:42	Mike Lawlor	Central Park Athletics	CPA	CPA	M55	106	M503	271
314	414	1:06:29	Lee Dillon	Brighton & Hove Frontrunner:	FRONTR	FRONTR	M55	105	M501	272
315	665	1:06:47	Mark Hill	Heathfield Runners	HEAT	HTH/UCK	M55	104	NS	NS
316	622	1:06:54	Jo Edwards	Hastings Runners	HR	HR/HAC	F60	92	NSF3	273
317	619	1:06:59	Shana Burchett	Hastings Runners	HR	HR/HAC	F50	91	NSF4	274
318	727	1:07:14	Rachel Standen	-	NS	NS	SF	NS	NS	NS
319	95	1:07:25	Anne Carruthers	Peacehaven Run Club	PEACEH	PPSST	F65	90	F602	275
320	642	1:08:31	Yock Lin Richardson	Hastings Runners	HR	HR/HAC	F70	89	NS	NS
321	66	1:08:38	Camila Supervielle	Lewes AC	LEW	LEW	F50	88	NS	NS
322	317	1:08:59	Clive Wigglesworth	Uckfield Runners	UCK	HTH/UCK	M70	103	NS	NS
323	664	1:09:21	Vanessa Gray	Heathfield Runners	HEAT	HTH/UCK	F55	87	SF1	276
324	730	1:09:38	Juliet Blundell	RunWednesdays	RUNW	RUNW	F55	86	NS	NS
325	294	1:10:04	Sue Collett	Uckfield Runners	UCK	HTH/UCK	F45	85	SF2	277
326	305	1:10:05	Laura Grove	Uckfield Runners	UCK	HTH/UCK	F45	84	NSF1	278
327	442	1:10:05	Vicki Wood	Central Park Athletics	CPA	CPA	F40	83	F401	279
328	634	1:10:40	Sue Mann	Hastings Runners	HR	HR/HAC	F65	82	NS	NS
329	338	1:10:51	Catherine Knight	Wadhurst Runners	WAD	WAD	F50	81	F401	280
330	177	1:10:51	Anne Lozach	RunWednesdays	RUNW	RUNW	F50	80	NS	NS
331	179	1:12:17	Melissa Marshall	RunWednesdays	RUNW	RUNW	F45	79	NS	NS
332	190	1:12:28	Samantha Ramsden	RunWednesdays	RUNW	RUNW	F60	78	F602	281
333	37	1:12:36	Peter Kennedy	Lewes AC	LEW	LEW	M70	102	NS	NS
334	96	1:12:54	Jane Chant	Peacehaven Run Club	PEACEH	PPSST	F50	77	NS	NS
335	118	1:13:18	Helen Greck	Polegate Plodders	POLE	PPSST	F45	76	NS	NS
336	186	1:13:49	Rebekah Padgham	RunWednesdays	RUNW	RUNW	SF	75	NS	NS
337	192	1:14:05	Claire Shimmons	RunWednesdays	RUNW	RUNW	F45	74	NS	NS
338	397	1:15:43	Christine Sage	Bexhill Run Tri	BEX	BEX	F65	73	F602	282
339	464	1:16:09	Julie Erxleben	Crowborough Runners	CROW	CROW	F60	72	NS	NS
340	729	1:18:08	Jenny Hunter	Seaford Striders	SEAF	PPSST	F55	71	NS	NS
341	395	1:21:08	Dave Oxbrow	Bexhill Run Tri	BEX	BEX	M70	101	M503	283

ESSLXC SNAPE WOOD - 23 NOVEMBER 2025 - SENIORS V2

342	591	1:42:27	Graham Pearson	Hailsham Harriers	HAIL	HAIL	M50	100	M503	284
343	235	1:53:17	Jo Robinson	Seaford Striders	SEAF	PPSST	F50	70	NS	NS
DNF	541		Seb Tracey	Eastbourne Rovers AC	EAST					