

ESSLXC ABBOTS WOOD - 14 DECEMBER 2025 - SENIORS

Finishing position	Runner no	Time	Runner name	Club	Club Code	Team	Category	PTS	T CAT	T PTS
1	53	0:27:12	Ben Pepler	Lewes AC	LEW	LEW	SM	300	SM1	1
2	528	0:27:23	Patrick Marsden	Eastbourne Rovers AC	EAST	EAST/BDY	M35	299	SM1	2
3	543	0:27:32	Josh Varney	Eastbourne Rovers AC	EAST	EAST/BDY	M35	298	SM2	3
4	514	0:27:48	Anthony Davey	Eastbourne Rovers AC	EAST	EAST/BDY	SM	297	SM3	4
5	508	0:28:02	Ant Anderson	Eastbourne Rovers AC	EAST	EAST/BDY	M35	296	SM4	5
6	773	0:28:04	Teo van Well	Lewes AC	LEW	LEW	M45	295	M401	6
7	154	0:28:09	Matthew Windham	Portslade Hedgehoppers	HEDGE	HEDGE	M50	294	M501	7
8	778	0:28:17	Jim Risdale	Brighton Phoenix	NS	NS	M40	NS	NS	NS
9	478	0:28:20	Matt Mccarthy	Crowborough Runners	CROW	CROW	SM	293	SM1	8
10	765	0:28:38	George Csatlos	Team Bodyworks	BDY	EAST/BDY	M45	292	M401	9
11	498	0:28:46	Colin Tricker	Crowborough Runners	CROW	CROW	M40	291	M401	10
12	516	0:29:01	Richard Davis	Eastbourne Rovers AC	EAST	EAST/BDY	M40	290	M402	11
13	793	0:29:02	John Stoddart	Henfield	NS	NS	M35	NS	NS	NS
14	339	0:29:05	Graeme McIntosh	Wadhurst Runners	WAD	WAD	M40	289	M401	12
15	355	0:29:10	Dan Harmer	Arena 80 AC	A80	A80	M45	288	M401	13
16	101	0:29:11	Tommy Knight	Peacehaven Run Club	PEACEH	PPSST	SM	287	SM1	14
17	269	0:29:13	Alan Marsh	Team Bodyworks	BDY	EAST/BDY	M40	286	M403	15
18	419	0:29:18	Paul Howard	Brighton & Hove Frontrunner:	FRONTR	FRONTR	M45	285	M401	16
19	532	0:29:18	Stuart Pelling	Eastbourne Rovers AC	EAST	EAST/BDY	M35	284	NSM1	17
20	561	0:29:25	Christopher Doherty	Hailsham Harriers	HAIL	HAIL	M35	283	SM1	18
21	501	0:29:25	Ollie Welch	Crowborough Runners	CROW	CROW	M40	282	M402	19
22	226	0:29:27	James Miles	Seaford Striders	SEAF	PPSST	M40	281	M401	20
23	378	0:29:30	Nigel Jewell	Bexhill Run Tri	BEX	BEX	M50	280	M501	21
24	794	0:29:34	David Carter	Henfield	NS	NS	M45	NS	NS	NS
25	82	0:29:36	Graeme Hadlow	Meads Runners	MEAD	MEAD	M50	279	M501	22
26	789	0:29:43	Elliot Beesley	RunWednesdays	RUNW	RUNW	SM	278	SM1	23
27	452	0:29:46	James Bryant	Crowborough Runners	CROW	CROW	SM	277	SM2	24
28	672	0:29:55	James Moat	Heathfield Runners	HEAT	HTH/UCK	SM	276	SM1	25
29	209	0:29:56	Luke Boreland	Seaford Striders	SEAF	PPSST	M40	275	M402	26
30	791	0:29:57	Gareth Hutchinson	Seaford Striders	SEAF	PPSST	M50	274	M501	27
31	143	0:29:57	Eddie Lancaster	Portslade Hedgehoppers	HEDGE	HEDGE	M45	273	M401	28
32	521	0:30:00	Liam Gunner	Eastbourne Rovers AC	EAST	EAST/BDY	M35	272	NSM2	29
33	779	0:30:01	Ross Horsman	Hastings AC	HAC	HR/HAC	M40	271	M401	30
34	632	0:30:04	Paul Lambert	Hastings Runners	HR	HR/HAC	M40	270	M402	31
35	366	0:30:12	Barry Pearson	Arena 80 AC	A80	A80	M45	269	M402	32
36	571	0:30:15	Scott Harris	Hailsham Harriers	HAIL	HAIL	M35	268	SM2	33
37	10	0:30:20	Jonathan Burrell	Lewes AC	LEW	LEW	M60	267	M601	34
38	224	0:30:21	James Marron	Seaford Striders	SEAF	PPSST	M50	266	M502	35
39	462	0:30:22	Zach Drake	Crowborough Runners	CROW	CROW	M45	265	M403	36
40	621	0:30:36	Sam Davies	Hastings Runners	HR	HR/HAC	M40	264	M403	37
41	373	0:30:36	Jim Watson	Arena 80 AC	A80	A80	M55	263	M501	38
42	559	0:30:37	Alice Denning	Hailsham Harriers	HAIL	HAIL	SF	200	SF1	39
43	517	0:30:44	Gianluca Del- Gaudio	Eastbourne Rovers AC	EAST	EAST/BDY	SM	262	NSM3	40
44	530	0:30:45	Alison Moore	Eastbourne Rovers AC	EAST	EAST/BDY	SF	199	SF1	41
45	481	0:30:49	Peter Noon	Crowborough Runners	CROW	CROW	M45	261	SM3	42
46	148	0:30:53	Geraldine Moffat	Portslade Hedgehoppers	HEDGE	HEDGE	F60	198	F601	43
47	752	0:30:57	John Babajide	Portslade Hedgehoppers	HEDGE	HEDGE	M35	260	SM1	44
48	121	0:30:59	Matt Wilmshurst	Polegate Plodders	POLE	PPSST	M40	259	M403	45
49	447	0:31:01	Gordon Berry	Crowborough Runners	CROW	CROW	M45	258	SM4	46
50	131	0:31:05	Martin Eccles	Portslade Hedgehoppers	HEDGE	HEDGE	M45	257	M402	47
51	552	0:31:07	Laurie Burrett	Hailsham Harriers	HAIL	HAIL	M40	256	M401	48
52	2	0:31:16	David Woollard	Heathfield Runners	HEAT	HTH/UCK	M45	255	M401	49
53	141	0:31:19	Randall Joy-Camacho	Portslade Hedgehoppers	HEDGE	HEDGE	M55	254	M502	50
54	460	0:31:23	Maurizio Di Santo	Crowborough Runners	CROW	CROW	M50	253	M501	51
55	574	0:31:27	Claire Keith	Hailsham Harriers	HAIL	HAIL	F35	197	SF2	52
56	274	0:31:30	Rachel Stacy	Team Bodyworks	BDY	EAST/BDY	F35	196	SF2	53
57	418	0:31:31	Phil Hart	Brighton & Hove Frontrunner:	FRONTR	FRONTR	SM	252	SM1	54
58	241	0:31:32	Austin Warren	Seaford Striders	SEAF	PPSST	M55	251	M503	55
59	546	0:31:36	Phil Wood	Eastbourne Rovers AC	EAST	EAST/BDY	M50	250	M501	56
60	809	0:31:43	Hannah Jackson	Crowborough Runners	CROW	CROW	SF	195	SF1	57
61	33	0:31:45	Ben Hodgson	Lewes AC	LEW	LEW	M50	249	M501	58
62	406	0:31:49	Paul Arthur	Brighton & Hove Frontrunner:	FRONTR	FRONTR	M35	248	SM2	59
63	525	0:31:56	Steve Hutchison	Eastbourne Rovers AC	EAST	EAST/BDY	M50	247	M502	60
64	342	0:32:04	Eleanor Osmond	Wadhurst Runners	WAD	WAD	SF	194	SF1	61
65	536	0:32:05	Marco Royes	Eastbourne Rovers AC	EAST	EAST/BDY	SM	246	NSM4	62
66	806	0:32:09	Barry Smollens	Peacehaven Run Club	PEACEH	PPSST	M40	245	SM2	63
67	639	0:32:09	Roman Pavlenko	Hastings Runners	HR	HR/HAC	M45	244	SM1	64
68	499	0:32:12	Peter Turner	Crowborough Runners	CROW	CROW	SM	243	NSM1	65
69	69	0:32:18	Philip Westbury	Lewes AC	LEW	LEW	M45	242	M402	66
70	302	0:32:19	Richard Goulder	Uckfield Runners	UCK	HTH/UCK	M50	241	M501	67
71	412	0:32:20	John Connern	Brighton & Hove Frontrunner:	FRONTR	FRONTR	M40	240	M402	68
72	297	0:32:22	Rod Dempster	Uckfield Runners	UCK	HTH/UCK	M55	239	M502	69
73	758	0:32:26	Lee Hewson	Eastbourne Rovers AC	EAST	EAST/BDY	M35	238	NSM5	70
74	280	0:32:28	Gary Burnham-Jones	Tri Tempo	TRIT	PPSST	M50	237	SM3	71
75	610	0:32:29	Chris Brandt	Hastings AC	HAC	HR/HAC	M60	236	M601	72
76	743	0:32:32	Edward Tuckley	-	NS	NS	M35	NS	NS	NS
77	72	0:32:45	Joe Whiting	Lewes AC	LEW	LEW	SM	235	SM2	73
78	257	0:32:47	Johanna Bedford	Team Bodyworks	BDY	EAST/BDY	F45	193	F401	74
79	548	0:32:52	Carl Barton	Hailsham Harriers	HAIL	HAIL	M45	234	M402	75
80	268	0:32:56	Rob Light	Team Bodyworks	BDY	EAST/BDY	M50	233	M503	76
81	193	0:32:57	Shane Smith	RunWednesdays	RUNW	RUNW	M35	232	SM2	77
82	9	0:32:59	Richard Bailey	Lewes AC	LEW	LEW	M50	231	M502	78
83	227	0:33:02	Lizzie Miles	Seaford Striders	SEAF	PPSST	F40	192	F401	79

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84	637	0:33:02	Martin Noakes	Hastings Runners	HR	HR/HAC	M60		230	M602		80
85	810	0:33:03	Ollie Rogers	-	NS	NS	M45	NS		NS	NS	
86	104	0:33:09	Mark Millar	Peacehaven Run Club	PEACEH	PPSST	M55		229	SM4		81
87	606	0:33:17	Graham Woolley	Hailsham Harriers	HAIL	HAIL	M45		228	M403		82
88	520	0:33:18	Sue Fry	Eastbourne Rovers AC	EAST	EAST/BDY	F50		191	F501		83
89	769	0:33:19	Dave Dunstall	Seaford Striders	SEAF	PPSST	M60		227	M601		84
90	113	0:33:22	Liam Brooks	Polegate Plodders	POLE	PPSST	M40		226	NSM1		85
91	492	0:33:27	Adam Styles	Crowborough Runners	CROW	CROW	M50		225	M502		86
92	598	0:33:27	Dan Shipton	Hailsham Harriers	HAIL	HAIL	M45		224	SM3		87
93	225	0:33:29	Erica Martin	Seaford Striders	SEAF	PPSST	F40		190	F402		88
94	394	0:33:38	Peter Newstead	Bexhill Run Tri	BEX	BEX	M40		223	M401		89
95	601	0:33:39	Maria Smith	Hailsham Harriers	HAIL	HAIL	F50		189	F501		90
96	369	0:33:40	Helena Rooney	Arena 80 AC	A80	A80	F35		188	SF1		91
97	64	0:33:45	Mark Stainthorpe	Lewes AC	LEW	LEW	M50		222	M503		92
98	86	0:33:48	Claire Lockwood	Meads Runners	MEAD	MEAD	F35		187	SF1		93
99	558	0:33:51	Sarah Day	Hailsham Harriers	HAIL	HAIL	SF		186	NSF1		94
100	555	0:33:51	Matt Courtnell	Hailsham Harriers	HAIL	HAIL	M40		221	SM4		95
101	134	0:33:52	Craig Gazey	Portslade Hedgehoppers	HEDGE	HEDGE	M40		220	M403		96
102	617	0:33:54	Kevin Blowers	Hastings Runners	HR	HR/HAC	M60		219	M501		97
103	772	0:33:55	Ollie Card	Seaford Striders	SEAF	PPSST	M40		218	NSM2		98
104	534	0:33:56	Luke Regan	Eastbourne Rovers AC	EAST	EAST/BDY	M35		217	NSM6		99
105	80	0:33:58	Sarah Eddie	Meads Runners	MEAD	MEAD	F40		185	F401		100
106	132	0:34:04	Andy Elphick	Portslade Hedgehoppers	HEDGE	HEDGE	M55		216	M503		101
107	91	0:34:08	David Wharton	Meads Runners	MEAD	MEAD	M55		215	M502		102
108	796	0:34:11	Emily Danvers	Seaford Striders	SEAF	PPSST	F40		184	SF1		103
109	576	0:34:12	Chris Little	Hailsham Harriers	HAIL	HAIL	M40		214	NSM1		104
110	139	0:34:17	John Harding	Portslade Hedgehoppers	HEDGE	HEDGE	M65		213	M601		105
111	804	0:34:20	Phil Grabsky	Lewes AC	LEW	LEW	M60		212	M602		106
112	231	0:34:22	Richard Preece	Seaford Striders	SEAF	PPSST	M60		211	M602		107
113	786	0:34:22	Anthony Hodgson	Bexhill Run Tri	BEX	BEX	M40		210	M402		108
114	51	0:34:26	Dominic Osman-Allu	Lewes AC	LEW	LEW	M60		209	M403		109
115	415	0:34:27	Patrick Doddy	Brighton & Hove Frontrunner:	FRONTR	FRONTR	M50		208	M501		110
116	483	0:34:29	Tim Probert	Crowborough Runners	CROW	CROW	M45		207	NSM2		111
117	422	0:34:30	Colin Keast	Brighton & Hove Frontrunner:	FRONTR	FRONTR	M35		206	SM3		112
118	795	0:34:32	Thomas Rainsford	-	NS	NS	M40	NS		NS	NS	
119	459	0:34:33	Alan Dean	Crowborough Runners	CROW	CROW	M45		205	NSM3		113
120	541	0:34:34	Seb Stracey	Eastbourne Rovers AC	EAST	EAST/BDY	SM		204	NS	NS	
121	377	0:34:35	Caroline Wood	Arena 80 AC	A80	A80	F60		183	F601		114
122	759	0:34:37	Jeremy Sankey	Bexhill Run Tri	BEX	BEX	M60		203	M601		115
123	515	0:34:38	Marina Davies	Eastbourne Rovers AC	EAST	EAST/BDY	F55		182	F502		116
124	488	0:34:40	Niall Smith	Crowborough Runners	CROW	CROW	M35		202	NSM4		117
125	385	0:34:42	Grant Docksey	Bexhill Run Tri	BEX	BEX	M55		201	M502		118
126	30	0:34:43	Emily Hague	Lewes AC	LEW	LEW	SF		181	SF1		119
127	568	0:34:44	Audrey Haddon	Hailsham Harriers	HAIL	HAIL	F40		180	F401		120
128	593	0:34:46	Mark Pope	Hailsham Harriers	HAIL	HAIL	M35		200	NSM2		121
129	527	0:34:48	Liz Lumber	Eastbourne Rovers AC	EAST	EAST/BDY	F55		179	F402		122
130	389	0:34:57	Kimberley Hitchens	Bexhill Run Tri	BEX	BEX	SF		178	SF1		123
131	800	0:34:58	Stephen Tully	Peacehaven Run Club	PEACEH	PPSST	M50		199	NSM3		124
132	649	0:35:03	Claire Thomas	Hastings Runners	HR	HR/HAC	F40		177	F401		125
133	267	0:35:04	Nick King	Team Bodyworks	BDY	EAST/BDY	M40		198	NS	NS	
134	161	0:35:05	Ollie Blanks	RunWednesdays	RUNW	RUNW	M35		197	SM3		126
135	120	0:35:06	Ian Weston	Polegate Plodders	POLE	PPSST	M60		196	NSM4		127
136	762	0:35:08	Noj Northway	Polegate Plodders	POLE	PPSST	M60		195	NSM5		128
137	417	0:35:09	Poppy Gooch	Brighton & Hove Frontrunner:	FRONTR	FRONTR	SF		176	SF1		129
138	144	0:35:10	Jo Mabbitt	Portslade Hedgehoppers	HEDGE	HEDGE	F35		175	SF1		130
139	658	0:35:11	Will Blanford	Heathfield Runners	HEAT	HTH/UCK	M60		194	M601		131
140	630	0:35:11	Neil Jeffries	Hastings Runners	HR	HR/HAC	M65		193	M502		132
141	540	0:35:12	Matt Southam	Eastbourne Rovers AC	EAST	EAST/BDY	M35		192	NS	NS	
142	89	0:35:13	Wendy Robson	Meads Runners	MEAD	MEAD	F50		174	F501		133
143	392	0:35:22	Dan Marshman	Bexhill Run Tri	BEX	BEX	M50		191	M503		134
144	529	0:35:27	Lucy Martin	Eastbourne Rovers AC	EAST	EAST/BDY	SF		173	NSF1		135
145	233	0:35:30	Anneka Redley-Cook	Seaford Striders	SEAF	PPSST	F35		172	SF2		136
146	382	0:35:38	Carole Crathern	Bexhill Run Tri	BEX	BEX	F60		171	F601		137
147	487	0:35:38	Chris Russell	Crowborough Runners	CROW	CROW	M65		190	M601		138
148	766	0:35:39	Kester Pearce-Huggett	-	NS	NS	SM	NS		NS	NS	
149	110	0:35:42	Steve Sprague	Peacehaven Run Club	PEACEH	PPSST	M50		189	NSM6		139
150	379	0:35:48	Alistair Marshman	Bexhill Run Tri	BEX	BEX	M50		188	M403		140
151	293	0:35:50	Sean Wright	Tri Tempo	TRIT	PPSST	M55		187	NS	NS	
152	6	0:35:51	Sonnii Pine	HY Runners	HYRun	HYRun	F45		170	F401		141
153	398	0:35:57	Neil Smith	Bexhill Run Tri	BEX	BEX	M45		186	SM1		142
154	79	0:35:58	Nicky Deacy	Meads Runners	MEAD	MEAD	F45		169	F402		143
155	189	0:36:00	Robert Ramsden	RunWednesdays	RUNW	RUNW	M60		185	M601		144
156	787	0:36:01	Joshua Crush	Wadhurst Runners	WAD	WAD	SM		184	SM1		145
157	425	0:36:03	Holly O'Flanagan	Brighton & Hove Frontrunner:	FRONTR	FRONTR	SF		168	SF2		146
158	94	0:36:04	Tobias Bunyan	Peacehaven Run Club	PEACEH	PPSST	M50		183	NS	NS	
159	35	0:36:05	Mat Homewood	Lewes AC	LEW	LEW	M55		182	SM3		147
160	111	0:36:10	Lisa Tindle	Peacehaven Run Club	PEACEH	PPSST	F40		167	NSF1		148
161	173	0:36:10	James Griffiths	RunWednesdays	RUNW	RUNW	M50		181	M501		149
162	588	0:36:11	Oliver Paterson	Hailsham Harriers	HAIL	HAIL	SM		180	NSM3		150
163	367	0:36:15	Jonathan Pickworth	Arena 80 AC	A80	A80	M60		179	M601		151
164	662	0:36:15	Dean Franklin	Heathfield Runners	HEAT	HTH/UCK	M60		178	M602		152
165	615	0:36:18	Darren Barzee	Hastings Runners	HR	HR/HAC	M55		177	M503		153
166	278	0:36:20	Darren Broderick	Tri Tempo	TRIT	PPSST	M55		176	NS	NS	
167	801	0:36:23	Simon Palmer	-	NS	NS	M45	NS		NS	NS	
168	579	0:36:24	Jo McGowan	Hailsham Harriers	HAIL	HAIL	F40		166	F402		154
169	345	0:36:26	Annabel Preston	Wadhurst Runners	WAD	WAD	F50		165	F501		155

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170	103	0:36:27	Lynsey Millar	Peacehaven Run Club	PEACEH	PPSST	F50		164	F501	156
171	416	0:36:29	Tommy Doyle	Brighton & Hove Frontrunner:	FRONTR	FRONTR	M45		175	M403	157
172	426	0:36:30	Amy Richardson	Brighton & Hove Frontrunner:	FRONTR	FRONTR	SF		163	NSF1	158
173	409	0:36:31	Sam Brooks	Brighton & Hove Frontrunner:	FRONTR	FRONTR	SM		174	SM4	159
174	474	0:36:35	Alastair Lee	Crowborough Runners	CROW	CROW	M60		173	M602	160
175	50	0:36:36	Sally Norris	Lewes AC	LEW	LEW	F45		162	F401	161
176	603	0:36:36	Robin Warwick	Hailsham Harriers	HAIL	HAIL	M45		172	NSM4	162
177	251	0:36:40	Dave Kitchener	Seafront Shufflers	SHUF	PPSST	M60		171	NS	NS
178	289	0:36:43	Jamie Walters	Tri Tempo	TRIT	PPSST	SM		170	NS	NS
179	343	0:36:48	Olly Osmond	Wadhurst Runners	WAD	WAD	M55		169	M501	163
180	587	0:36:51	Helen O'Sullivan	Hailsham Harriers	HAIL	HAIL	F45		161	NSF2	164
181	710	0:37:02	Peter Drummond	Eastbourne Rovers AC	EAST	EAST/BDY	M60		168	M601	165
182	471	0:37:03	Jack Knapp	Crowborough Runners	CROW	CROW	SM		167	NSM5	166
183	465	0:37:04	John Everest	Crowborough Runners	CROW	CROW	M40		166	NSM6	167
184	299	0:37:06	Louise Garnham	Uckfield Runners	UCK	HTH/UCK	F45		160	F401	168
185	486	0:37:08	Olatz Rliuz-Smith	Crowborough Runners	CROW	CROW	F40		159	F401	169
186	595	0:37:11	Graham Purdye	Hailsham Harriers	HAIL	HAIL	M65		165	M601	170
187	13	0:37:14	Stephanie Crespin	Lewes AC	LEW	LEW	F50		158	F501	171
188	749	0:37:17	Carl Sykes	Lewes AC	LEW	LEW	M60		164	SM4	172
189	774	0:37:20	Robin Searle	Lewes AC	LEW	LEW	F35		157	SF2	173
190	631	0:37:20	Andy Knight	Hastings Runners	HR	HR/HAC	M60		163	SM2	174
191	281	0:37:23	Matthew Cheney	Tri Tempo	TRIT	PPSST	M40		162	NS	NS
192	319	0:37:24	Toby Bull	Wadhurst Runners	WAD	WAD	M45		161	M402	175
193	151	0:37:31	Laurence Sava	Portslade Hedgehoppers	HEDGE	HEDGE	M70		160	M602	176
194	321	0:37:40	Imogen Burman-Mitchell	Wadhurst Runners	WAD	WAD	F50		156	F502	177
195	363	0:37:43	Michael Miller	Arena 80 AC	A80	A80	M65		159	M602	178
196	11	0:37:48	Andrew Chitty	Lewes AC	LEW	LEW	M70		158	NSM1	179
197	556	0:37:49	Belinda Cramp	Hailsham Harriers	HAIL	HAIL	F55		155	F502	180
198	413	0:37:51	Alex Darsley	Brighton & Hove Frontrunner:	FRONTR	FRONTR	M40		157	NSM1	181
199	613	0:37:56	Mary Sanderson	Hastings AC	HAC	HR/HAC	F55		154	F501	182
200	250	0:37:57	Ian King	Seafront Shufflers	SHUF	PPSST	M55		156	NS	NS
201	376	0:38:12	Patrycja Wollnik	Arena 80 AC	A80	A80	F45		153	F401	183
202	782	0:38:22	Richard Guest	Portslade Hedgehoppers	HEDGE	HEDGE	M55		155	SM2	184
203	371	0:38:25	Mark Stephenson	Arena 80 AC	A80	A80	M65		154	M502	185
204	788	0:38:29	Stephen Sedgwick	Crowborough	NS	NS	M55	NS	NS	NS	NS
205	204	0:38:30	Fiona Williams	RunWednesdays	RUNW	RUNW	F35		152	SF1	186
206	524	0:38:34	Tasnim Humaid	Eastbourne Rovers AC	EAST	EAST/BDY	SF		151	NSF2	187
207	735	0:38:36	Raymond Smith	Seaford Striders	SEAF	PPSST	M50		153	NS	NS
208	803	0:38:37	Matthew Roff	Brighton & Hove Frontrunner:	FRONTR	FRONTR	M35		152	NSM2	188
209	22	0:38:38	Gerard Dummett	Lewes AC	LEW	LEW	M65		151	NSM2	189
210	799	0:38:38	Bronwyn Tully	Peacehaven Run Club	PEACEH	PPSST	SF		150	NSF2	190
211	214	0:38:39	Martin Dalimer	Seaford Striders	SEAF	PPSST	M50		150	NS	NS
212	109	0:38:39	Ollie Sprague	Peacehaven Run Club	PEACEH	PPSST	SM		149	NS	NS
213	450	0:38:41	Ashley Box	Crowborough Runners	CROW	CROW	M55		148	M503	191
214	125	0:38:45	Peter Brockwell	Portslade Hedgehoppers	HEDGE	HEDGE	M45		147	SM3	192
215	495	0:38:53	Bryan Tapsell	Crowborough Runners	CROW	CROW	M70		146	NS	NS
216	220	0:38:56	Kevin Ives	Seaford Striders	SEAF	PPSST	M50		145	NS	NS
217	357	0:38:57	Sue Brumwell	Arena 80 AC	A80	A80	F60		149	F602	193
218	41	0:38:59	Gary Loughlin	Lewes AC	LEW	LEW	M55		144	NSM3	194
219	567	0:39:01	Darren Grice	Hailsham Harriers	HAIL	HAIL	M35		143	NSM5	195
220	494	0:39:02	Claire Styles	Crowborough Runners	CROW	CROW	F55		148	F501	196
221	780	0:39:08	Tim Perkins	RunWednesdays	RUNW	RUNW	M45		142	M401	197
222	523	0:39:09	Natalie Hoadley	Eastbourne Rovers AC	EAST	EAST/BDY	F50		147	NSF3	198
223	704	0:39:12	Eddie Diplock	Hailsham Harriers	HAIL	HAIL	M50		141	M501	199
224	797	0:39:13	David Smith	Wadhurst Runners	WAD	WAD	M60		140	M601	200
225	489	0:39:14	Heather Stevens	Crowborough Runners	CROW	CROW	F40		146	F402	201
226	287	0:39:16	Joshua Rafferty McWall	Tri Tempo	TRIT	PPSST	SM		139	NS	NS
227	764	0:39:18	Lucy Wright	-	NS	NS	F55	NS	NS	NS	NS
228	156	0:39:19	Melvin Yeo	Portslade Hedgehoppers	HEDGE	HEDGE	M55		138	SM4	202
229	114	0:39:26	Paul Charlton	Polegate Plodders	POLE	PPSST	M65		137	NS	NS
230	24	0:39:28	David Foster	Lewes AC	LEW	LEW	M60		136	NSM4	203
231	253	0:39:31	Grant Meyer	Seafront Shufflers	SHUF	PPSST	M40		135	NS	NS
232	205	0:39:36	Phillip Wright	RunWednesdays	RUNW	RUNW	M50		134	M502	204
233	500	0:39:43	Eileen Welch	Crowborough Runners	CROW	CROW	F45		145	SF2	205
234	277	0:39:47	Frank Brennan	Tri Tempo	TRIT	PPSST	M70		133	NS	NS
235	770	0:39:49	Chris Naylor	Arena 80 AC	A80	A80	F70		144	F501	206
236	356	0:39:52	Stuart Brown	Arena 80 AC	A80	A80	M65		132	M503	207
237	812	0:40:00	Laura Torrance	Hastings Runners	HR	HR/HAC	F40		143	F402	208
238	785	0:40:02	Lucy Walter	Bexhill Run Tri	BEX	BEX	F40		142	F401	209
239	364	0:40:02	Bob Page	Arena 80 AC	A80	A80	M65		131	M403	210
240	60	0:40:03	Sarah Robinson	Lewes AC	LEW	LEW	F60		141	F601	211
241	178	0:40:05	Al Marshall	RunWednesdays	RUNW	RUNW	M55		130	M503	212
242	17	0:40:12	Karin Divall	Lewes AC	LEW	LEW	F65		140	F602	213
243	815	0:40:13	Paul Hawkins	-	NS	NS	M50	NS	NS	NS	NS
244	648	0:40:14	Ruth Spiller	Hastings Runners	HR	HR/HAC	F60		139	F601	214
245	402	0:40:17	Geoff Tondeur	Bexhill Run Tri	BEX	BEX	M55		129	SM2	215
246	54	0:40:28	Poppy Pittock	Lewes AC	LEW	LEW	SF		138	NSF1	216
247	775	0:40:34	Tracy Erridge	Hailsham Harriers	HAIL	HAIL	F55		137	NSF3	217
248	466	0:40:36	Lawry Freeman	Crowborough Runners	CROW	CROW	M50		128	NS	NS
249	105	0:40:38	Nicole Page	Peacehaven Run Club	PEACEH	PPSST	SF		136	NSF3	218
250	332	0:40:39	Linda Hayes	Wadhurst Runners	WAD	WAD	F65		135	F601	219
251	600	0:40:42	Gary Smith	Hailsham Harriers	HAIL	HAIL	M55		127	M502	220
252	46	0:40:43	Peter Miller	Lewes AC	LEW	LEW	M55		126	NSM5	221
253	776	0:40:44	Tina Macenhill	Hailsham Harriers	HAIL	HAIL	F55		134	NSF4	222
254	47	0:40:46	Emily Murray	Lewes AC	LEW	LEW	F40		133	F402	223
255	784	0:40:48	Russell Colbran	Meads Runners	MEAD	MEAD	M50		125	M503	224

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256	128	0:40:50	Judith Carder	Portslade Hedgehoppers	HEDGE	HEDGE	F65	132	F602	225
257	424	0:40:51	Scott Oakley	Brighton & Hove Frontrunner:	FRONTR	FRONTR	M35	124	NSM3	226
258	285	0:41:01	Jamie Martin	Tri Tempo	TRIT	PPSST	SM	123	NS	NS
259	457	0:41:05	John Crockford	Crowborough Runners	CROW	CROW	M55	122	NS	NS
260	453	0:41:06	Lorna Buckwell	Crowborough Runners	CROW	CROW	F45	131	NSF1	227
261	36	0:41:09	Bob Hughes	Lewes AC	LEW	LEW	M70	121	NSM6	228
262	808	0:41:10	Jane Coles	Hastings Runners	HR	HR/HAC	F60	130	F602	229
263	647	0:41:11	Deborah Small	Hastings Runners	HR	HR/HAC	F45	129	SF1	230
264	65	0:41:14	Steve Stamos	Lewes AC	LEW	LEW	M60	120	NS	NS
265	490	0:41:18	Bex Stevens	Crowborough Runners	CROW	CROW	F35	128	NSF2	231
266	511	0:41:27	Nicky Bignell	Eastbourne Rovers AC	EAST	EAST/BDY	F35	127	NSF4	232
267	763	0:41:31	Fenella Maloney	Eastbourne Rovers AC	EAST	EAST/BDY	F55	126	NS	NS
268	651	0:41:32	Simon Trevena	Hastings Runners	HR	HR/HAC	M55	119	SM3	233
269	636	0:41:32	Jo Nevett	Hastings Runners	HR	HR/HAC	F50	125	F502	234
270	669	0:41:33	Stuart Meeks	Heathfield Runners	HEAT	HTH/UCK	M55	118	M503	235
271	115	0:41:37	Peter Cook	Polegate Plodders	POLE	PPSST	M65	117	NS	NS
272	783	0:41:40	Judy Colbran	Meads Runners	MEAD	MEAD	F50	124	F502	236
273	781	0:41:45	Poppy Aldrich	Hastings AC	HAC	HR/HAC	SF	123	SF2	237
274	802	0:41:46	Unidentified Runner		-	NS	SF	NS	NS	NS
275	119	0:41:46	Roger Humphries	Polegate Plodders	POLE	PPSST	M65	116	NS	NS
276	767	0:41:47	Laura Pearce-Huggett		-	NS	SF	NS	NS	NS
277	768	0:41:48	James Huggett		-	NS	SM	NS	NS	NS
278	660	0:41:57	Andy Diplock	Heathfield Runners	HEAT	HTH/UCK	M50	115	M402	238
279	31	0:42:00	Claire Hawes	Lewes AC	LEW	LEW	F50	122	F502	239
280	659	0:42:01	Beverley Chapman	Heathfield Runners	HEAT	HTH/UCK	F55	121	F501	240
281	463	0:42:08	Louise Ellis	Crowborough Runners	CROW	CROW	F55	120	F502	241
282	311	0:42:20	Chris Lugg	Uckfield Runners	UCK	HTH/UCK	M45	114	M403	242
283	655	0:42:23	Brian Barley	Heathfield Runners	HEAT	HTH/UCK	M50	113	SM2	243
284	184	0:42:28	Scott O'Rourke	RunWednesdays	RUNW	RUNW	M50	112	M402	244
285	165	0:42:31	Samantha Crompton	RunWednesdays	RUNW	RUNW	F45	119	F401	245
286	230	0:42:31	Stacey Pollard	Seaford Striders	SEAF	PPSST	F40	118	NSF4	246
287	777	0:42:32	Leon Greck	Polegate Plodders	POLE	PPSST	M45	111	NS	NS
288	611	0:42:35	Francis Burnham	Hastings AC	HAC	HR/HAC	F65	117	NSF1	247
289	475	0:42:46	Pearl Manser	Crowborough Runners	CROW	CROW	F60	116	F601	248
290	362	0:42:52	Jenny Hughes	Arena 80 AC	A80	A80	F65	115	F502	249
291	324	0:42:53	Giles Clark	Wadhurst Runners	WAD	WAD	M65	110	M602	250
292	300	0:42:57	Emily Gibson	Uckfield Runners	UCK	HTH/UCK	F50	114	F502	251
293	421	0:43:02	David Hurst	Brighton & Hove Frontrunner:	FRONTR	FRONTR	M65	109	M601	252
294	275	0:43:06	Paul Standen-Payne	Team Bodyworks	BDY	EAST/BDY	M50	108	NS	NS
295	166	0:43:17	Nicola Davie	RunWednesdays	RUNW	RUNW	F50	113	F501	253
296	172	0:43:18	Evelyn Griffiths	RunWednesdays	RUNW	RUNW	F55	112	F502	254
297	228	0:43:26	Michelle Mills	Seaford Striders	SEAF	PPSST	F50	111	F502	255
298	16	0:43:30	Julie Deakin	Lewes AC	LEW	LEW	F60	110	NSF2	256
299	503	0:43:41	Scott Werner	Crowborough Runners	CROW	CROW	M40	107	NS	NS
300	549	0:43:43	Stephanie Bassett	Hailsham Harriers	HAIL	HAIL	F45	109	NS	NS
301	336	0:43:47	Caron Joyes	Wadhurst Runners	WAD	WAD	F65	108	F602	257
302	577	0:43:52	Victoria Little	Hailsham Harriers	HAIL	HAIL	F45	107	NS	NS
303	657	0:43:56	Fleur Blanford	Heathfield Runners	HEAT	HTH/UCK	F60	106	F601	258
304	428	0:43:57	Mackenzie Soley	Brighton & Hove Frontrunner:	FRONTR	FRONTR	M40	106	NSM4	259
305	163	0:43:59	Sarah Case	RunWednesdays	RUNW	RUNW	F50	105	F402	260
306	411	0:43:59	Steven Chantrey	Brighton & Hove Frontrunner:	FRONTR	FRONTR	M60	105	M602	261
307	650	0:44:05	Dave Timmins	Hastings Runners	HR	HR/HAC	M55	104	SM4	262
308	254	0:44:10	Richard Meyer	Seafront Shufflers	SHUF	PPSST	M40	103	NS	NS
309	187	0:44:12	Katie Perkins	RunWednesdays	RUNW	RUNW	F45	104	SF2	263
310	798	0:44:20	Eleonora Tully	Peacehaven Run Club	PEACEH	PPSST	F45	103	NS	NS
311	127	0:44:28	Shawn Buck	Portslade Hedgehoppers	HEDGE	HEDGE	M65	102	NSM1	264
312	174	0:44:33	Amelia Jameson-Allen	RunWednesdays	RUNW	RUNW	SF	102	NSF1	265
313	790	0:44:34	Dan Somerville	RunWednesdays	RUNW	RUNW	SM	101	SM4	266
314	124	0:44:40	Liz Brockwell	Portslade Hedgehoppers	HEDGE	HEDGE	F45	101	F401	267
315	351	0:44:49	Rob Weighell	Wadhurst Runners	WAD	WAD	M65	100	M502	268
316	130	0:44:53	Debra Crisp	Portslade Hedgehoppers	HEDGE	HEDGE	F55	100	F501	269
317	513	0:44:54	Jo Birkmyre	Eastbourne Rovers AC	EAST	EAST/BDY	F50	99	NS	NS
318	401	0:45:08	Amanda Tondeur	Bexhill Run Tri	BEX	BEX	F50	98	F501	270
319	135	0:45:13	Gemma Gilroy	Portslade Hedgehoppers	HEDGE	HEDGE	F45	97	F402	271
320	557	0:45:13	Ros Daintree	Hailsham Harriers	HAIL	HAIL	F65	96	F601	272
321	284	0:45:20	Phil Long	Tri Tempo	TRIT	PPSST	M55	99	NS	NS
322	320	0:45:29	Peter Burfoot	Wadhurst Runners	WAD	WAD	M70	98	M503	273
323	42	0:45:34	Steph Masters	Lewes AC	LEW	LEW	SF	95	NSF3	274
324	479	0:45:36	Sally McCleverty	Crowborough Runners	CROW	CROW	F65	94	F602	275
325	761	0:45:50	Mary Northway	Polegate Plodders	POLE	PPSST	F60	93	F601	276
326	618	0:45:51	Piers Brunning	Hastings Runners	HR	HR/HAC	M65	97	NSM1	277
327	564	0:45:55	Louisa Geer	Hailsham Harriers	HAIL	HAIL	F35	92	NS	NS
328	210	0:45:56	Kat Chamberlain	Seaford Striders	SEAF	PPSST	F40	91	NS	NS
329	333	0:46:02	Alistair Howitt	Wadhurst Runners	WAD	WAD	M70	96	M403	278
330	325	0:46:13	Peter Clark	Wadhurst Runners	WAD	WAD	M50	95	SM2	279
331	553	0:46:17	Julie Chicken	Hailsham Harriers	HAIL	HAIL	F65	90	F602	280
332	352	0:46:22	Eleanor Wigram	Wadhurst Runners	WAD	WAD	F60	89	F401	281
333	18	0:46:44	Patrick Donovan	Lewes AC	LEW	LEW	M55	94	NS	NS
334	158	0:46:44	Mary Austin-Olsen	RunWednesdays	RUNW	RUNW	F70	88	F601	282
335	604	0:46:48	Felicity Williams	Hailsham Harriers	HAIL	HAIL	F55	87	NS	NS
336	62	0:46:53	Richard Rudd	Lewes AC	LEW	LEW	M60	93	NS	NS
337	813	0:47:03	Paul Crawley	Uckfield Runners	UCK	HTH/UCK	M55	92	SM3	283
338	472	0:47:12	Louise Knapp	Crowborough Runners	CROW	CROW	SF	86	NSF3	284
339	614	0:47:17	Trish Audis	Hastings Runners	HR	HR/HAC	F70	85	NSF2	285
340	95	0:47:24	Anne Carruthers	Peacehaven Run Club	PEACEH	PPSST	F65	84	F602	286
341	283	0:47:26	Helen Key	Tri Tempo	TRIT	PPSST	F55	83	NS	NS

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342	410	0:47:41	John Brown	Brighton & Hove Frontrunner: FRONTR	FRONTR	M55		91	M502	287
343	265	0:47:48	Karen Jaques	Team Bodyworks	BDY	EAST/BDY	F55	82	NS	NS
344	266	0:47:48	Will Johnston	Team Bodyworks	BDY	EAST/BDY	M55	90	NS	NS
345	262	0:47:57	Maddie Hawkins	Team Bodyworks	BDY	EAST/BDY	F40	81	NS	NS
346	386	0:47:59	Dagmara Ginter	Bexhill Run Tri	BEX	BEX	F50	80	F502	288
347	664	0:48:12	Vanessa Gray	Heathfield Runners	HEAT	HTH/UCK	F55	79	F402	289
348	480	0:48:15	Jayne Meyers	Crowborough Runners	CROW	CROW	F60	78	NSF4	290
349	315	0:48:23	Christine Tait	Uckfield Runners	UCK	HTH/UCK	F65	77	F602	291
350	322	0:48:27	Brigid Burnham	Wadhurst Runners	WAD	WAD	F60	76	F402	292
351	248	0:49:13	Hazel Akehurst	Seafront Shufflers	SHUF	PPSST	F40	75	NS	NS
352	310	0:49:17	James Kilvington	Uckfield Runners	UCK	HTH/UCK	M50	89	SM4	293
353	150	0:49:20	Sarah Russell	Portslade Hedgehoppers	HEDGE	HEDGE	F55	74	F502	294
354	96	0:49:22	Jane Chant	Peacehaven Run Club	PEACEH	PPSST	F50	73	NS	NS
355	675	0:49:42	Sue Taylor	Heathfield Runners	HEAT	HTH/UCK	F55	72	SF1	295
356	635	0:49:48	Sarah Marzaoli	Hastings Runners	HR	HR/HAC	F70	71	NSF3	296
357	221	0:49:49	Jane Kemp	Seaford Striders	SEAF	PPSST	F40	70	NS	NS
358	760	0:49:51	Jenny Rhodes	-	NS	NS	F60	NS	NS	NS
359	642	0:49:59	Yock Lin Richardson	Hastings Runners	HR	HR/HAC	F70	69	NSF4	297
360	93	0:50:02	Samantha Barden	Peacehaven Run Club	PEACEH	PPSST	F35	68	NS	NS
361	92	0:50:02	Rach Alley	Peacehaven Run Club	PEACEH	PPSST	F45	67	NS	NS
362	288	0:50:08	Rachael Stephens	Tri Tempo	TRIT	PPSST	F50	66	NS	NS
363	344	0:50:14	Victoria Osmond	Wadhurst Runners	WAD	WAD	F55	65	SF2	298
364	126	0:50:17	Val Brockwell	Portslade Hedgehoppers	HEDGE	HEDGE	F70	64	SF2	299
365	337	0:50:21	Albert Kemp	Wadhurst Runners	WAD	WAD	M70	88	SM3	300
366	586	0:50:26	Mandy Oakley	Hailsham Harriers	HAIL	HAIL	F60	63	NS	NS
367	192	0:50:38	Claire Shimmons	RunWednesdays	RUNW	RUNW	F45	62	NSF2	301
368	279	0:50:48	Geoff Brown	Tri Tempo	TRIT	PPSST	M60	87	NS	NS
369	619	0:50:49	Shana Burchett	Hastings Runners	HR	HR/HAC	F50	61	NS	NS
370	353	0:50:51	Iain Willatt	Wadhurst Runners	WAD	WAD	M65	86	SM4	302
371	622	0:50:55	Jo Edwards	Hastings Runners	HR	HR/HAC	F60	60	NS	NS
372	616	0:50:58	Krista Barzee	Hastings Runners	HR	HR/HAC	F50	59	NS	NS
373	805	0:51:21	Harriet Camp	Peacehaven Run Club	PEACEH	PPSST	SF	58	NS	NS
374	807	0:51:22	Lucy Wooller-Smith	Peacehaven Run Club	PEACEH	PPSST	F40	57	NS	NS
375	792	0:51:23	Charles Atkinson	-	NS	NS	M50	NS	NS	NS
376	634	0:51:37	Sue Mann	Hastings Runners	HR	HR/HAC	F65	56	NS	NS
377	665	0:52:04	Mark Hill	Heathfield Runners	HEAT	HTH/UCK	M55	85	NSM1	303
378	286	0:52:12	Dee Poole	Tri Tempo	TRIT	PPSST	F55	55	NS	NS
379	190	0:52:17	Samantha Ramsden	RunWednesdays	RUNW	RUNW	F60	54	F602	304
380	661	0:52:26	Lorraine Diplock	Heathfield Runners	HEAT	HTH/UCK	F55	53	SF2	305
381	682	0:52:42	Lu Sanchez	Seaford Striders	SEAF	PPSST	F55	52	NS	NS
382	179	0:52:46	Melissa Marshall	RunWednesdays	RUNW	RUNW	F45	51	NSF3	306
383	208	0:53:04	Sara Baitup	Seaford Striders	SEAF	PPSST	F40	50	NS	NS
384	477	0:54:36	Shirley Matthews	Crowborough Runners	CROW	CROW	F65	49	NS	NS
385	629	0:55:22	Julia James	Hastings Runners	HR	HR/HAC	F65	48	NS	NS
386	354	0:55:47	Anthony Wilson	Wadhurst Runners	WAD	WAD	M70	84	NSM1	307
387	200	0:56:25	Jade Turner	RunWednesdays	RUNW	RUNW	F45	47	NSF4	308
388	199	0:56:26	Emma Trenaman	RunWednesdays	RUNW	RUNW	F45	46	NS	NS
389	186	0:56:59	Rebekah Padgham	RunWednesdays	RUNW	RUNW	SF	45	NS	NS
390	491	0:57:29	Roger Stone	Crowborough Runners	CROW	CROW	M70	83	NS	NS
391	673	0:57:39	Gilly Nickols	Heathfield Runners	HEAT	HTH/UCK	F60	44	NSF1	309
392	464	0:57:50	Julie Erxleben	Crowborough Runners	CROW	CROW	F60	43	NS	NS
393	811	0:58:49	Michael Hall	Hastings Runners	HR	HR/HAC	M70	82	NSM2	310
394	716	0:58:50	John Gately	-	NS	NS	M70	NS	NS	NS
395	814	1:01:21	Catherine Carr	-	NS	NS	F55	NS	NS	NS
396	771	1:12:56	Graham Pearson	Hailsham Harriers	HAIL	HAIL	M50	81	M503	311

DNF	316	Graham West	Uckfield Runners	UCK
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