

ESSLXC Whitbread Hollow: 08-February-2026

Race 5 of 6

ALL CLUBS: 16 TEAMS (note awards are based on table excluding non East Sussex Clubs)

CAT	A80	BEX	FRONTR	CPA	CROW	EAST/BDY	HAIL	HR/HAC	HTH/UCK	HY AC	LEW	MEAD	PPSST	HEDGE	RUNW	WAD
SM1	249	249	42	249	5	1	129	174	15	249	35	249	17	249	22	120
SM2	249	249	73	249	8	2	137	192	181	249	41	249	23	249	39	249
SM3	249	249	110	249	37	3	163	206	185	249	148	249	53	249	64	249
SM4	249	249	229	249	45	4	249	249	213	249	159	249	59	249	71	249
M401	60	118	11	249	29	13	56	31	38	249	9	249	18	101	249	6
M402	249	249	47	249	30	25	70	36	167	249	10	249	24	140	249	241
M403	249	249	115	249	33	44	87	43	179	249	12	249	26	249	249	249
M501	249	86	249	235	16	40	136	102	50	249	65	107	20	7	249	48
M502	249	146	249	249	28	55	201	139	63	249	77	131	27	155	249	196
M503	249	217	249	249	34	57	249	161	133	249	128	168	51	214	249	238
M601	158	88	188	215	74	116	123	69	108	249	125	209	75	90	98	203
M602	249	248	191	249	143	223	249	100	249	249	127	249	83	103	249	210
SF1	104	249	68	249	80	149	49	186	249	249	91	249	78	119	111	145
SF2	249	249	82	249	105	153	61	208	249	249	171	249	93	240	117	249
F401	135	249	249	249	126	58	121	92	224	114	99	249	85	198	112	228
F402	249	249	249	249	134	144	130	183	233	249	106	249	212	237	249	249
F501	249	227	195	249	147	84	67	150	164	249	124	89	204	197	249	113
F502	249	231	249	249	176	122	249	162	225	249	205	151	221	207	249	184
F601	249	246	249	249	180	245	189	166	232	249	141	249	154	54	211	177
F602	249	249	249	249	187	249	249	173	247	249	202	249	220	160	249	218
TOT	4,441	4,346	3,343	4,932	1,617	1,787	2,964	2,822	3,404	4,845	2,075	4,341	1,743	3,467	3,584	3,821
POS	14	13	7	16	1	3	6	5	8	15	4	12	2	9	10	11
NSM1					46	14			234		165		72			
NSM2					52	19					170		81			
NSM3					62	21					222		94			
NSM4					66	32					226		95			
NSM5					132	76					236		96			
NSM6					219	79							97			
NSF1			109		156	193	138	230			172		157		152	
NSF2					169	194	142	244			175		190			
NSF3					178	216	199						239			
NSF4					182	242	200						243			
PREV.P	44	41	37	64	12	7	23	22	32	59	14	56	10	30	41	52
TOTAL	58	54	44	80	13	10	29	27	40	74	18	68	12	39	51	63
F.POS	12	11	9	16	3	1	6	5	8	15	4	14	2	7	10	13

A80	BEX	FRONTR	CPA	CROW	EAST/BDY	HAIL	HR/HAC	HTH/UCK	HY AC	LEW	MEAD	PPSST	HEDGE	RUNW	WAD
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- Key**
- A80** Arena 80 AC
 - BEX** Bexhill Run Tri
 - FRONTR** Brighton and Hove Frontrunners
 - CPA** Central Park Athletics
 - CROW** Crowborough Runners
 - EAST/BDY** Eastbourne Rovers and Team Bodyworks
 - HAIL** Hailsham Harriers
 - HR/HAC** Hastings Runners and Hastings AC
 - HTH/UCK** Heathfield Road Runners and Uckfield Runners
 - HY AC** HY AC
 - LEW** Lewes AC
 - MEAD** Meads Runners
 - PPSST** Polegate Plodders, Peacehaven Run Club, Seaford Shufflers, Seaford Striders and Tri Tempo
 - HEDGE** Portslade Hedgehoppers

RUNW

Run Wednesdays

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Race 5 of 6

EAST SUSSEX CLUBS: 14 TEAMS (Only East Sussex Teams qualify for awards: awards are awarded as per this table)

CAT	A80	BEX	FRONTR	CPA	CROW	EAST/BDY	HAIL	HR/HAC	HTH/UCK	HY AC	LEW	MEAD	PPSST	HEDGE	RUNW	WAD
SM1	249	249	42	-	5	1	129	174	15	249	35	249	17	249	22	120
SM2	249	249	73	-	8	2	137	192	181	249	41	249	23	249	39	249
SM3	249	249	110	-	37	3	163	206	185	249	148	249	53	249	64	249
SM4	249	249	229	-	45	4	249	249	213	249	159	249	59	249	71	249
M401	60	118	11	-	29	13	56	31	38	249	9	249	18	101	249	6
M402	249	249	47	-	30	25	70	36	167	249	10	249	24	140	249	241
M403	249	249	115	-	33	44	87	43	179	249	12	249	26	249	249	249
M501	249	86	249	-	16	40	136	102	50	249	65	107	20	7	249	48
M502	249	146	249	-	28	55	201	139	63	249	77	131	27	155	249	196
M503	249	217	249	-	34	57	249	161	133	249	128	168	51	214	249	238
M601	158	88	188	-	74	116	123	69	108	249	125	209	75	90	98	203
M602	249	248	191	-	143	223	249	100	249	249	127	249	83	103	249	210
SF1	104	249	68	-	80	149	49	186	249	249	91	249	78	119	111	145
SF2	249	249	82	-	105	153	61	208	249	249	171	249	93	240	117	249
F401	135	249	249	-	126	58	121	92	224	114	99	249	85	198	112	228
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F501	249	227	195	-	147	84	67	150	164	249	124	89	204	197	249	113
F502	249	231	249	-	176	122	249	162	225	249	205	151	221	207	249	184
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POS	14	13	7	-	1	3	6	5	8	15	4	12	2	9	10	11
NSM1	-	-	-	-	46	14	-	-	234	-	165	-	72	-	-	-
NSM2	-	-	-	-	52	19	-	-	-	-	170	-	81	-	-	-
NSM3	-	-	-	-	62	21	-	-	-	-	222	-	94	-	-	-
NSM4	-	-	-	-	66	32	-	-	-	-	226	-	95	-	-	-
NSM5	-	-	-	-	132	76	-	-	-	-	236	-	96	-	-	-
NSM6	-	-	-	-	219	79	-	-	-	-	-	-	97	-	-	-
NSF1	-	-	109	-	156	193	138	230	-	-	172	-	157	-	152	-
NSF2	-	-	-	-	169	194	142	244	-	-	175	-	190	-	-	-
NSF3	-	-	-	-	178	216	199	-	-	-	-	-	239	-	-	-
NSF4	-	-	-	-	182	242	200	-	-	-	-	-	243	-	-	-
PREV.P	44	41	37	-	12	7	23	22	32	59	14	56	10	30	41	52
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