ESSLXC SNAPE WOOD - 11 OCTOBER 2026 - SENIORS V2

Finishing position	Runner no	Time	Runner name	Club	Club Code	Team	Category	PTS	T CAT	T PTS
1	627	0:30:56	Steve Gates	Hastings AC	HAC	HR/HAC	M40	300	M401	1
2	422	0:31:59	James Bryant	Crowborough Runners	CROW	CROW	M35	299	SM1	2
3	556	0:32:21	Luke Tomsett	Eastbourne Rovers AC	EAST	EAST/BDY	SM	298	SM1	3
4	56	0:32:37	Tom Marchant	Lewes AC	LEW	LEW	SM	297	SM1	4
5	356	0:32:42	Dan Harmer	Arena 80 AC	A80	A80	M45	296	M401	5
6	557	0:33:29	Joshua Varney	Eastbourne Rovers AC	EAST	EAST/BDY	M35	295	SM2	6
7	335	0:33:42	Graeme McIntosh	Wadhurst Runners	WAD	WAD	M45	294	M401	7
8	724	0:34:00	Robert Thorpe	Hastings AC	HAC	HR/HAC	M40	293	M402	8
9	518	0:34:18	Liam Gunner	Eastbourne Rovers AC	EAST	EAST/BDY	M40	292	M401	9
10	713	0:34:29	JAMES MOAT	Heathfield Runners	HEAT	HTH/UCK	M35	291	SM1	10
11	404	0:34:39	Paul Howard	Brighton & Hove Frontrunner	FRONTR	FRONTR	M45	290	M401	11
12	502	0:34:41	Brian Birkmyre	Eastbourne Rovers AC	EAST	EAST/BDY	M40	289	M402	12
13	279	0:34:50	Jamie Philips	Tri Tempo	TRIT	PST	SM	288	SM1	13
14	459	0:35:01	Matt McCarthy	Crowborough Runners	CROW	CROW	SM	287	SM2	14
15	546	0:35:10	Jake Sherwood	Eastbourne Rovers AC	EAST	EAST/BDY	SM	286	SM3	15
16	234	0:35:15	Josh Nisbett	Seaford Striders	SEAF	SEA/PEACE	M35	285	SM1	16
17	266	0:35:21	Harry Ansell	Tri Tempo	TRIT	PST	SM	284	SM2	17
18	550	0:35:23	Matt Southam	Eastbourne Rovers AC	EAST	EAST/BDY	M35	283	SM4	18
19	467	0:35:40	Mark Redfern	Crowborough Runners	CROW	CROW	M50	282	M501	19
20	566	0:35:45	Laurie Burrett	Hailsham Harriers	HAIL	HAIL	M40	281	M401	20
21	536	0:35:50	Stuart Pelling	Eastbourne Rovers AC	EAST	EAST/BDY	M35	280	NSM1	21
22	43	0:35:56	Chris Gilbert	Lewes AC	LEW	LEW	M50	279	M501	22
23	647	0:36:00	Elizabeth Hutchinson	Hastings AC	HAC	HR/HAC	FU18	200	SF1	23
24	375	0:36:03	Ben Wright	Arena 80 AC	A80	A80	M45	278	M402	24
25	642	0:36:14	Laura Gill	Hastings AC	HAC	HR/HAC	F40	199	F401	25
26	147	0:36:16	Alex Rawlinson	Portslade Hedgehoppers	HEDGE	HEDGE	SM	277	SM1	26
27	636	0:36:18	Paul Bennett	Hastings AC	HAC	HR/HAC	M45	276	M403	27
28	77	0:36:21	Dale Anderton	Meads Runners	MEAD	MEAD	M55	275	M501	28
29	26	0:36:23	Jonathan Burrell	Lewes AC	LEW	LEW	M60	274	M601	29
30	124	0:36:27	John Bird	Portslade Hedgehoppers	HEDGE	HEDGE	M45	273	M401	30
31	426	0:36:32	Neil Couchman	Crowborough Runners	CROW	CROW	M45	272	M401	31
32	229	0:36:46	James Marron	Seaford Striders	SEAF	SEA/PEACE	M50	271	M501	32
33	123	0:36:50	John Babajide	Portslade Hedgehoppers	HEDGE	HEDGE	M40	270	M402	33
34	400	0:36:55	Sam Brooks	Brighton & Hove Frontrunner	FRONTR	FRONTR	SM	269	SM1	34
35	354	0:37:01	Martin Eccles	Arena 80 AC	A80	A80	M45	268	M403	35
36	498	0:37:09	Carl Barton	Eastbourne Rovers AC	EAST	EAST/BDY	M50	267	M501	36
37	635	0:37:18	Richard Vidler	Hastings AC	HAC	HR/HAC	M40	266	SM1	37
38	569	0:37:20	Rob Chrystie	Hailsham Harriers	HAIL	HAIL	M45	265	M402	38
39	431	0:37:23	Will Dean	Crowborough Runners	CROW	CROW	MU18	264	SM3	39
40	93	0:37:25	Ed Savage	Meads Runners	MEAD	MEAD	M35	263	SM1	40
41	495	0:37:30	Pete Woodward	Crowborough Runners	CROW	CROW	M40	262	M402	41
42	524	0:37:56	Graham Hollands	Eastbourne Rovers AC	EAST	EAST/BDY	M35	261	NSM2	42
43	86	0:37:58	Graeme Hadlow	Meads Runners	MEAD	MEAD	M50	260	M502	43
44	464	0:38:12	Peter Noon	Crowborough Runners	CROW	CROW	M45	259	M403	44
45	402	0:38:16	John Connern	Brighton & Hove Frontrunner	FRONTR	FRONTR	M40	258	M402	45
46	424	0:38:18	Craig Chapman	Crowborough Runners	CROW	CROW	M50	257	M502	46
47	736	0:38:21	Tom Worsfold	-	NS	NS	MU18	NS	NS	NS
48	540	0:38:26	Jamie Regan	Eastbourne Rovers AC	EAST	EAST/BDY	M35	256	NSM3	47
49	434	0:38:29	Zach Drake	Crowborough Runners	CROW	CROW	M45	255	SM4	48
50	645	0:38:29	Ross Horsman	Hastings AC	HAC	HR/HAC	M40	254	SM2	49
51	63	0:38:33	Emma Rollings	Lewes AC	LEW	LEW	F45	198	F401	50
52	211	0:38:35	Gary Collings	Seaford Striders	SEAF	SEA/PEACE	M40	253	M401	51
53	580	0:38:47	David Garratt	Hailsham Harriers	HAIL	HAIL	M40	252	M403	52
54	88	0:38:50	Claire Lockwood	Meads Runners	MEAD	MEAD	F40	197	F401	53
55	140	0:38:50	Eddie Lancaster	Portslade Hedgehoppers	HEDGE	HEDGE	M45	251	M403	54
56	717	0:38:59	MATT SINDEN	Heathfield Runners	HEAT	HTH/UCK	SM	250	SM2	55
57	70	0:39:04	Mark Stainthorpe	Lewes AC	LEW	LEW	M55	249	M502	56
58	510	0:39:09	Michael Dean	Eastbourne Rovers AC	EAST	EAST/BDY	M40	248	M403	57
59	734	0:39:09	Badrinath Mohandas	Uckfield Runners	UCK	HTH/UCK	M45	247	M401	58
60	120	0:39:19	Charlotte Sutton	Polegate Plodders	POLE	PST	F35	196	SF1	59
61	590	0:39:20	Claire Keith	Hailsham Harriers	HAIL	HAIL	F40	195	F401	60
62	545	0:39:24	Magdalena Schoerner	Eastbourne Rovers AC	EAST	EAST/BDY	F40	194	F401	61
63	509	0:39:25	Marina Davies	Eastbourne Rovers AC	EAST	EAST/BDY	F55	193	F501	62
64	654	0:39:27	Darren Barzee	Hastings Runners	HR	HR/HAC	M55	246	M501	63
65	541	0:39:35	Luke Regan	Eastbourne Rovers AC	EAST	EAST/BDY	M35	245	NSM4	64
66	630	0:39:42	Paul McCleery	Hastings AC	HAC	HR/HAC	M50	244	M502	65
67	725	0:39:44	Paul Ruddleston	Hastings Runners	HR	HR/HAC	M65	243	M601	66
68	417	0:39:46	Gordon Berry	Crowborough Runners	CROW	CROW	M50	242	M503	67
69	543	0:39:49	Marco Royes	Eastbourne Rovers AC	EAST	EAST/BDY	SM	241	NSM5	68
70	388	0:39:52	Peter Newstead	Bexhill Runners & Triathletes	BEX	BEX	M40	240	M401	69
71	532	0:40:01	Lucy Martin	Eastbourne Rovers AC	EAST	EAST/BDY	SF	192	SF1	70
72	456	0:40:03	Alison Mason	Crowborough Runners	CROW	CROW	F45	191	F401	71
73	489	0:40:08	Peter Turner	Crowborough Runners	CROW	CROW	SM	239	NSM1	72
74	576	0:40:11	Alissa Ellis	Hailsham Harriers	HAIL	HAIL	F45	190	F402	73
75	159	0:40:16	Ollie Blanks	RunWednesdays	RUNW	RUNW	M35	238	SM1	74
76	416	0:40:21	Ella Ayden	Crowborough Runners	CROW	CROW	SF	189	SF1	75
77	327	0:40:24	Leigh Harris	Wadhurst Runners	WAD	WAD	M50	237	M501	76
78	145	0:40:32	Geraldine Moffat	Portslade Hedgehoppers	HEDGE	HEDGE	F60	188	F601	77
79	438	0:40:35	John Everest	Crowborough Runners	CROW	CROW	M40	236	NSM2	78
80	631	0:40:46	Amy Rodway	Hastings AC	HAC	HR/HAC	F45	187	F402	79
81	552	0:40:49	Ellie Stradling	Eastbourne Rovers AC	EAST	EAST/BDY	SF	186	SF2	80
82	376	0:40:49	Katie Wright	Arena 80 AC	A80	A80	F40	185	F401	81
83	430	0:40:50	Alan Dean	Crowborough Runners	CROW	CROW	M45	235	NSM3	82

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84	480	0:40:50	Christy Styles	Crowborough Runners	CROW	CROW	SF		184	SF2		83
85	619	0:40:52	Graham Woolley	Hailsham Harriers	HAIL	HAIL	M45		234	SM1		84
86	623	0:40:56	Chris Brandt	Hastings AC	HAC	HR/HAC	M60		233	M602		85
87	676	0:40:57	Martin Noakes	Hastings Runners	HR	HR/HAC	M60		232	M503		86
88	722	0:40:58	GUY WILLIAMS	Heathfield Runners	HEAT	HTH/UCK	M60		231	M601		87
89	298	0:41:01	Richard Goulder	Uckfield Runners	UCK	HTH/UCK	M55		230	M501		88
90	238	0:41:04	Anneka Redley-Cook	Seaford Striders	SEAF	SEA/PEACE	F35		183	SF1		89
91	560	0:41:09	Becky Wilson	Eastbourne Rovers AC	EAST	EAST/BDY	F40		182	F402		90
92	326	0:41:12	Charlie Harris	Wadhurst Runners	WAD	WAD	MU18		229	SM1		91
93	397	0:41:16	Paul Arthur	Brighton & Hove Frontrunner	FRONTR	FRONTR	M35		228	SM2		92
94	577	0:41:18	Tom Evans	Hailsham Harriers	HAIL	HAIL	M40		227	SM2		93
95	741	0:41:18	Marc Perry	HY Athletic Club	HY AC	HY AC	M45		226	M401		94
96	521	0:41:19	Lee Hewson	Eastbourne Rovers AC	EAST	EAST/BDY	M35		225	NSM6		95
97	743	0:41:22	Dave Miller	RunWednesdays	RUNW	RUNW	M50		224	M501		96
98	67	0:41:23	Emma Shepherd	Lewes AC	LEW	LEW	F35		181	SF1		97
99	474	0:41:27	Hannah Slater	Crowborough Runners	CROW	CROW	F40		180	F402		98
100	14	0:41:28	Kitty Morgan	HY Athletic Club	HY AC	HY AC	FU18		179	SF1		99
101	95	0:41:33	Dave Wharton	Meads Runners	MEAD	MEAD	M55		223	M503		100
102	189	0:41:35	Shane Smith	RunWednesdays	RUNW	RUNW	M35		222	SM2		101
103	205	0:41:36	Yonas Beyene	Seaford Striders	SEAF	SEA/PEACE	M40		221	M402		102
104	359	0:41:38	George Isaacs	Arena 80 AC	A80	A80	SM		220	SM1		103
105	479	0:41:54	Adam Styles	Crowborough Runners	CROW	CROW	M55		219	NSM4		104
106	441	0:42:02	Simon Gregory	Crowborough Runners	CROW	CROW	M45		218	NSM5		105
107	507	0:42:03	Daniel Cowling	Eastbourne Rovers AC	EAST	EAST/BDY	M40		217	NS	NS	
108	398	0:42:08	Graham Ashwell	Brighton & Hove Frontrunner	FRONTR	FRONTR	M50		216	M501		106
109	446	0:42:21	Hannah Jackson	Crowborough Runners	CROW	CROW	SF		178	NSF1		107
110	171	0:42:46	James Griffiths	RunWednesdays	RUNW	RUNW	M50		215	M502		108
111	615	0:42:54	Olivia Webb	Hailsham Harriers	HAIL	HAIL	F55		177	F501		109
112	28	0:42:56	Nicholas Champkins	Lewes AC	LEW	LEW	M50		214	M503		110
113	366	0:42:57	Helena Rooney	Arena 80 AC	A80	A80	F40		176	F402		111
114	656	0:42:57	Kevin Blowers	Hastings Runners	HR	HR/HAC	M60		213	SM3		112
115	414	0:42:58	Matt Waters	Brighton & Hove Frontrunner	FRONTR	FRONTR	SM		212	SM3		113
116	528	0:43:03	Neil Kelly	Eastbourne Rovers AC	EAST	EAST/BDY	M45		211	NS	NS	
117	71	0:43:16	Matt Stainthorpe	Lewes AC	LEW	LEW	SM		210	SM2		114
118	440	0:43:20	Ella Gavin	Crowborough Runners	CROW	CROW	SF		175	NSF2		115
119	235	0:43:23	Damian Partridge	Seaford Striders	SEAF	SEA/PEACE	M45		209	M403		116
120	419	0:43:27	Steve Bolton	Crowborough Runners	CROW	CROW	M65		208	M601		117
121	504	0:43:28	Katy Brown	Eastbourne Rovers AC	EAST	EAST/BDY	SF		174	NSF1		118
122	616	0:43:29	Ryan West	Hailsham Harriers	HAIL	HAIL	M45		207	SM3		119
123	448	0:43:30	Andrew Joad	Crowborough Runners	CROW	CROW	M60		206	M602		120
124	183	0:43:35	Matt Payne	RunWednesdays	RUNW	RUNW	M45		205	M401		121
125	403	0:43:44	Tommy Doyle	Brighton & Hove Frontrunner	FRONTR	FRONTR	M45		204	M403		122
126	727	0:43:47	Harvey Gillies	Weald Try Club	NS	NS	MU18	NS		NS	NS	
127	92	0:44:04	Wendy Robson	Meads Runners	MEAD	MEAD	F50		173	F501		123
128	391	0:44:08	Neil Smith	Bexhill Runners & Triathletes	BEX	BEX	M45		203	M402		124
129	186	0:44:10	Robert Ramsden	RunWednesdays	RUNW	RUNW	M65		202	M601		125
130	82	0:44:11	Nicky Deacy	Meads Runners	MEAD	MEAD	F50		172	F502		126
131	609	0:44:13	Gary Smith	Hailsham Harriers	HAIL	HAIL	M55		201	M501		127
132	287	0:44:15	Sean Wright	Tri Tempo	TRIT	PST	M55		200	M501		128
133	390	0:44:16	Jeremy Sankey	Bexhill Runners & Triathletes	BEX	BEX	M60		199	M601		129
134	595	0:44:21	Charlie Long	Hailsham Harriers	HAIL	HAIL	F45		171	SF1		130
135	554	0:44:29	Harriet Thompson	Eastbourne Rovers AC	EAST	EAST/BDY	SF		170	NSF2		131
136	381	0:44:31	Duncan Cruttenden	Bexhill Runners & Triathletes	BEX	BEX	M55		198	M501		132
137	596	0:44:32	Jo McGowan	Hailsham Harriers	HAIL	HAIL	F40		169	SF2		133
138	237	0:44:34	Richard Preece	Seaford Striders	SEAF	SEA/PEACE	M60		197	M601		134
139	691	0:44:34	Martin Turner	Hastings Runners	HR	HR/HAC	M55		196	SM4		135
140	141	0:44:36	Jo Mabbitt	Portslade Hedgehoppers	HEDGE	HEDGE	F35		168	SF1		136
141	382	0:44:37	Grant Docksey	Bexhill Runners & Triathletes	BEX	BEX	M55		195	M502		137
142	739	0:44:46	Dayn Clarke	RunWednesdays	RUNW	RUNW	M55		194	M503		138
143	383	0:44:50	Andrea Harwood	Bexhill Runners & Triathletes	BEX	BEX	F50		167	F501		139
144	59	0:44:53	Dominic Osman-Allu	Lewes AC	LEW	LEW	M60		193	M602		140
145	324	0:44:58	Mark Currah	Wadhurst Runners	WAD	WAD	M65		192	M601		141
146	99	0:45:04	Tobias Bunyan	Peacehaven Run Club	PEACEH	SEA/PEACE	M50		191	M502		142
147	407	0:45:11	Colin Keast	Brighton & Hove Frontrunner	FRONTR	FRONTR	M35		190	SM4		143
148	686	0:45:12	Claire Thomas	Hastings Runners	HR	HR/HAC	F40		166	SF2		144
149	646	0:45:13	Andrew Hutchinson	Hastings AC	HAC	HR/HAC	M60		189	NSM1		145
150	737	0:45:16	Ruth Grivell-Mellor	Eastbourne Rovers AC	EAST	EAST/BDY	FU18		165	NSF3		146
151	360	0:45:20	Sarah Isaacs	Arena 80 AC	A80	A80	SF		164	SF1		147
152	19	0:45:22	Sonni Pine	HY Athletic Club	HY AC	HY AC	F45		163	F401		148
153	11	0:45:23	Carly Hopkins	HY Athletic Club	HY AC	HY AC	F45		162	F402		149
154	271	0:45:31	Matthew Cheney	Tri Tempo	TRIT	PST	M40		188	M401		150
155	274	0:45:39	Eloise Key	Tri Tempo	TRIT	PST	SF		161	SF2		151
156	648	0:45:45	Jenna Levett	Hastings AC	HAC	HR/HAC	F40		160	NSF1		152
157	219	0:45:51	Dean Franklin	Seaford Striders	SEAF	SEA/PEACE	M60		187	M602		153
158	732	0:45:55	Ancois Chowles	Crowborough Runners	CROW	CROW	F45		159	NSF3		154
159	58	0:46:00	Sally Norris	Lewes AC	LEW	LEW	F45		158	F402		155
160	268	0:46:03	Darren Broderick	Tri Tempo	TRIT	PST	M55		186	M502		156
161	452	0:46:05	Alastair Lee	Crowborough Runners	CROW	CROW	M60		185	NSM6		157
162	726	0:46:13	Richard Buchan	Weald Try Club	NS	NS	M45	NS		NS	NS	
163	698	0:46:17	WILL BLANFORD	Heathfield Runners	HEAT	HTH/UCK	M65		184	M602		158
164	470	0:46:20	Niall Ruiz-Smith	Crowborough Runners	CROW	CROW	M35		183	NS	NS	
165	607	0:46:23	Graham Purdye	Hailsham Harriers	HAIL	HAIL	M65		182	M601		159
166	469	0:46:28	Olatz Ruiz	Crowborough Runners	CROW	CROW	F40		157	NSF4		160
167	72	0:46:28	Carl Sykes	Lewes AC	LEW	LEW	M60		181	M401		161
168	481	0:46:29	Claire Styles	Crowborough Runners	CROW	CROW	F55		156	F501		162
169	321	0:46:42	Neville Critoph	Wadhurst Runners	WAD	WAD	M70		180	M602		163

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170	651	0:46:43	Mary Sanderson	Hastings AC	HAC	HR/HAC	F55		155	F501		164
171	53	0:46:45	Stephen Langridge	Lewes AC	LEW	LEW	M60		179	M402		165
172	477	0:46:53	Heather Stevens	Crowborough Runners	CROW	CROW	F40		154	NS	NS	
173	395	0:46:54	Geoff Tondeur	Bexhill Runners & Triathletes	BEX	BEX	M55		178	M503		166
174	483	0:47:03	Dean Taylor	Crowborough Runners	CROW	CROW	M50		177	NS	NS	
175	55	0:47:04	Gary Loughlin	Lewes AC	LEW	LEW	M55		176	M403		167
176	485	0:47:05	Anna Tolmachova	Crowborough Runners	CROW	CROW	F40		153	NS	NS	
177	420	0:47:13	Ashley Box	Crowborough Runners	CROW	CROW	M55		175	NS	NS	
178	572	0:47:23	Sarah Day	Hailsham Harriers	HAIL	HAIL	SF		152	NSF1		168
179	32	0:47:24	Stephanie Crespin	Lewes AC	LEW	LEW	F50		151	F501		169
180	482	0:47:26	Bryan Tapsell	Crowborough Runners	CROW	CROW	M70		174	NS	NS	
181	584	0:47:27	Darren Grice	Hailsham Harriers	HAIL	HAIL	M35		173	SM4		170
182	751	0:47:27	Benjamin Warren	Eastbourne Rovers AC	EAST	EAST/BDY	M35		172	NS	NS	
183	371	0:47:28	Angelina Smy	Arena 80 AC	A80	A80	F40		150	SF2		171
184	208	0:47:30	Ollie Card	Seaford Striders	SEAF	SEA/PEACE	M45		171	SM2		172
185	472	0:47:35	Steve Sedgwick	Crowborough Runners	CROW	CROW	M55		170	NS	NS	
186	455	0:47:39	Charles Marr	Crowborough Runners	CROW	CROW	M65		169	NS	NS	
187	278	0:47:44	Henry Mills	Tri Tempo	TRIT	PST	SM		168	SM3		173
188	38	0:48:02	Gerard Dummett	Lewes AC	LEW	LEW	M65		167	SM3		174
189	143	0:48:07	Lou Mamalis	Portslade Hedgehoppers	HEDGE	HEDGE	SF		149	SF2		175
190	84	0:48:15	Briony Fitzpatrick	Meads Runners	MEAD	MEAD	F40		148	F402		176
191	644	0:48:16	Holly Horsman	Hastings AC	HAC	HR/HAC	F40		147	NSF2		177
192	223	0:48:20	Richard Hogg	Seaford Striders	SEAF	SEA/PEACE	M55		166	M503		178
193	731	0:48:27	Gray Panton	Brighton & Hove Frontrunner	FRONTR	FRONTR	M40		165	NSM1		179
194	436	0:48:42	Louise Ellis	Crowborough Runners	CROW	CROW	F55		146	F502		180
195	61	0:48:52	Michelle Pope	Lewes AC	LEW	LEW	F40		145	SF2		181
196	79	0:49:04	Judy Colbran	Meads Runners	MEAD	MEAD	F50		144	SF1		182
197	555	0:49:10	Mike Thompson	Eastbourne Rovers AC	EAST	EAST/BDY	M65		164	M601		183
198	133	0:49:12	Phil Gale	Portslade Hedgehoppers	HEDGE	HEDGE	M45		163	SM2		184
199	410	0:49:13	Scott Oakley	Brighton & Hove Frontrunner	FRONTR	FRONTR	M35		162	NSM2		185
200	669	0:49:14	Andy Knight	Hastings Runners	HR	HR/HAC	M60		161	NSM2		186
201	319	0:49:17	Peter Clark	Wadhurst Runners	WAD	WAD	M50		160	M502		187
202	311	0:49:21	Graham West	Uckfield Runners	UCK	HTH/UCK	M65		159	M502		188
203	226	0:49:24	Kevin Ives	Seaford Striders	SEAF	SEA/PEACE	M50		158	SM3		189
204	486	0:49:27	Lee Tomlinson	Crowborough Runners	CROW	CROW	F50		143	NS	NS	
205	690	0:49:32	Simon Trevena	Hastings Runners	HR	HR/HAC	M55		157	NSM3		190
206	176	0:49:35	Shellie Marshall	RunWednesdays	RUNW	RUNW	F45		142	F401		191
207	220	0:49:39	David Hayes	Seaford Striders	SEAF	SEA/PEACE	M60		156	SM4		192
208	749	0:49:45	Jacqueline Hunt	Brighton Tri Club	NS	NS	F50	NS		NS	NS	
209	735	0:49:51	Andrew Stolton	Uckfield Runners	UCK	HTH/UCK	M60		155	M503		193
210	433	0:50:09	Mary Down	Crowborough Runners	CROW	CROW	F55		141	NS	NS	
211	544	0:50:13	Dee Rumary	Eastbourne Rovers AC	EAST	EAST/BDY	F40		140	NSF4		194
212	202	0:50:15	Mark Andrews	Seaford Striders	SEAF	SEA/PEACE	M60		154	NSM1		195
213	678	0:50:23	Paul Rackstraw	Hastings Runners	HR	HR/HAC	M65		153	NSM4		196
214	723	0:50:26	Helen Champion	Crowborough Runners	CROW	CROW	F60		139	F601		197
215	624	0:50:41	Honor Casselton-Elliott	Hastings AC	HAC	HR/HAC	FU18		138	NSF3		198
216	29	0:50:58	Andrew Chitty	Lewes AC	LEW	LEW	M70		152	SM4		199
217	679	0:51:01	Guy Ramage	Hastings Runners	HR	HR/HAC	M60		151	NSM5		200
218	155	0:51:02	Melvin Yeo	Portslade Hedgehoppers	HEDGE	HEDGE	M60		150	M601		201
219	738	0:51:03	Richard Humpherson	Eastbourne Rovers AC	EAST	EAST/BDY	M55		149	M502		202
220	476	0:51:04	Bex Stevens	Crowborough Runners	CROW	CROW	F35		137	NS	NS	
221	704	0:51:04	JOHN EDWARDS	Heathfield Runners	HEAT	HTH/UCK	M60		148	M402		203
222	9	0:51:07	Matt Harmer	HY Athletic Club	HY AC	HY AC	M40		147	M402		204
223	674	0:51:10	Jo Nevett	Hastings Runners	HR	HR/HAC	F50		136	F502		205
224	454	0:51:18	Pearl Manser	Crowborough Runners	CROW	CROW	F60		135	F602		206
225	317	0:51:25	Christine Campany	Wadhurst Runners	WAD	WAD	F65		134	F601		207
226	51	0:51:30	Bob Hughes	Lewes AC	LEW	LEW	M70		146	NSM1		208
227	115	0:51:34	Peter Cook	Polegate Plodders	POLE	PST	M65		145	M601		209
228	687	0:51:37	Dave Timmins	Hastings Runners	HR	HR/HAC	M55		144	NSM6		210
229	130	0:51:41	Ed Clarke	Portslade Hedgehoppers	HEDGE	HEDGE	SM		143	SM3		211
230	384	0:51:46	Anthony Hodgson	Bexhill Runners & Triathletes	BEX	BEX	M40		142	M403		212
231	638	0:51:58	Frances Burnham	Hastings AC	HAC	HR/HAC	F65		133	F601		213
232	357	0:52:07	Charlie Hempstead	Arena 80 AC	A80	A80	M65		141	M601		214
233	468	0:52:10	Alice Richardson	Crowborough Runners	CROW	CROW	SF		132	NS	NS	
234	742	0:52:13	Claire Alleguen	Brighton & Hove Frontrunner	FRONTR	FRONTR	F50		131	F501		215
235	657	0:52:18	Piers Brunning	Hastings Runners	HR	HR/HAC	M65		140	NS	NS	
236	533	0:52:23	Grant Meyer	Eastbourne Rovers AC	EAST	EAST/BDY	M45		139	NS	NS	
237	491	0:52:36	Eileen Welch	Crowborough Runners	CROW	CROW	F45		130	NS	NS	
238	355	0:52:38	Juliet Fine	Arena 80 AC	A80	A80	F55		129	F501		216
239	134	0:52:45	Gemma Gilroy	Portslade Hedgehoppers	HEDGE	HEDGE	F45		128	F401		217
240	154	0:52:46	Tony Wright	Portslade Hedgehoppers	HEDGE	HEDGE	M65		138	M602		218
241	44	0:52:50	Michael Gillingham	Lewes AC	LEW	LEW	M40		137	NSM2		219
242	132	0:53:09	John Frith	Portslade Hedgehoppers	HEDGE	HEDGE	M60		136	M501		220
243	41	0:53:11	David Foster	Lewes AC	LEW	LEW	M60		135	NSM3		221
244	499	0:53:13	Jessica Bass	Eastbourne Rovers AC	EAST	EAST/BDY	SF		127	NS	NS	
245	581	0:53:18	Andrea Gilkes	Hailsham Harriers	HAIL	HAIL	F45		126	NSF2		222
246	602	0:53:18	Helen O'Sullivan	Hailsham Harriers	HAIL	HAIL	F50		125	F502		223
247	692	0:53:32	Janice Young	Hastings Runners	HR	HR/HAC	F65		124	F602		224
248	47	0:53:47	Claire Hawes	Lewes AC	LEW	LEW	F55		123	F502		225
249	314	0:53:55	Peter Burfoot	Wadhurst Runners	WAD	WAD	M70		134	M503		226
250	6	0:53:59	Emma Buckley	HY Athletic Club	HY AC	HY AC	F45		122	SF2		227
251	413	0:54:00	Mackenzie Soley	Brighton & Hove Frontrunner	FRONTR	FRONTR	M40		133	NSM3		228
252	700	0:54:07	BEVERLEY CHAPMAN	Heathfield Runners	HEAT	HTH/UCK	F55		121	F501		229
253	265	0:54:08	Paul Standen-Payne	Team Bodyworks	BDY	EAST/BDY	M50		132	M503		230
254	165	0:54:11	Nicola Davie	RunWednesdays	RUNW	RUNW	F50		120	F501		231
255	164	0:54:11	Samantha Crompton	RunWednesdays	RUNW	RUNW	F45		119	F402		232

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256	421	0:54:15	Marco Brivio	Crowborough Runners	CROW	CROW	M40		131	NS	NS	
257	5	0:54:20	Lisa Buchanan	HY Athletic Club	HY AC	HY AC	F40		118	NSF1		233
258	730	0:54:25	Claire Walsh	Hastings AC	HAC	HR/HAC	F45		117	NSF4		234
259	7	0:54:26	Susan Dunn	HY Athletic Club	HY AC	HY AC	F50		116	F501		235
260	427	0:54:32	John Crockford	Crowborough Runners	CROW	CROW	M55		130	NS	NS	
261	151	0:54:34	Ben Walsh	Portslade Hedgehoppers	HEDGE	HEDGE	M65		129	M502		236
262	490	0:54:35	Rose van der Zwart	Crowborough Runners	CROW	CROW	F35		115	NS	NS	
263	406	0:54:36	Yolande Joubert	Brighton & Hove Frontrunner	FRONTR	FRONTR	F50		114	F502		237
264	394	0:54:38	Amanda Tondeur	Bexhill Runners & Triathletes	BEX	BEX	F55		113	F502		238
265	358	0:54:47	Jenny Hughes	Arena 80 AC	A80	A80	F65		112	F601		239
266	280	0:54:55	Dee Poole	Tri Tempo	TRIT	PST	F55		111	F501		240
267	297	0:54:58	Nic Gibson	Uckfield Runners	UCK	HTH/UCK	M60		128	M403		241
268	748	0:55:17	Katie Mayo	Seaford Striders	SEAF	SEA/PEACE	F45		110	F401		242
269	136	0:55:23	Fran Hamilton	Portslade Hedgehoppers	HEDGE	HEDGE	F55		109	F501		243
270	617	0:55:26	Jessica White	Hailsham Harriers	HAIL	HAIL	SF		108	NSF3		244
271	173	0:55:35	Michelle Kinsella	RunWednesdays	RUNW	RUNW	F55		107	F502		245
272	401	0:55:37	John Brown	Brighton & Hove Frontrunner	FRONTR	FRONTR	M55		127	M502		246
273	209	0:55:38	Kat Chamberlain	Seaford Striders	SEAF	SEA/PEACE	F40		106	F402		247
274	665	0:55:40	Paul Hope	Hastings Runners	HR	HR/HAC	M65		126	NS	NS	
275	228	0:55:49	Kate Lewis	Seaford Striders	SEAF	SEA/PEACE	F50		105	F501		248
276	184	0:55:52	Katie Perkins	RunWednesdays	RUNW	RUNW	F45		104	SF1		249
277	392	0:56:00	Pauline Tester	Bexhill Runners & Triathletes	BEX	BEX	F60		103	F601		250
278	754	0:56:03	Adrian Pope	Vegan Running Club	NS	NS	M60	NS		NS	NS	
279	628	0:56:11	Rachel Gofton	Hastings AC	HAC	HR/HAC	F40		102	NS	NS	
280	694	0:56:19	VICKI BALL	Heathfield Runners	HEAT	HTH/UCK	F45		101	F401		251
281	753	0:56:26	Caroline Lambert	-	NS	NS	FU18	NS		NS	NS	
282	503	0:56:27	Jo Birkmyre	Eastbourne Rovers AC	EAST	EAST/BDY	F50		100	F502		252
283	217	0:56:44	Chiara Di Giorgi	Seaford Striders	SEAF	SEA/PEACE	F50		99	F502		253
284	24	0:56:53	Hazel Bennington	Lewes AC	LEW	LEW	F65		98	F601		254
285	605	0:57:08	Lisa Phillips Horner	Hailsham Harriers	HAIL	HAIL	F50		97	NSF4		255
286	318	0:57:11	Giles Clark	Wadhurst Runners	WAD	WAD	M65		125	M402		256
287	97	0:57:22	Mariola Zator	Meads Runners	MEAD	MEAD	F45		96	SF2		257
288	248	0:57:25	Eleanor Woolcott	Seaford Striders	SEAF	SEA/PEACE	SF		95	SF2		258
289	66	0:57:29	Vanessa Shadbolt	Lewes AC	LEW	LEW	F55		94	NSF1		259
290	429	0:57:40	Ron Cutbill	Crowborough Runners	CROW	CROW	M65		124	NS	NS	
291	194	0:57:54	Julie Tremlin	RunWednesdays	RUNW	RUNW	F60		93	F601		260
292	291	0:57:57	Paul Crawley	Uckfield Runners	UCK	HTH/UCK	M55		123	SM3		261
293	144	0:58:17	Dave Maskell	Portslade Hedgehoppers	HEDGE	HEDGE	M65		122	M503		262
294	152	0:58:51	Karen Walsh	Portslade Hedgehoppers	HEDGE	HEDGE	F60		92	F602		263
295	747	0:58:54	Julie Peckham	Crowborough Runners	CROW	CROW	F50		91	NS	NS	
296	649	0:59:05	Georgina Pike	Hastings AC	HAC	HR/HAC	F40		90	NS	NS	
297	703	0:59:29	HOWARD EATON	Heathfield Runners	HEAT	HTH/UCK	M70		121	SM4		264
298	64	0:59:35	Richard Rudd	Lewes AC	LEW	LEW	M65		120	NSM4		265
299	460	0:59:42	Sally McCleverty	Crowborough Runners	CROW	CROW	F65		89	NS	NS	
300	720	0:59:47	CLARE WARREN	Heathfield Runners	HEAT	HTH/UCK	F60		88	F601		266
301	283	1:00:02	Rachael Stephens	Tri Tempo	TRIT	PST	F55		87	F502		267
302	367	1:01:02	Sarah Silberston	Arena 80 AC	A80	A80	F60		86	F602		268
303	695	1:01:11	BRIAN BARLEY	Heathfield Runners	HEAT	HTH/UCK	M50		119	NSM1		269
304	699	1:01:12	NICKY CALLADINE	Heathfield Runners	HEAT	HTH/UCK	F50		85	F502		270
305	706	1:01:13	CHRISTOPHER GOLDING	Heathfield Runners	HEAT	HTH/UCK	M70		118	NSM2		271
306	310	1:01:15	Christine Tait	Uckfield Runners	UCK	HTH/UCK	F65		84	F602		272
307	299	1:02:18	Stephen Green	Uckfield Runners	UCK	HTH/UCK	M55		117	NSM3		273
308	73	1:02:47	Adrian Thompson	Lewes AC	LEW	LEW	M65		116	NSM5		274
309	729	1:03:13	Vishwa Deave	Unafilliated	NS	NS	FU18	NS		NS	NS	
310	728	1:03:13	Seb Lansdowne	Wadhurst Runners	WAD	WAD	MU18		115	SM2		275
311	461	1:03:19	Jayne Meyers	Crowborough Runners	CROW	CROW	F60		83	NS	NS	
312	568	1:03:19	Orlando Chin	Hailsham Harriers	HAIL	HAIL	M55		114	M502		276
313	114	1:03:25	Kevin Burton	Polegate Plodders	POLE	PST	M70		113	M602		277
314	203	1:03:40	Charles Atkinson	Seaford Striders	SEAF	SEA/PEACE	M50		112	NSM2		278
315	746	1:03:56	Sinead Buick	Hailsham Harriers	HAIL	HAIL	F40		82	NS	NS	
316	579	1:03:57	Annette Feakes	Hailsham Harriers	HAIL	HAIL	F50		81	NS	NS	
317	697	1:04:27	FLEUR BLANFORD	Heathfield Runners	HEAT	HTH/UCK	F60		80	F402		279
318	444	1:04:40	Sarah Hilliard	Crowborough Runners	CROW	CROW	F65		79	NS	NS	
319	663	1:04:56	John Gately	Hastings Runners	HR	HR/HAC	M70		111	NS	NS	
320	8	1:05:07	Jenna Harmer	HY Athletic Club	HY AC	HY AC	F35		78	NSF2		280
321	174	1:05:13	Sharon Knight	RunWednesdays	RUNW	RUNW	F50		77	SF2		281
322	612	1:05:26	Teresa Thrussell	Hailsham Harriers	HAIL	HAIL	F50		76	NS	NS	
323	149	1:05:29	Sarah Russell	Portslade Hedgehoppers	HEDGE	HEDGE	F60		75	F502		282
324	714	1:05:30	GILLY NICKOLS	Heathfield Runners	HEAT	HTH/UCK	F60		74	SF1		283
325	662	1:05:47	Jo Edwards	Hastings Runners	HR	HR/HAC	F60		73	NS	NS	
326	655	1:05:48	Krista Barzee	Hastings Runners	HR	HR/HAC	F55		72	NS	NS	
327	680	1:06:02	Yock Lin Richardson	Hastings Runners	HR	HR/HAC	F70		71	NS	NS	
328	740	1:06:08	Lu Sasnchez	Seaford Striders	SEAF	SEA/PEACE	F55		70	NSF1		284
329	709	1:06:23	MARK HILL	Heathfield Runners	HEAT	HTH/UCK	M55		110	NSM4		285
330	187	1:06:41	Samantha Ramsden	RunWednesdays	RUNW	RUNW	F60		69	F602		286
331	587	1:07:11	Karen Hoskin	Hailsham Harriers	HAIL	HAIL	F60		68	F601		287
332	733	1:07:44	lou Raby	Hastings Runners	HR	HR/HAC	M65		109	NS	NS	
333	457	1:07:46	Charlotte Mathers	Crowborough Runners	CROW	CROW	F40		67	NS	NS	
334	458	1:07:48	Shirley Matthews	Crowborough Runners	CROW	CROW	F65		66	NS	NS	
335	127	1:08:56	Val Brockwell	Portslade Hedgehoppers	HEDGE	HEDGE	F70		65	F402		288
336	437	1:08:56	Julie Erxleben	Crowborough Runners	CROW	CROW	F60		64	NS	NS	
337	389	1:10:59	Christine Sage	Bexhill Runners & Triathletes	BEX	BEX	F65		63	F602		289
338	561	1:13:21	Kasia Wojdasiewicz	Eastbourne Rovers AC	EAST	EAST/BDY	F50		62	NS	NS	
339	750	1:14:03	Nigel Goddard	-	NS	NS	M60	NS		NS	NS	
340	116	1:14:15	Becky Goldsmith	Polegate Plodders	POLE	PST	F45		61	F401		290
341	119	1:14:16	Rachel Moran	Polegate Plodders	POLE	PST	F55		60	F402		291

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342	182	1:16:40	Rebekah Padgham	RunWednesdays	RUNW	RUNW	SF	59	NSF1	292
343	330	1:16:41	Denise Jeffrey	Wadhurst Runners	WAD	WAD	F65	58	F602	293
344	346	1:16:41	Wan sze Walbridge	Wadhurst Runners	WAD	WAD	F50	57	F501	294

DNF

405	David Hurst	Brighton & Hove Frontrunner	FRONTR
465	Tim Probert	Crowborough Runners	CROW
522	Ally Hinton	Eastbourne Rovers AC	EAST
744	Ellen Gates	Hastings AC	HAC
752	Jane Lambert		NS